

*When the Son of
Man comes, will he find*
FAITH ON EARTH?



**OUR LADY of
GOOD COUNSEL**
CATHOLIC CHURCH

8601 Wolftrap Road, Vienna, VA 22182-5026

Phone: 703.938.2828 Fax: 703.938.2829

www.olgcva.org ~ www.olgcschool.org

Administered by the Oblates of St. Francis de Sales

Mass Schedule

Mon-Sat - 8:30am, holidays are at 9am
Saturday Vigil 4pm, Sunday 8:00am, 10:00am,
12pm (en español), 5:00pm

Office Hours Mon - Fri 9am - 4:30pm,
Closed 12-12:30pm for lunch

Chapel open for prayer Mon - Fri 9am - 5pm

Livestream www.youtube.com/c/StreamingOLGC

Confessions Saturdays 9:00 or by appt

Join the Parish www.olgcva.org/register

Schedule an Event

www.olgcva.org/about-us/facilities

Add Item to Bulletin/Media

www.olgcva.org/about-us/communications

Mass Intention Request

www.olgcva.org/liturgy-worship/devotions/mass

Pastor Rev. Matthew Hillyard, OSFS..... frhillyard@olgcva.org
Parochial Vicar Rev. Mathias Kumar, OSFS mkumar@olgcva.org
Retired Rev. William Metzger, OSFS..... william.metzger@olgcva.org
Retired Rev. Lewis Fiorelli, OSFS lfiorelli@oblates.org
Deacon Christopher Moore..... cgmoores@olgcva.org
School Principal Robin Williams 703.938.3600..... rwilliams@olgcva.org
Liturgy/Music/Funerals Paul Ciotti 703.896.7411 liturgy@olgcva.org
Children's Faith Formation Amy MacKinnon 703.896.7426..... amackinnon@olgcva.org
Youth Ministry/Young Professionals Derek Rogers 703.896.7409 youth@olgcva.org
Communications/Bulletin Maude Hales 703.896.7412..... communications@olgcva.org
Director of Finance Emilynda Clomera 703.896.7402 eclomera@olgcva.org
Records/Child Protection Liaison Lucie Lytle 703.896.7413 records@olgcva.org
Advancement/Annual Giving Alison McKee & JoAnne Kinyon..... advancement@olgcva.org
Events Manager Frank Fletcher 703.896.7418 events@olgcva.org
Reception/Intentions/Ministry of Care Maria Romero 703.896.7419 welcome@olgcva.org
RCIA/Adult Sacraments Barb Steele bms.steele@outlook.com
Información en español Maria Romero 703.896.7419..... welcome@olgcva.org
Pastoral Council (Tina Wickham) PastoralCouncil@olgcva.org
Finance Council (Regina Stranix) FinanceCouncil@olgcva.org
Society of St. Vincent DePaul (Linea de Ayuda) 703.938.3210 svdp@olgcva.org
Respect Life /Gabriel Project Betsy Argauer 703.255.3744 betstim@gmail.com
Knight of Columbus Santa Maria Council #4654 www.knightsvienna.org
Counseling Catholic Charities **Consejería** Caridades Catolica 703.425.0109

29th Sunday in
Ordinary Time
October 16,
2022

Welcome to Our Lady of Good Counsel

We, as members of Our Lady of Good Counsel Parish, strive to witness to the Good News of Jesus Christ by proclaiming our faith, educating ourselves and our children, sharing our persons, resources and gifts in the care and service of one another. We are called to foster an environment of hospitality in accordance with the Spirituality of St. Francis de Sales.

Mass Intentions/Intenciones de la Misa

Presider schedule available at:

bit.ly/PresiderSchedule

Sat. / Sun. October 15, – October 16, 2022

- + Edith Maldonado
- + Alice Buenaflor
- + John Kenneth Sheehan
- + Hugo Mendoza
- + W. Samuel "Sam" Althoff

Monday, October 17, 2022

8:30am The OLCG Community

Tuesday, October 18, 2022

8:30am + Brian Davenport

Wednesday, October 19, 2022

8:30am + Si-Kyung Sophia Pi

Thursday, October 20, 2022

8:30am Giovanna Rojas Tafur

Friday, October 21, 2022

8:30am + William Paul (Bill) De Forest

Saturday, October 22, 2022

8:30am + Jesus L. Ver

Sat. / Sun. October 22, – October 23, 2022

- + Richard J. Monteleone
- + Theresa Marie Tuszka
- + Bud Candee
- + Brian Patrick Fimian
- + Lorraine "Lori" Nicole Fagan

PLEASE NOTE:

- Mass attendance counts are happening at all October Masses.
- New security cameras have been installed at various locations around the campus as part of our security upgrade.

Please keep those listed in the prayer intention book and the recently deceased in your prayers, especially

- + Christine Henning
- + George M. Degnon

OLGC Funerals: www.olgcva.org/liturgy-worship/funerals

Readings for the Week/Lecturas de la Semana

For the Week of, October 16, 2022

Sunday	Twenty-ninth Sunday in Ordinary Time Ex 17:8-13; Ps 121:1-2, 3-4, 5-6, 7-8; 2; Tm 3:14-4:2; Lk 18:1-8
Monday	Memorial of Saint Ignatius of Antioch, Bishop and Martyr Eph 2:1-10; Ps 100:1b-2, 3, 4ab, 4c-5; Lk 12:13-21
Tuesday	Feast of Saint Luke, Evangelist 2 Tm 4:10-17 b; Ps 145:10-11, 12-13, 17-18; Lk 10:1-9
Wednesday	Memorial of Saints John de Brébeuf and Isaac Jogues, Priests, and Companions, Martyrs Eph 3:2-12; Is 12:2-3, 4bcd, 5-6; Lk 12:39-48
Thursday	Memorial of Saint Paul of the Cross, Priest Eph 3:14-21; Ps 33:1-2, 4-5, 11-12, 18-19; Lk 12:49-53
Friday	Eph 4:1-6; Ps 24:1-2, 3-4ab, 5-6; Lk 12:54-59
Saturday	Memorial of Saint John Paul II, Pope Eph 4:7-16; Ps 122:1-2, 3-4ab, 4cd-5; Lk 13:1-9
Sunday	Thirtieth Sunday in Ordinary Time Sir 35:12-14, 16-18; Ps 34:2-3, 17-18, 19, 23; 2 Tm 4:6-8, 16-18; Lk 18:9-14



Wedding Banns

Please pray for

Monica Geary & Bryan Weed, Nov. 12th

Rose Castelli & James Boohaker, Nov. 12th



Devotional Candles: www.olgcva.org/liturgy-worship/

Church	For all the deceased member of the OLCG Community
Chapel	In Loving Memory of Anthony Vinciguerra
Our Lady	In Loving Memory of Peter Trifoli

THE LORD SAYS, "I am doing a new thing"

October

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
16	17	18	19	20	21	22
Outreach Project: Coat Drive 7:30 AM - 1:30 PM DeSales Hall & Bell Tower Circle RCIA Breaking Open the Word 10:30 - 11 AM Chapel & Cry Room House League Basketball Clinic 4 - 7 PM Brisson Gym Outreach Project: Coat Drive 4:30 - 6:30 PM DeSales Hall & Bell Tower Circle Nightlife 6 - 8 PM DeSales Hall Jr High CCF 6:15 - 7:45 PM School	ECAP Registration 2nd Trimester Opens Little Rock Scripture Study 10 - 11:30 AM Zoom Quilters 11:30 AM - 3 PM Mary's Garden & SJC-Brisson Rm CYO Basketball Assessments 5 - 9 PM	Tuesday Bible Study 9:45 - 11:45 AM Zoom CYO Basketball Assessments 5 - 9 PM Music Ministry (Hemmingson) 7 - 8:30 PM Church Women's Book Club 7 - 8:30 PM SJC-Brisson Rm Youth Adoration 7 - 8 PM Chapel Divorced/ Separated Catholic Ministry 7:30 - 9 PM Zoom	School Mass 8:30 - 9:30 AM Church CYO Basketball Assessments 5 - 9 PM BSA Troop 976 Mtg 7 - 8:30 PM Counsel Rm Music Ministry (Jones) 7 - 8:30 PM Church RCIA Catechumenate 7:30 - 9 PM SJC-Brisson Rm SVDP Mtg 7:30 - 9 PM DeSales Hall Men's Basketball 8:30 - 10 PM Fr. Brisson Gym	Prayer Shawl Ministry 9:30 - 11 AM SJC-Brisson Rm Seasoned Citizens Luncheon 12 - 2 PM DeSales Hall CYO Basketball Assessments 5 - 9 PM Music Ministry (Choir) 7 - 8:30 PM Church Men's Basketball 8:30 - 10 PM Fr. Brisson Gym	Lamb Center Lunch 10 - 10:15 AM Parking Lot-Bell Tower CYO Basketball Assessments 5 - 9 PM Wedding Rehearsal: Geary/Weed 5 - 7 PM Church	Confessions 9 - 9:30 AM Reconciliation Room Baptisms 10 - 11 AM Chapel Families of Faith 10 AM - 12 PM DeSales Hall Wedding: Geary/Weed 1:30 - 2:30 PM Church



World Mission Sunday, October 23

Next weekend we will celebrate World Mission Sunday. Pope Francis invites the entire Church to support mission dioceses in Africa, Asia, the Pacific Islands, and parts of Latin America and Europe, where priests, religious and lay leaders serve the world's most vulnerable communities. Please keep the Pope's missions in your prayers and be generous in next week's collection for the Society for the Propagation of the Faith.



Second Collections

October: 23rd- World Mission Sunday; Facilities Improvements

November: 1- All Saints; 6- Archdiocese for Military Service; 13- Retired Religious Fund; 20- Camp for Human Development; 24- Thanksgiving; Facilities Improvements

July Monthly Collections

FY July 2022—June 2023

Offertory.....	181,936
Total Budgeted.....	<u>163,272</u>
Variance.....	18,664
YTD Received.....	181,936
Budget YTD	<u>163,272</u>
Variance.....	18,664

Weekly & Second Collections

Checks or cash via envelopes, use the QR code below, text amount to 703.810.7674, or give online at

membership.faithdirect.net/VA875.

Thank you.



Online
Donation

Monthly Outreach Project: Winter Coat Drive

Saturday, October 15th & Sunday October 16th after all the Masses

OCTOBER OUTREACH PROJECT

Winter Coat Drive

Help
struggling
neighbors
stay warm
Donate new
or gently-
used coats
Oct. 15 & 16



Please Donate New or Gently-Used Coats

Help those in need stay warm this winter by donating winter coats during the October Outreach Drive. Men's, women's and children's coats, new or gently used, can mean the difference between a hard winter or a comfortable one. The coats that don't fit your family anymore will fit someone who is struggling.

Please bring new or gently used coats outside DeSales Hall before and after all masses this weekend. The coats go to many local distribution centers including CHO, St Vincent DePaul, Lamb Center, local elementary schools.

Welcome Lucie Lytle

We welcome Lucie Lytle to the OLGC staff as Records Manager and Child Protection Liaison.

Lucie graduated from Randolph-Macon with a Religious Studies degree. She has worked in the Episcopal Church and with youth the past several years. She enjoys going to sporting events, especially women's soccer games and baseball games. She also enjoys going to the beach when she has a chance.



SVdP Call for Volunteers

OLGC Society of St. Vincent de Paul is grateful for the many volunteers who dedicate their time to serving those affected by hunger, homelessness and in need of services. Our volunteers are indispensable to meet this mission.



Today we need the support of our fellow parishioners, and we are looking for others to step up and serve our community. You can become a SVdP volunteer by sharing your time, your talents, and/or your treasure.

We will have a Volunteer Recruitment Meeting on October 24 at 7:30 pm in DeSales Hall. Come on over and hear about what we do, how we do it, and how you can find a totally new fulfillment in life by serving our neighbors in need.

Join the OLGC Funeral Ministry Team

The OLGC Funeral Ministry Team is looking for additional volunteers. This rewarding ministry supports and serves families of the deceased on the day of the funeral service at OLGC. The time requirement is about 2 hours, and most funerals are scheduled for 11am Monday – Saturday. Funeral Ministers greet the family and help familiarize the readers and gift bearers with the funeral Mass or service. Sacristans for funerals are also needed. The sacristan responsibilities are similar to those for Sunday/Daily Mass with a few added duties. This important ministry is part of our Catholic faith: Spiritual Works of Mercy – Pray for the dead. Corporal Works of Mercy – Bury the Dead. If you are interested, please contact Fran Davenport at bwdavenport@cox.net or 703-459-5729 (Cell)

EM Training—Feed the Flock

Experience the reward and fulfillment of growing your faith by joining the team of Extraordinary Ministers of Holy Communion. A training session will be held on Wednesday, October 26th at 7pm in the Chapel. What a wonderful way to both attend Mass and at the same time give back in service to the Lord by distributing Communion to members of the OLGC Community.

If you are interested in attending the training session, please complete and submit a Ministry Information Form found on the OLGC website: www.olgcva.org/liturgy-worship/liturgical-ministries/ministry-form by Monday, October 24th. For additional information and/or questions, please contact Cheryl Jones at cheryl.mcmillan.jones@gmail.com.



FR. MATT'S MUSING:

Personal Prayer

Two weeks ago I wrote about the connection between prayer and belief. This week, I would like us to think about how prayer expresses our values...

bit.ly/3fTad1P

Salesian Saints: Blessed Louis Brisson, OSFS

Feast: October 12

Blessed Louis Brisson, OSFS, was a diocesan priest who, along with Mary de Sales Chappuis, VHM, founded the Oblates of St. Francis de Sales, a congregation dedicated to spreading the optimistic, inspired-common-sense wisdom of St. Francis de Sales in a variety of ministries and apostolates. Fr. Brisson spent much of his life as the chaplain to the Visitation community in Troyes, France.

Read more at oblates.org/about-us

For Students and Families

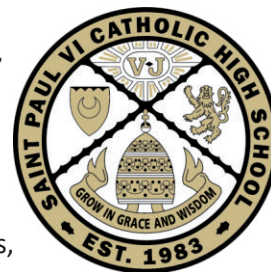
St. Paul VI Catholic High School Open House

St. Paul VI Catholic High School invites all middle school families to their Open House on **Sunday, October 16, from 1 – 4 p.m.**

Come see how students grow spiritually, intellectually, personally, socially, and physically according to the teachings of the Gospel and St. Francis de Sales.

The school offers a challenging academic curriculum, distinguished performance and fine arts programs, outstanding sports, and wide-ranging extracurricular activities while fostering a sense of community and dedication that encourages students to be extraordinary.

Paul VI's new, 21st-century campus on 68 acres is at 42341 Braddock Rd, Chantilly, VA. For more information, visit www.paulvi.net or call 703-352-0925.



Diocesan & Community Events

Catholic Trivia Night to Raise Funds for Catholic Charities

Register Now! Saint James Social Outreach Committee is hosting a Catholic Trivia Night on **Friday, October 21, from 6:45-8:45 p.m.** Teams of 8-10 are encouraged but smaller teams and individuals are welcomed. The minimum entry fee per person is a hygiene pack (specific items listed on website) which will be donated to Catholic Charities for its Mobile Response Center, also known as the Mercy Van. These goods are desperately needed. Seating is limited. Registration link and full details can be found at Saint James website: stjamescatholic.org.

UPCOMING DIOCESAN EVENTS

Visit arlingtondiocese.org/all-events for details

Eucharistic Symposium with Archbishop Emeritus Chaput
Oct. 22 | 9:00am

RALLY 2022 for Youth
Oct. 23 | 12:00pm

Conflict Management-Difficult Conversations
Oct. 27 | 10:00 am

The Science and Significance of Eucharistic Miracles
Oct. 27 | 7:30 pm

Mass and Reception for Homeschool Families
Oct. 28 | 10:00 am

FIAT S'more Saturday with the Sisters
Oct. 29 | 4:30 pm

Saint Mary Magdalene Drama

"Saint Mary Magdalene—At the Feet of Jesus," a one-woman drama about repentance and God's mercy, comes to St. Leo the Great Catholic Church on Saturday, October 22. Biblically-based, the story shines a reverent light on this



great saint who remained at the foot of the cross and announced the Resurrection. Catholic performing artist Nancy Scimone portrays Mary Magdalene. Recommended for ages 10 through adult. \$10 per person for dinner and play, or \$5 for play only. Dinner is at 6:15 PM; Play begins at 7:30 PM. Tickets are available at the event, or reserved by emailing

carolynsmith.stleos@gmail.com 3700 Old Lee Highway, Fairfax, in the school gym. (MaryMagdaleneDrama.com)

An Introduction to the Devout Life by St. Francis de Sales

New Podcast with Fr. Gregory Pine, O.P. and Fr. Jacob Bertrand Janczyk, O.P.

Starting October 24, join Fr. Gregory Pine, O.P. and Fr. Jacob Bertrand Janczyk, O.P. as they read and explain *An Introduction to the Devout Life* by St. Francis de Sales in the first season of Ascension's NEW podcast!

ascensionpress.com/pages/catholicclassics.

Información Parroquial en español

Preguntas o sugerencias, ofrecer misas, pedir oración durante la misa por recién fallecidos, funerales, comuníquese con Maria Romero 703.896.7419, mromero@olgcva.org

EL SEÑOR DICE,
"Estoy haciendo algo nuevo."

El almuerzo para las personas de la tercera edad: será este jueves 30 de octubre. Debe registrarse para asistir vía correo electrónico llamando a Dagny at 703-281-5525, vía correo electrónico seasonedcitizens@olgcva.org o en seasonedcitizens@olgcva.org.

Entrenamiento para Ministros Eucarísticos en inglés - Alimenta el Rebaño. Experimente la recompensa y la satisfacción de hacer crecer su fe uniéndose al equipo de Ministros Extraordinarios de la Sagrada Comunión. Se llevará a cabo una sesión de capacitación el miércoles, 26 de octubre a las 7 pm en la Capilla. Qué manera tan maravillosa de asistir a la misa y al mismo tiempo retribuir en servicio al Señor distribuyendo la Comunión a los miembros de la nuestra comunidad. Si está interesado en asistir a la sesión, comuníquese con Cheryl Jones en cjones@olgcva.org o www.olgcva.org/liturgy-worship/liturgical-ministries/ministry-form antes del lunes 24 de octubre.

Una Introducción a la Vida Devota de San Francisco de Sales Nuevo Podcast con el P. Gregory Pine, OP y el Padre. Jacob Bertrand Janczyk, OP. A partir del 24 de octubre, únase al padre Gregory Pine, OP y el Padre. Jacob Bertrand Janczyk, OP con ellos leer y explicar la introducción a la vida devota de San Francisco de Sales en la primera temporada del Nuevo Podcast de Ascension Press! ascensionpress.com/pages/catholicclassics.

Confesiones en español durante el mes de octubre son el sábado 22 de 9: -9: 30 a.m. o de lunes a jueves únicamente con cita. Puede llamar para hacer una cita con el Padre Mateo al 703-938-2828 o envíe un correo electrónico a frhillyard@olgcva.org. No se escuchan confesiones los domingos antes o después de la misa.

Sacramento del bautismo de niños menores de 6 años: Comuníquese con Maria Romero 703.896.7419 welcome@olgcva.org **Sacramento del bautismo:** para Charlas de padres y padrinos deben inscribirse de antemano, una vez completada esta y entregado los documentos requeridos le confirmaremos su fecha del bautizo. <https://www.olgcva.org/sacraments/baptism>

Octubre es el Mes del Rosario: Únase a nuestra comunidad y reserve tiempo este mes para rezar el Rosario. Encuentre un momento tranquilo para concentrarse con el Rosario, o únase a otro feligreses en uno de los siguientes horarios: Domingos 9:10 am en inglés o a las 11:15 am en español en

el Jardín de la Virgen (o Capilla en días de mal tiempo. Todos los días de semana después de la misa de 8:30 am - Capilla. Los jueves a las 6:50 pm - Rosario bíblico semanal por los cristianos perseguidos vía conferencia telefónica, al 609-746-1119; código de acceso: 726350 y los lunes a las 7:30pm vía Zoom. Comuníquese con Carlos Berrios berrioscg@gmail.com

Sacramento de matrimonio: comuníquese por lo menos 6 meses antes de la fecha del matrimonio.

Ofrecer misas, pedir oración durante la misa por **recién fallecidos**, funerales, certificados sacramentales. El sacramento de La unción de los enfermos puede ser recibido por los ancianos, por quienes serán ingresados al hospital o por quienes están enfermos llame al 703-896-7419.

Libro de Intenciones: El libro de intenciones se encuentra en la entrada principal de la iglesia. El propósito de este libro es para pedir por nuestras intenciones personales, por los enfermos, por los que están vivos o fallecidos.

Catequesis: para niños, adultos y bautizó de niños mayores de 6 años, sacramento de la confirmación y comunión Comuníquese con Amy MacKinnon amackinnon@olgcva.org o 703-896-7426.

Proyecto de Alcance: La colecta de abrigos será el sábado 16 y 17 de octubre antes y después de todas las misas. Estaremos aceptando abrigos nuevos o usados en buena condición, para ayudar a personas de bajos recursos en nuestra comunidad. Este es el único fin de semana que se aceptaran los abrigos.

"La oportunidad de hacer grandes cosas no llega a menudo, pero en todo momento, podemos hacer pequeños actos con gran amor." - San Francisco de Sales: Como seguidores de Cristo, somos llamados por medio de nuestro Bautismo a servir a nuestros hermanos en nuestra parroquia, comunidad, país y el mundo entero. Es nuestra esperanza que todos los feligreses tengan la oportunidad de descubrir y desarrollar sus dones dados por Dios. Si desea participar como Sacristán, Ministro Extraordinario de La Sagrada Comunión, Lector, Portero/Ujier, Ministerio de La Bienvenida o Monaguillo por favor pase por el mostrador de Bienvenida o llame al 703-896-7419.

November Remembrance of Our Loved Ones

As the days get shorter and there is a chill in the air, the church turns its attention to those who have died, our loved ones who have completed their earthly journey and now find their reward in heaven. We reflect in this month of remembrance the holy dead of our families. We continue to remember in prayer and in our hearts those persons with whom we have shared life and who have so richly shared life with us.

- **All Saints Day** Masses in the Church 8:30am, 12:10pm and 7pm (holy day of obligation this year).
- **Remembrance Photos** - Beginning on November 1st, you can place a photograph of a loved one who has died on the Table of Remembrance or on the display board located in the Narthex of the church. Photos will remain up through the month of November.
- **Book of the Dead** You are also invited to enter your departed family member's name in the Book of the Dead. There will be a special intercession in the Prayers of the Faithful in November for all those inscribed in the book.

Mass of Remembrance

All Souls, Wednesday, November 2

You are invited to join the Community of Our Lady of Good Counsel and the Oblates of Saint Francis de Sales as we support one another in prayer and ask God to welcome our deceased loved ones into the Kingdom of Heaven. On Wednesday, **Nov. 2pm at 7pm**, we will gather at Mass in the church to celebrate the lives of those members of our



families, friends, and the faith community who died this past year, and to seek God's presence in our time of grief. During the Prayers of the Faithful, the names of those whose funerals were celebrated here will

be read out loud. Please RSVP for the reception that will follow the Mass in DeSales Hall at bit.ly/Mass-of-Remembrance2022.

RCIA: Welcome and Signing of the Senses

The Signing of the Senses is a ritual highlight of the Rite of Acceptance from the RCIA book (Rite of Christian Initiation of Adults) for those who are not baptized (soon to be a Catechumen) and those who are candidates to complete their full initiation into the Catholic Church through the Sacrament of Confirmation and First Eucharist.

Their sponsors and the assembly are joyful and happy to welcome these people to complete their full initiation into the Church.

On Saturday, October 29th at the 4:00pm Mass, we will Welcome and Sign the Senses of our Candidates.

On Sunday, October 30th at the 10:00am Mass, we will Welcome and Sign the Senses of our Catechumens.

Please pray for the candidates and catechumens.

Knights of Columbus Families of the Month

Congratulations to OLCG families selected as families of the month: The Kurtts family —Robert, Maggie, Bridget, Teresa, and John (July) and Riden and Georgina Wall (September).



Each month, the council Family of the Month committee selects one family from both Vienna-Oakton Catholic parishes that models Christian family values and visibly lives them every day. Once a year, each participating council also selects one of the previous twelve Family of the Month winners to represent the council/parish as the potential international Family of the Year. The Knights of Columbus Family of the Year is chosen by the Supreme Council and recognized each year at the annual Supreme Convention. We accept nominations through our webform, found at www.knightsvienna.org/family-of-month. Selected families do not need to be members in the Knights of Columbus.

Parish Announcements

New from The Golf Classic

We are looking forward to a day of sport, fellowship, and fun at the upcoming OLGC Golf Classic on November 7th at Westwood Country Club.

Even if you're not a golfer, you can take part to support this event! We have a limited number of Family Flags and Reception Tickets available. Family Flags (for your family, alumni class, or favorite OLGC administrator or teacher), which are displayed at each hole, can be customized and purchased via the Faith Direct link.

We also welcome you to join us after golf concludes for the cocktail hour and dinner reception on the Westwood Terrace. The reception begins at 5:00 pm. If you are interested in purchasing Reception tickets, please visit bit.ly/3CsbtjT.



October is the Month of the Rosary

Please join our OLGC community in setting aside time this month to pray the Rosary. Find a quiet time to center yourself with the Rosary, or join your fellow parishioners at one of the following times:

Sundays 9:10am (English)- Mary's Garden (or Chapel during inclement weather)

Sundays 11:15am (Spanish) - Mary's Garden (or Chapel during inclement weather)

All weekdays after 8:30am Mass - Chapel

Thursdays 6:50pm - Weekly Scriptural Rosary for Persecuted Christians by conference call dial 609-746-1119; access code: 726350



AEDs at OLGC

An AED (automated external defibrillator) is a lightweight and battery powered piece of medical equipment that can be potentially lifesaving. An AED is used to treat ventricular fibrillation, the most common cause of sudden cardiac arrest. Anyone is a potential victim of sudden cardiac arrest, man or woman, young or old. Survival of a sudden cardiac arrest is related to how quickly a victim is defibrillated. AED units are seen in most public places such as libraries, swimming pools, airports, shopping malls... and OLGC.



OLGC has six AED units located in the following areas:

- Narthex of the Church (close to De Sales Hall)
- DeSales Hall lower level in the preschool, Room E
- St. Joseph Center (in the stairwell to the second floor)
- School outside the Health Clinic (close to the main entrance)
- School outside the gym
- School, 2nd floor, by the elevator close to the resource and math rooms

These AED units are only lifesaving if people are trained in CPR and AED use. Trained responders are the key to potentially saving another person's life. Consider enrolling in a CPR/AED class soon!



Pre-order your wreaths now!

OLGC's Boy Scout Troop 976 will conduct their annual sale of festive Christmas wreaths. The wreaths are \$30 each and usually sell out quickly—the Troop recommends pre-ordering early this year to ensure you get one!

The beautiful greenery we select is fresh from a Maryland farm, and the proceeds help keep dues accessible for many members of our Troop. For more information, please visit www.olgc976.org/node/5763



Seasoned Citizens' Luncheon

Oktoberfest is here! OLGC seniors will be celebrating this traditional German festival on **Thursday, October 20**, when the doors to DeSales Hall will open at Noon. The menu will feature the foods usually associated with this seasonal event: roast pork tenderloin, sauerkraut, roasted potatoes, carrots, an Autumn green salad, and assorted apple-based desserts. The **deadline for reservations is Monday, October 17**, so there's still time if you haven't yet gotten your name on the list. RSVP online at bit.ly/SeasonedCitizensOctober, e-mail Dagny at seasonedcitizens@olgcva.org, or call her at 703-281-5525.



The Book Swap Table will be up and running again. Donate a few books and take one or two home with you. Jigsaw puzzles are always in demand and welcome, but nothing else, please.

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Donate a few books and take one or two home with you. Jigsaw puzzles are always in demand and welcome, but nothing else, please.

HELP WITH HEATING – Are you worried about heating bills this winter? The Fuel Assistance Program offers the cost of primary heating expenses for eligible households. If approved, payments begin in January 2023. The open application period for the Fuel Assistance Program began a few days ago and closes on Monday, November 14. Households may apply in the following ways:

Online at CommonHelp.Virginia.gov; by phone to the Enterprise Call Center, 1-833-522-5582; by paper application: call 703-324-7500 to request an application be mailed to you; by FAX: send a completed application to 703-653-1355 or in person: applications are available at the Pennino Building, 12011 Government Center Parkway, Suite 232, Fairfax, or at Lake Anne Office Building, 11484 Washington Plaza West, 4th floor, in Reston. These locations are the closest to Vienna.

LUNCH AND LIFE – The Shepherd's Center of Northern Virginia is continuing its Lunch and Life Series on **Tuesday, October 25th** from 12-2 pm at St. John Neuman Church, 11900 Lawyers Rd. in Reston. Guest speakers will be Catherine O'Brien, PHD, MPH and Jennifer L. Smith, PHD. They will discuss mental health and *How Hope Functions as a Motivator for Healthy Behavior*. Tickets are \$20 and can be purchased by calling 703-281-0538. The deadline for ordering them is October 18.

NORMAL AGING AND DEMENTIA – I'll bet it's happened to you. You find yourself in another room in your home and don't remember why you're there. Or you can't find your keys, and begin to worry something's wrong. Some of these lapses are a natural part of the aging process, others are not. Come to this presentation at the Vienna Community Center on **Monday, October 24**, from 10-11 am where you'll learn about the warning signs of a memory

problem and what to do if someone you love is experiencing symptoms. Kay Yong of Insight Memory Care Center will be the presenter. There is no charge and while reservations aren't necessary, it's helpful to let the VCC know you'll be there, for planning purposes. Call 703-255-6360.

MEDICARE OPEN ENROLLMENT INFORMATION – Are you caring for someone on Medicare? October is open enrollment time. Understanding what is covered under Medicare and finding the right coverage for your loved one is often challenging. Luckily, there are some great resources available. Contact the Virginia Insurance Counseling & Assistance Program (VICAP) which offers free, unbiased, confidential counseling and assistance for people with Medicare. You can also attend one of their presentations to get a better understanding of Medicare, Medigap, drug plans and Medicare Advantage plans.

There are many aspects to consider and it's helpful to have information that will help you navigate a complex healthcare system. To learn more about Medicare, call 703-324-5851. Leave a message and a VICAP counselor will return your call.

Interesting Statistics

While these bits of information aren't game changing, they're still interesting to people of a certain age – seniors! I'll bet you didn't know that:

- There'll be a 22% increase in the population of 60+ year olds by 2050
- 2020 is the year when people aged 60+ outnumbered children younger than 5 years of age
- 80% of elderly people will be from low- and middle-income countries by 2050
- 60 is the age after which a person is considered to be a senior citizen
- 3.6% of people over 65 years of age are in nursing homes
- 50% of elderly people battle at least two chronic diseases
- 75 is the age at which one in three elderly people don't get any physical activity
- 99% of people 65 and above have health insurance
- One third of total subsidized housing is occupied by the elderly. (*National Today*)

Elder Wisdom

I'm not saying I'm old and worn out, but I make sure I'm nowhere near the curb on trash day.

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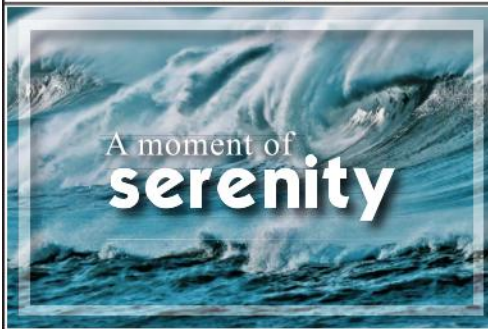
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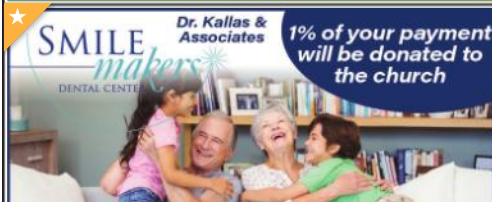
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