



8601 Wolftrap Road, Vienna, VA 22182-5026 Phone: 703.938.2828 Fax: 703.938.2829 <u>www.olgcva.org</u> ~ <u>www.olgcschool.org</u> Administered by the Oblates of St. Francis de Sales

Mass Schedule

Mon-Sat - 8:30am, holidays are at 9am Saturday Vigil 4pm, Sunday 8:00am, 10:00am, 12pm (en español), 5:00pm Office Hours Mon - Fri 9am - 4:30pm, Closed 12-12:30pm for lunch Chapel open for prayer Mon - Fri 9am - 5pm Livestream www.youtube.com/c/StreamingOLGC Confessions Saturdays 9:00 or by appt Join the Parish <u>www.olgcva.org/register</u> Schedule an Event <u>www.olgcva.org/about-us/facilities</u> Add Item to Bulletin/Media <u>www.olgcva.org/about-us/communications</u> Mass Intention Request

www.olgcva.org/liturgy-worship/devotions/mass

Pastor Rev. Matthew Hillyard, OSFS	frhillyard@olgcva.org
Parochial Vicar Rev. Mathias Kumar, OSFS	mkumar@olgcva.org
Retired Rev. William Metzger, OSFS	
Retired Rev. Lewis Fiorelli, OSFS	lfiorelli@oblates.org
Deacon Christopher Moore	cgmoore@olgcva.org
School Principal Robin Williams 703.938.3600	rwilliams@olgcva.org
Liturgy/Music/Funerals Paul Ciotti 703.896.7411	liturgy@olgcva.org
Children's Faith Formation Amy MacKinnon 703.896.7426	amackinnon@olgcva.org
Youth Ministry/Young Professionals Derek Rogers 703.896.7409	youth@olgcva.org
Communications/Bulletin Maude Hales 703.896.7412	. communications@olgcva.org
Director of Finance Emilynda Clomera 703.896.7402	eclomera@olgcva.org
Records/Child Protection Liaison Lucie Lytle 703.896.7413	records@olgcva.org
Advancement/Annual Giving Alison McKee & JoAnne Kinyon	advancement@olgcva.org
Events Manager Frank Fletcher 703.896.7412	events@olgcva.org
Reception/Intentions/Ministry of Care Maria Romero 703.896.7419	
RCIA/Adult Sacraments Barb Steele	bms.steele@outlook.com
Información en español Maria Romero 703.896.7419	welcome@olgcva.org
Pastoral Council (Tina Wickham)	
Finance Council (Regina Stranix)	FinanceCouncil@olgcva.org
Society of St. Vincent DePaul (Linea de Ayuda) 703.938.3210	svdp@olgcva.org
Respect Life /Gabriel Project Betsy Argauer 703.255.3744	
Knight of Columbus Santa Maria Council #4654	
Counseling Catholic Charities Consejería Caridades Catolica	

And when he saw them, he said, "Go show yourselves to the priests." As they were going they were cleansed. Luke 17:14

Welcome to Our Lady of Good Counsel

We, as members of Our Lady of Good Counsel Parish, strive to witness to the Good News of Jesus Christ by proclaiming our faith, educating ourselves and our children, sharing our persons, resources and gifts in the care and service of one another. We are called to foster an environment of hospitality in accordance with the Spirituality of St. Francis de Sales.

Mass Intentions/Intenciones de la Misa	Readings for the Week/Lecturas de la Semana		
Presider schedule available at:	For the We	For the Week of, October 9, 2022	
bit.ly/PresiderSchedule Sat. / Sun. October 8, – October 9, 2022 + Betty & Claire Weaver + Joseph Anthony	Sunday	Twenty-eighth Sunday in Ordinary Time 2 Kgs 5:14-17; Ps 98:1, 2-3, 3-4; 2 Tm 2:8-13; Lk 17:11-19	
+ Diane Donnelly + Pedro Bellini + Antony "Tony" Champ	Monday	Gal 4:22-24, 26-27, 31-5:1; Ps 113:1b-2, 3-4, 5a & 6-7; Ps 95:8; Lk 11:29-32	
Monday, October 10, 2022 9:00am The OLGC Community	Tuesday	Memorial of Saint John XXIII, Pope Gal 5:1-6; Ps 119:41, 43, 44, 45, 47, 48; Lk 11:37-41	
Tuesday, October 11, 2022 8:30am + Poche Sui	Wednesday Gal 5:18-25; Ps 1:1-2, 3, 4 & 6; Lk 11:42-46		
Wednesday, October 12, 2022 8:30am For The Oblates of St. Francis de Sales	Thursday	Eph 1:1-10; Ps 98:1, 2-3ab, 3cd-4, 5-6; Lk 11:47-54	
Thursday, October 13, 2022 8:30am + Laurice Cannon	Friday	Memorial of Saint Callistus I, Pope and Martyr Eph 1:11-14; Ps 33:1-2, 4-5, 12-13; Lk 12:1-7	
Friday, October 14, 2022 8:30am + Lilia Apole Cabuay	Saturday	Memorial of Saint Teresa of Jesus, Virgin and Doctor of the Church	
Saturday, October 15, 2022 8:30am + Lorraine " Lori" Nicole Fagan	Cundou	Eph 1:15-23; Ps 8:2-3ab, 4-5, 6-7; Lk 12:8-12	
Sat. / Sun. October 15, – October 16, 2022 + Edith Maldonado + Alice Buenaflor	Sunday	Twenty-ninth Sunday in Ordinary Time Ex 17:8-13; Ps 121:1-2, 3-4, 5-6, 7-8; 2; Tm 3:14-4:2; Lk 18:1-8	
+ John Kenneth Sheehan + Hugo Mendoza + W. Samuel "Sam" Althoff	CELEBRATING 100 YEARS! Happy 100th Birthday to Susan J. Sucy of Vienna who celebrated her centennial birthday on October 6th.		
PLEASE NOTE:	Wedding Banns		
Mass attendance counts are happening at all October Masses.		Please pray for	
New security cameras have been installed at various	Monica Geary & Bryan Weed, Nov. 12th		
locations around the campus as part of our security upgrade.	Rose Castelli & James Boohaker, Nov. 12th		
		~	
Please keep those listed in the prayer intention book and the recently deceased in your prayers, especially	Devotiona	I Candles: www.olgcva.org/liturgy-worship/	
+ Sharon Flack Mussomeli	Church	The OLGC Community	
OLGC Funerals: www.olgcva.org/liturgy-worship/funerals	Chapel Our Lady	Charles D McCoy Jr Gabriella Maria Gallegos	

"The LORD SAYS, "I am doing a new thing"

OCLOBEI				-		•
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9	10	11	12	13	14	15
Christ House Food Collection 9:30 AM - 1 PM Parking Lot-St Joseph Center RCIA Breaking Open the Word 10:30 - 11 AM Chapel & Cry Room House League Basketball Assessments 5 - 8 PM Brisson Gym	Columbus Day - No School & Offices Closed Mass at 9 AM Lamb Center Breakfast 6:45 - 7 AM Parking Lot- Bell Tower	Tuesday Bible Study 9:45 - 11:45 AM Zoom House League Basketball Assessments 5 - 8 PM Brisson Gym CS Pack 976 Tiger Den Mtg 6 - 8 PM Counsel Rm Music Ministry (Hemmingson) 7 - 8:30 PM Church Divorced/ Separated Catholic Ministry 7:30 - 9 PM Zoom	School Mass 8:30 - 9:30 AM Church CYO Basketball Assessments 5 - 9 PM Brisson Gym BSA Troop 976 Mtg 7 - 8:30 PM Counsel Rm Music Ministry (Jones) 7 - 8:30 PM Church RCIA Catechumenate 7:30 - 9 PM SJC-Brisson Rm Men's Basketball 8:30 - 10 PM Fr. Brisson Gym	Prayer Shawl Ministry 9:30 - 11 AM SJC-Brisson Rm GS Troop 50012 4:30 - 6 PM SJC-Brisson Rm CYO Basketball Assessments 5 - 9 PM Brisson Gym CS Pack 976 Bear Den Mtg 6 - 8 PM Counsel Rm PTO General Meeting 6:30 - 8 PM DeSales Music Ministry (Choir) 7 - 8:30 PM Church Men's Basketball 8:30 - 10 PM Fr. Brisson Gym	Living Rosary 10 - 11 AM School Parking lot GS Troop 50118 3:30 - 4:30 PM Multimedia Center CYO Basketball Assessments 5 - 9 PM Brisson Gym CS Pack 976 Entertainment Night 6 - 8 PM Counsel Rm Open Mic Night 7 - 10 PM DeSales Hall	Elementary CCF 8:30 - 10 AM School Confessions 9 - 9:30 AM Reconciliation Room Used Uniform Sale 9:30 - 10:30 AM Outside Brisson Gym Lobby (if rain, in Gym Lobby) Emmaus 10 - 10:30 AM School Outreach Project: Coat Drive 3:30 - 5:30 PM DeSales Hall & Bell Tower Circle

Second Collection October 9 Little Sisters of the Poor

October

The Little Sisters of the Poor are an international congregation of Roman Catholic women religious founded in 1839 by Saint Jeanne Jugan. Together with a diverse network of collaborators, they serve the elderly poor in more than 30 countries around the world. Continuing the work of Saint Jeanne Jugan, their mission is to offer the neediest elderly of every race and religion a home where they will be welcomed as Christ, cared for as family and accompanied with dignity until God calls them to himself.



October Second Collections

All Souls, 9th: Little Sisters of the Poor, 23rd: World Mission Sunday Facilities Improvements

July Monthly Collections

FY July 2022—June	2023
Offertory	181,936
Total Budgeted	<u>163,272</u>
Variance	18,664
YTD Received	181,936
Budget YTD	<u>163,272</u>
Variance	18,664

Weekly & Second Collections

Checks or cash via envelopes, text amount to 703.810.7674, or give online at <u>membership.faithdirect.net/VA875</u>. Thank you.

Monthly Outreach Project: Winter Coat Drive

Saturday, October 15th & Sunday October 16th after all the Masses

OCTOBER OUTREACH PROJECT

Winter Coat Drive

Help struggling neighbors stay warm

Donate new or gentlyused coats Oct. 15 & 16



Please Donate New or Gently-Used Coats

Help those in need stay warm this winter by donating winter coats during the October Outreach Drive. Men's, women's and children's coats, new or gently used, can mean the difference between a hard winter or a comfortable one. The coats that don't fit your family anymore will fit someone who is struggling.

Please bring new or gently used coats outside DeSales Hall before and after all masses on October 15th or 16th. The coats go to many local distribution centers including CHO, St Vincent DePaul, Lamb Center, local elementary schools.

Thank You!

Holidays for Those in Need Will Be Brighter Thanks to the September Outreach for CHO

Thanks to the generosity of OLGC parishioners, the September Outreach program raised more than \$6,200 in gift and grocery cards and donations (which will be used to buy cards) for CHO, the Committee for Helping Others.

CHO will distribute these cards at its Christmas Store in December, allowing more than 200 families (700 individuals) to purchase some extra food or gifts during the holidays, and brightening the holidays for many parents, children and others in our community.

Many thanks from CHO to those who donated, to the parish for allowing us to participate in the Outreach Program, and to the volunteers who collected between Masses.

Join the OLGC Funeral Ministry Team

The OLGC Funeral Ministry Team is looking for additional volunteers. This rewarding ministry supports and serves families of the deceased on the day of the funeral service at OLGC. The time requirement is about 2 hours, and most funerals are scheduled for 11am Monday – Saturday. Funeral Ministers greet the family and help familiarize the readers and gift bearers with the funeral Mass or service. Sacristans for funerals are also needed. The sacristan responsibilities are similar to those for Sunday/Daily Mass with a few added duties. This important ministry is part of our Catholic faith: Spiritual Works of Mercy – Pray for the dead. Corporal Works of Mercy – Bury the Dead. If you are interested, please contact Fran Davenport at <u>bwdavenport@cox.net</u> or 703-459-5729 (Cell)

SVdP Call for Volunteers

OLGC Society of St. Vincent de Paul is grateful for the many volunteers who dedicate their time to serving those affected by hunger, homelessness and in need of services. Our volunteers are indispensable to meet this mission.



Today we need the support of our fellow parishioners, and we are looking for others to step up and serve our community. You can become a SVdP volunteer by sharing your time, your talents, and/or your treasure.

We will be at the Donut Social after masses on October 2 to answer any questions, and we will have a Volunteer Recruitment Meeting on October 24 at 7:30 pm in DeSales Hall. Come on over and hear about what we do, how we do it, and how you can find a totally new fulfillment in life by serving our neighbors in need.

EM Training—Feed the Flock

Experience the reward and fulfillment of growing your faith by joining the team of Extraordinary Ministers of Holy Communion. A training session will be held on Wednesday, October 26th at 7pm in the Chapel. What a wonderful way to both attend Mass and at the same time give back in service to the Lord by distributing Communion to members of the OLGC Community.

If you are interested in attending the training session, please complete and submit a Ministry Information Form found on the OLGC website: <u>www.olgcva.org/liturgy-worship/</u> <u>liturgical-ministries/ministry-form</u> by Monday, October 24th. For additional information and/or questions, please contact Cheryl Jones at <u>cheryl.mcmillan.jones@gmail.com</u>.

For Students and Families

Used Uniform Sale

Saturday, October 15, 9:30-10:30 am Purchase & Donate Used OLGC School Uniforms!

The Used Uniform Sale is a fundraiser held three times a year (mid-August, fall, and early spring). Sale dates are the only opportunity to buy gently used uniform items for \$5 each.

Dining for Dollars

Wednesday Oct. 12 from The Italian Place—Dinner to Go! Order dinner for 4 for only \$49. Dinner includes garlic bread, salad, tiramisu, and either lasagna or eggplant. You heat and serve it at home. Ordering is open NOW: <u>bit.ly/OLGC-</u> <u>Dining4Dollars-Oct</u>. **Deadline to place an order is Tuesday, October 11 at 12:00 pm.** Pick up dinner on Wednesday October 12th at OLGC School. School families will pick up during the afternoon carpool between 2:30—3:15 pm in front of the school. Parish & ECAP families can pick up their meals by the Counsel Room doors 3:30—5pm. 15% of your purchase will come back to OLGC.

St. Paul VI Catholic High School Open House

St. Paul VI Catholic High School invites all middle school families to their Open House on **Sunday, October 16, from 1 – 4 p.m.**

Come see how students grow spiritually, intellectually, personally, socially, and physically according to the teachings of the Gospel and St. Francis de Sales.

The school offers a challenging academic curriculum, distinguished performance and fine arts programs, outstanding sports, and wide-

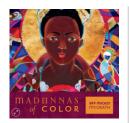


ranging extracurricular activities while fostering a sense of community and dedication that encourages students to be extraordinary.

Paul VI's new, 21st-century campus on 68 acres is at 42341 Braddock Rd, Chantilly, VA. For more information, visit <u>www.paulvi.net</u> or call 703-352-0925.

Diocesan & Community Events

Madonnas of Color Lecture by Br. Mickey McGrath, OSFS



St. John Neumann's Racial Justice Ministry will host Brother Mickey McGrath as he shares his own paintings and stories in a celebration

of Mary, our Blessed Mother on Friday, October 14, 2022, 7:00pm, St. John Neumann, in Reston Please register at this link <u>bit.ly/3qEW2zq</u>.

UPCOMING DIOCESAN EVENTS

Visit arlingtondiocese.org/all-events for details

Mass for People with Disabilities October 9 | 11 a.m.

St. Andrew the Apostle Concert October 9 | 4:00 p.m.

Exalt: An Evening of Worship October 10 | 7 - 8:30 p.m.

Praise and Worship Holy Hour for Healing and Conversion in Families with Bishop Burbidge October 11 | 7:15 p.m.

Young Adult Retreat: Finding Jesus with Pier Giorgio Frassati October 14-16

Day of Prayer and Healing October 15 | 9:00 a.m.

Saint Mary Magdalene Drama

"Saint Mary Magdalene—At the Feet of Jesus," a onewoman drama about repentance and God's mercy, comes to St. Leo the Great Catholic Church on Saturday, October 22. Biblically-based, the story shines a reverent light on this



great saint who remained at the foot of the cross and announced the Resurrection. Catholic performing artist Nancy Scimone portrays Mary Magdalene. Recommended for ages 10 through adult. \$10 per person for dinner and play, or \$5 for play only. Dinner is at 6:15 PM; Play begins at 7:30 PM. Tickets are available at the event. or reserved by emailing

carolynsmith.stleos@gmail.com 3700 Old Lee Highway, Fairfax, in the school gym.(MaryMagdaleneDrama.com)

An Introduction to the Devout Life by St. Francis de Sales

New Podcast with Fr. Gregory Pine, O.P. and Fr. Jacob Bertrand Janczyk, O.P. Starting October 24, join Fr. Gregory Pine, O.P. and Fr. Jacob Bertrand Janczyk, O.P. as they read and explain An Introduction to the Devout Life by St. Francis de Sales in the first season of Ascension's NEW podcast! ascensionpress.com/pages/catholicclassics.

Informacion Parroquial en español

Preguntas o sugerencias, ofrecer misas, pedir oración durante la misa por recién fallecidos, funerals, comuníquese con Maria Romero 703.896.7419, mromero@olgcva.org

EL SEÑOR DICE, "Estoy haciendo algo nuevo."

El almuerzo para las personas de la tercera edad: será este jueves 30 de octubre. Debe de registrase para asistir vía correo electrónico llamando a Dagny at 703-281-5525, vía correo electrónico seasonedcitizens@olgcva.org o en seasonedcitizens@olgcva.org.

Noche de Los Micrófono Abierto este viernes 14 de octubre a las 7pm en el salón De Sales. Disfrute del talento de otros feligreses y/o tómese una oportunidad para mostrar sus talentos.

Entrenamiento para Ministros Eucarísticos en inglés -Alimenta el Rebaño. Experimente la recompensa y la satisfacción de hacer crecer su fe uniéndose al equipo de Ministros Extraordinarios de la Sagrada Comunión. Se llevará a cabo una sesión de capacitación el miércoles, 26 de octubre a las 7 pm en la Capilla. Qué manera tan maravillosa de asistir a la misa y al mismo tiempo retribuir en servicio al Señor distribuyendo la Comunión a los miembros de la nuestra comunidad. Si está interesado en asistir a la sesión, comuníquese con Cheryl Jones en cjones@olgcva.org o www.olgcva.org/liturgy-worship/liturgical-ministries/ ministry-form antes del lunes 24 de octubre.

Próximos Eventos Diocesanos:

Misa para personas con discapacidades 9 de octubre 11 a. m, | Concierto San Andrés Apóstol 9 de octubre 4:pm, Exalt: Una noche de adoración 10 de octubre 7 - 8:30 p. m. | Alabanza y Adoración Hora Santa de Sanación y Conversión en familias con el obispo Burbidge 11 de octubre 7:15pm |Retiro de jóvenes adultos: Encontrando a Jesús con Pier Giorgio Frassatis 14 y 16 de octubre.

Visiten arlingtondiocese.org/all-events para más detalles sobre los eventos.

Una Introducción a la Vida Devota de San Francisco de Sales Nuevo Podcast con el P. Gregory Pine, OP y el Padre. Jacob Bertrand Janczyk, OP. A partir del 24 de octubre, únase al padre Gregory Pine, OP y el Padre. Jacob Bertrand Janczyk, OP con ellos leer y explicar la introducción a la vida devota de San Francisco de Sales en la primera temporada del Nuevo Podcast de Ascensión Press! ascensionpress.com/ pages/catholicclassics.

Confesiones en español durante el mes de octobre son el sábado 22 de 9: -9: 30 a.m. o de lunes a jueves únicamente con cita. Puede llamar para hacer una cita con el Padre Mateo al 703-938-2828 o envíe un correo electrónico a <u>frhillyard@olgcva.org</u>. No se escuchan confesiones los domingos antes o después de la misa.

Sacramento del bautismo de niños menores de 6 años: Comuníquese con Maria Romero 703.896.7419 welcome@olgcva.org Sacramento del bautismo: para Charlas de padres y padrinos deben inscribirse de antemano, una vez completada esta y entregado los documentos requeridos le confirmaremos su fecha del bautizo. <u>https://www.olgcva.org/sacraments/baptism</u>

Octubre es el Mes del Rosario: Únase a nuestra comunidad y reserve tiempo este mes para rezar el Rosario. Encuentre un momento tranquilo para concentrarse con el Rosario, o únase a otro feligreses en uno de los siguientes horarios: Domingos 9:10 am en inglés o a las 11:15 am en español en el Jardín de la Virgen (o Capilla en días de mal tiempo. Todos los días de semana después de la misa de 8:30 am -Capilla. Los jueves a las 6:50 pm - Rosario bíblico semanal por los cristianos perseguidos vía conferencia telefónica, al 609-746-1119; código de acceso: 726350 y los lunes a las 7:30pm vía Zoom. Comuníquese con Carlos Berrios <u>berrioscg@gmail.com</u>

Sacramento de matrimonio: comuníquese por lo menos 6 meses antes de la fecha del matrimonio.

Misa especial de aniversario de 25 o 50 años de matrimonio 2022:Todos los matrimonios celebrando su aniversarios de plata (25 años) y oro (50 años) están invitados a unirse a la Catedral de Santo Tomás Moro el 16 de octubre a las 3:pm para la Misa de Matrimonio, celebrado por el Reverendísimo Michael F. Burbidge, obispo de Arlington. Regístrese antes del 3 de octubre completando el formulario en <u>www.olgcva.org/n/~board/</u> <u>news/post/jubilarian</u> o llame a la oficina de la iglesia.

Ofrecer misas, pedir oración durante la misa por **recién fallecidos**, funerales, certificados sacramentales. El sacramento de La unción de los enfermos puede ser recibido por los ancianos, por quienes serán ingresados al hospital o por quienes están enfermos llame al 703-896-7419.

Libro de Intenciones: El libro de intenciones se encuentra en la entrada principal de la iglesia. El propósito de este libro es para pedir por nuestras intenciones personales, por los enfermos, por los que están vivos o fallecidos.

Catequesis: para niños, adultos y bautizó de niños mayores de 6 años, sacramento de la confirmación y comunión Comuníquese con Amy MacKinnon <u>amackinnon@olgcva.org</u> o 703-896-7426.

Proyecto de Alcance: La colecta de abrigos será el sábado 16 y 17 de octubre antes y después de todas las misas. Estaremos aceptando abrigos nuevos o usados en buena condición, para ayudar a personas de bajos recursos en nuestra comunidad. Este es el único fin de semana que se aceptaran los abrigos.

Fr. Kumar's Journey to the Holy Land

Our trip was packed and full. It is not for the faint of heart, it is not for the weak of knees (travel now while you can and not wait until you retire!), and it is not for the picky traveler.

JORDAN

Our trip started in Jordan and a few hours after we landed, we didn't waste much time in beginning our journey.

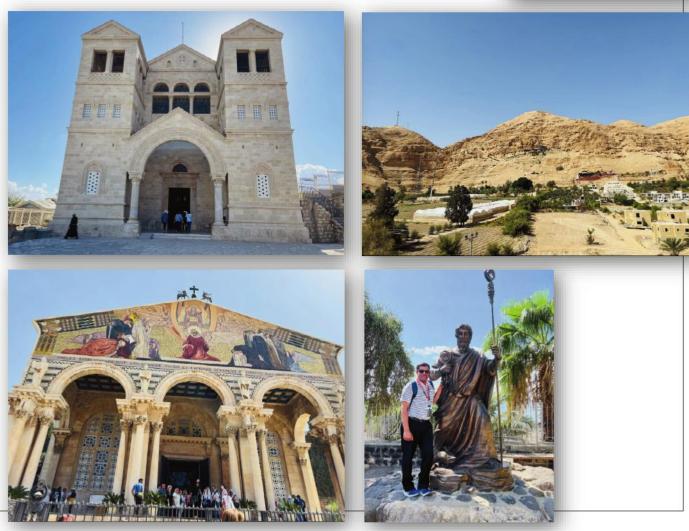
The highlights in Jordan were a visit to Mt. Nebo and Petra. Mt. Nebo was where Prophet Moses was granted the sight of the Promised Land, which he did not reach. The Israelites wandered the desert for 40 years and Moses died before they reached the place....

ISRAEL

We arrived at Golan Heights, checked into our hotel, and had a lovely supper. A good breakfast in the morning started the day off very well and began what would become an epic adventure. Our day began with a trip to the sea of Galilee known as "Lake Tiberias." We sailed on the Sea of Galilee. Yes, we sailed. We prayed. We danced on a wooden boat that since time immemorial was referred to as "the Jesus boat." Everyone showed off their dancing abilities. It felt like we were in an Irish Pub, even though we were all as sober as judges! We had the honor of hoisting and saluting the American flag...

READ THE FULL STORY ONLINE





7

Open Mic Night Next Friday

October 14, 7-10pm DeSales Hall

Open Mic Night is a free family-friendly event where anyone who would like to perform (music, song, poetry, storytelling, comedy, etc.) will find a friendly audience. Even if you don't want to perform, please come be part of audience and enjoy some great entertainment; performers love a good crowd. Light refreshments are provided, but folks are welcome to bring snacks/desserts to share.

Join us monthly in DeSales Hall 7pm to 10pm for a relaxed, informal evening of live performance and good fellowship. Some people come for just part a portion of the evening, so come when you can. They are usually held on the second Friday of the month.



October is the Month of the Rosary

Please join our OLGC community in setting aside time this month to pray the Rosary. Find a quiet time to center yourself with the Rosary, or join your fellow parishioners at one of the following times:

Sundays 9:10am (English)- Mary's Garden (or Chapel during inclement weather)

Sundays 11:15am (Spanish) - Mary's Garden (or Chapel during inclement weather)

All weekdays after 8:30am Mass - Chapel

Thursdays 6:50pm - Weekly Scriptural Rosary for Persecuted Christians by conference call dial 609-746-1119; access code: 726350



AEDs at OLGC

An AED (automated external defibrillator) is a lightweight and battery powered piece of medical equipment that can be potentially lifesaving. An AED is used to treat ventricular fibrillation, the most common cause of sudden cardiac arrest. Anyone is a potential victim of



sudden cardiac arrest, man or woman, young or old. Survival of a sudden cardiac arrest is related to how quickly a victim is defibrillated. AED units are seen in most public places such as libraries, swimming pools, airports, shopping malls... and OLGC.

OLGC has six AED units located in the following areas:

- Narthex of the Church (close to De Sales Hall)
- DeSales Hall lower level in the preschool, Room E
- St. Joseph Center (in the stairwell to the second floor)
- School outside the Health Clinic (close to the main entrance)
- School outside the gym
- School, 2nd floor, by the elevator close to the resource and math rooms

These AED units are only lifesaving if people are trained in CPR and AED use. Trained responders are the key to potentially saving another person's life. Consider enrolling in a CPR/AED class soon!



Pre-order your wreaths now!

OLGC's Boy Scout Troop 976 will conduct their annual sale of festive Christmas wreaths. The wreaths are \$30 each and usually sell out quickly—the Troop recommends preordering early this year to ensure you get one!

The beautiful greenery we select is fresh from a Maryland farm, and the proceeds help keep dues accessible for many members of our Troop. For more information, please visit www.olgc976.org/node/5763



SEASONED CITIZENS' LUNCHEON – Prosit! Oktoberfest is here, and although we can't celebrate it in Munich, the same warm feeling of fellowship will be evident on

Thursday, October 20 at Noon in DeSales Hall. Heidi and her wonderful kitchen volunteers are planning a festive menu to mark this seasonal feast for OLGC seniors. There'll be roast pork tenderloin, sauerkraut, roasted



Seasoned Citizens' Luncheon October 20

potatoes, carrots, an Autumn green salad, and assorted apple-based desserts. There is no charge. RSVP online at <u>bit.ly/SeasonedCitizensOctober</u>, e-mail Dagny at <u>seasonedcitizens@olgcva.org</u>, or call her at 703-281-5525.

The Book Swap Table will be available again. Donate a book or two and take some new ones home with you. Jigsaw puzzles are popular as well, but nothing else, please.

NEW DOMINION CHORALE – Here is a wonderful opportunity to hear an outstanding musical group present Rossini's "Petite Messe Solennelle" on **Sunday, October 23** at 4:00 pm at Schlesinger Hall, 4915 Campus Dr, Alexandria, Virginia. The performance will feature dazzling soloists from the Metropolitan Opera. Tickets can be purchased at the door on the day of the performance, \$20-\$35. If you're a music lover, don't miss this magnificent performance!

BREAKFAST BUFFET NEXT SUNDAY – Plan on attending this monthly event arranged by the American Legion Auxiliary next **Sunday, October 16,** at the American Legion Hall located at 330 Center St. N. in Vienna. It's probably the best bargain in town, featuring an array of many different items on the menu: eggs any way you like them, made to order omelets, sausage, blueberry pancakes, biscuits with sausage gravy, bacon, and fruit. There's a Mimosa waiting for adults, orange juice, milk, and coffee. It's an all-you-care-to-eat buffet. The cost is \$12 for adults, \$5 for children 12 and under, payable at the door. You'll see familiar faces there, parking is free and plentiful, and the food delicious! For 8 or more, please call 703-409-3564. All proceeds from this event are used to send high school students to the American Legion Girls State program.

CARFIT EVENT – This is an educational program that offers older adults the opportunity to check how well their personal vehicles "fit" them. It's an individualized, personal instruction to educate drivers on how to best position themselves, by adjusting the car's safety features to maximize their safe driving experience. CarFit uses a 12point checklist to verify the driver's awareness of the car's safety features and operator controls. It's performed on the driver's car. A trained technician will work with each participant to ensure they "fit" their vehicle properly for maximum comfort and safety. A CarFit check takes about 20 minutes to complete. There's no charge. It will take place **on Wednesday, October 12** from 9 am-12 pm in the Vienna Volunteer Fire Department Parking Lot and is sponsored by Vienna Parks and Recreation. Call 703-255-7801 to reserve a spot.

OPEN MIC NIGHT – You've probably read about this event in our church Bulletin, but I wanted to explain in greater depth what an evening like this is like. It takes place right here at OLGC for people of all ages, where anyone who would like to perform (music, song, poetry, storytelling,

comedy, etc.) will find a friendly audience. In case you're wondering, you don't have to perform to attend! It's also for those of us, no matter how old we are, who would like to enjoy a relaxed,



informal evening of good fellowship and live entertainment. It's usually held on the second Friday of each month in DeSales Hall and runs from 7-10 pm. The next Open Mic Night will be on **Friday, October 14**; there is no charge.

Light refreshments are provided, but folks may bring snacks/desserts to share. You're welcome to stay the entire evening or for a shorter time. Performers need an audience, that's when they're at their best! Some of our parishioners who qualify as "seniors" have told me how much they've enjoyed it. If you haven't attended, now is a good time to give it a try!

ANOTHER TRIP – Vienna Parks and Recreation invites you to hop on a comfortable tour vehicle and relax as you journey through history. You'll be visiting Arlington National Cemetery, an enduring tribute to those who've dedicated their lives to defending the ideals of our nation. You'll learn about the cemetery's history, the heroes who rest there, and other stories from a knowledgeable guide. Tour stops include the John F. Kennedy gravesite, Tomb of the Unknown Soldier, Arlington House, and the Iwo Jima Memorial. Lunch will be on your own at the Village of Shirlington. All of this will take place on **Wednesday**, **November 9** from 9 am-3 pm. The fee is \$55 for Vienna town residents; \$68.75 for everyone else. Register online at the Vienna Community Center via your WebTrac account, or visit to do it in person.

Elder Wisdom It's those small daily happenings that make a day spectacular.



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