

**The Diversion &  
Stabilization Unit's  
mission:**

To serve people in crisis

**What is a "CRISIS"?**

A crisis is defined as an event or situation which causes disturbance in thought, behavior, mood or social relationship. It threatens or has the potential to threaten the well-being of the individual or others.

**Crisis Hotline  
1-800-836-6010**

To make a referral or to obtain  
information about the DSU, please  
call

**724-552-0305 ext. 230**

*Crisis Hotline*

**1-800-836-6010**

Fax

**724-552-0320**



*Westmoreland Community Action as a service provider  
and employer does not discriminate on the basis  
of race, color, creed, sex, ethnicity, or handicap.*

**WCA**

Mental Health Programs

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**Diversion  
&  
Stabilization  
Unit**

# The Diversion & Stabilization Unit (DSU)

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## Program Description

The Diversion and Stabilization Unit (DSU) is an 8-bed residential treatment facility located in downtown Greensburg. The DSU provides clinically supervised crisis stabilization and therapeutic services to adults 18 years and older diagnosed with a mental health disorder.

Services consist of the following:

- Psychiatric oversight
- Intake / assessment
- Treatment planning
- Individual and group psycho-educational activities
- Thorough discharge planning and aftercare recommendations
- Medication monitoring and education
- Collaboration with community resources

## Eligibility Requirements

- Age 18 or older or emancipated minor
- At least one of the following:
  1. Enrolled with Value Behavioral Health
  2. Resident of Armstrong, Fayette, Indiana, or Westmoreland County
- Referral from a human service provider, mental health service provider, or Crisis Mobile
- Symptoms of a behavioral or mental health issue that requires treatment in a residential program



## Benefits of the DSU

- Short term, variable length of stay
- Diversion or step down from inpatient mental health hospitalization
- DSU has been demonstrated to be as effective as a hospitalization in stabilizing all but the most seriously ill mental health consumers.
- Participants in the Program maintain their relationships with their treating providers and supports who are included in their plan of care and discharge meeting.
- Close collaboration with supports during the participant's stay at the DSU
- Comprehensive and individualized discharge planning and recommendations for aftercare
- Confidential