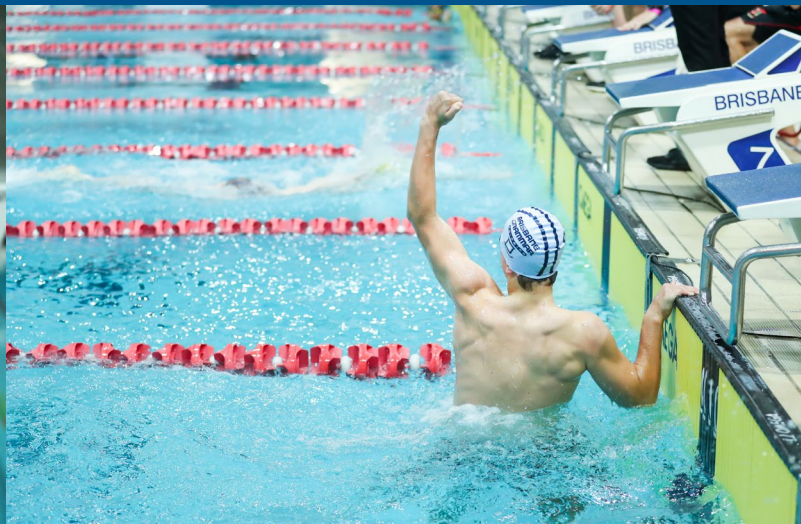




# BGS Swimming Camp 2023



<i>Date</i>	<i>Venue</i>	<i>Cost</i>
Monday 16 January - Wednesday 18 January 2023	Sunshine Coast Mercure Hotel	\$590 per student

## FOCUSING ON TECHNIQUE, FITNESS AND SPRINT SKILLS

The camp is an essential part of preparation for boys who are interested in trying out for the 2023 GPS Swimming Team.

All swimmers in years 7-12 (in 2023) should be attending.

The camp will involve pool swimming, beach visits and a range of other activities.

The cost of the camp this year is \$590 which includes:

2 nights' accommodation;

Food;

Transport;

Activities; and

BGS Swimming Uniform.

Swimmers new to BGS Swimming will need to purchase the BGS togs from the BGS uniform shop, to use for training throughout the season.

Please be advised that the camp activities are physically strenuous and only swimmers of a strong fitness background should attend.

All new students will require a swimming assessment prior to the commencement of the camp.

Please contact [swimming@brisbanegrammar](mailto:swimming@brisbanegrammar) to book your assessment.

[Register Here](#)

For more information please contact  
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