

What to do: **CALL!**

- The telephone answers 24 hours a day, 365 days a year.
- The telephone is answered by a crisis worker who will assist you with support and information about further services, if needed.

Crisis Hotline

When you need to talk about:

- Thoughts to harm yourself or others
- Aging
- Depression
- Family issues
- Anxiety
- Behavior problems
- Mental illness
- Life stressors
- Panic

Crisis workers respond to calls for a variety of concerns.

Westmoreland County Crisis Hotline

CALL 24/7:

1-800-836-6010



Westmoreland Community Action, as a service provider and employer, does not discriminate on the basis of race, color, creed, sex, ethnicity or handicap.

WCA

Mental Health Programs

Westmoreland County Crisis Hotline



CALL 24/7:

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Westmoreland County Crisis Hotline

Telephone Crisis Service

This service is available 24 hours a day, 365 days a year. The Hotline is provided to individuals in crisis and for individuals who seek assistance for a person in crisis.

The Hotline service provides:

- Assistance in clearly identifying the crisis
- Support for people in crisis
- Information and resources on community services and treatment providers
- A trained crisis worker who can assess whether face-to-face crisis intervention is required (Mobile Crisis)
- Sometimes a caller just needs someone to listen.

Eligibility Requirements

- Westmoreland County resident or person physically in Westmoreland County who is experiencing a crisis
- Anyone wanting assistance for a person in crisis who resides or is physically in Westmoreland County

Mobile Crisis Intervention

When the Hotline Crisis Worker assesses a crisis that requires face-to-face intervention, a Mobile Crisis referral will be completed.

Why Crisis Hotline?

The Crisis Hotline provides each caller with an objective crisis worker who will listen to the caller's crisis, support the caller, and suggest a plan of action.

Experience has shown that once a rapport between the caller and crisis worker has been established, the crisis is more easily identified and a positive resolution can be recommended.

Often a supportive discussion will lead to possible solutions to the problem; however, when additional support is required, the Crisis Hotline Crisis Worker can also recommend and/ or dispatch a Mobile Crisis team to assist in the crisis.