

Mobile Crisis Unit

Here are several examples of how Mobile Crisis can help:

- Thoughts to harm self
- Thoughts to harm others
- Changes in behavior causing concern, i.e., increased isolation, threats to run away, depression or anxiety, disturbance in mood or behavior
- Individuals causing community concern
- Concerns for someone unable to care for themselves, i.e., hygiene, shelter, or nourishment
- Mental health consumer showing signs of more severe symptoms

When in doubt about the need for Mobile Crisis services, call the Westmoreland County Crisis Hotline at 1-800-836-6010 to discuss the situation with Crisis Hotline staff.

To make a referral or obtain information about Mobile Crisis Intervention, please call

Crisis Hotline
1-800-836-6010



Westmoreland Community Action, as a service provider and employer, does not discriminate on the basis of race, color, creed, sex, ethnicity or handicap.

WCA

Mental Health Programs

Mobile Crisis Unit



To make a referral or obtain information about Mobile Crisis, please call:

**Westmoreland County
Crisis Hotline**

1-800-836-6010

Mobile Crisis Unit

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Westmoreland Community Action's Mobile Crisis Unit services are available to adults, children, and adolescents in Westmoreland County who require face-to-face intervention in the community.

A **crisis** is defined as an event or situation which causes an immediate disturbance in thought, behavior, mood or social relationship. It threatens, or has the potential to threaten, the well-being of the individual or others. A person in crisis may be facing an emotionally stressful event or change. His or her personal conflict has reached its highest tension and must be resolved.

This service is individually or team delivered by trained Crisis Workers. Police back-up is requested, if necessary.

Crisis Priority

Mobile Crisis Workers prioritize crises according to severity.

Urgent Crisis

Urgent crises involve situations that must be immediately addressed. Mobile Crisis will be dispatched as soon as possible, 24 hours a day / 7 days a week.

Routine Crisis

Routine crises cause concern, but not immediate danger. Mobile Crisis will be dispatched within 24 hours.

All Mobile Crisis referrals come through the Crisis Hotline. The Mobile Crisis staff determines the priority and dispatches the Mobile Crisis Unit. To make a referral or to obtain information about Mobile Crisis, please call:

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1-800-836-6010

Program Description

There are many situations where an assessment may be needed in the community setting. A Crisis Worker can complete a mental health evaluation and make recommendations.

Mobile Crisis Workers are knowledgeable about community resources and can make linkages to providers for continued support. They also may collaborate with current providers to devise interventions to prevent future crises. A plan of action is developed with the person in crisis and others involved.

After the crisis is resolved, follow-ups are scheduled to assure that the intervention was successful. If necessary, the plan may be altered at that time.

All services are confidential. The Mobile Crisis Unit does not bill individuals for these services.