



BGS Swimming Junior Clinic 2023



Date/ Time

Friday 20 January 2023
8.00am - 4.30pm

Venue

Brisbane Grammar School
Indoor Sports Centre

Tickets

\$150.00 per student
Years 5, 6 & 7 only

FOCUSING ON TECHNIQUE, FITNESS AND SPRINT SKILLS

The clinic is open to all boys who are in Year 5, 6 & 7 at BGS in 2023.

The Swim Clinic is an excellent opportunity for boys who are interested in trying out for the Swimming Team and kick-starting their preparations.

It also gives any new boys coming into the BGS community, a chance to familiarize themselves with the school and some of the staff and students.

The day will involve a wide variety of activities such as Pool Sessions, Laser Tag, Ball Games, Dryland Training and much more.

Breakfast & Lunch will be provided throughout the day.

If there are any questions, please contact Matt Logan

matt.logan@brisbanegrammar.com

[Register Here](#)

For more information please contact
Matt Logan - Swimming Director
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