What to Bring

- Full Hockey Gear and Stick
- Water Bottle
- Clothing Appropriate for Physical Activity – Shorts, T-Shirt, Sweatshirt, Sweatpants, and a Good Pair of Running Shoes
- Towels for Bathing
- Toiletries & Personal Items
- Sleeping Bag OR Twin Sheets (Long), Blanket, Pillow
- Fan (Recommended)
- Spending Money (Average $50.00 - $75.00 per week)
- Roller Blades (Optional)
- Alarm Clock
- Inexpensive Wristwatch
- Sunscreen
- Bug Spray (Optional)
- Bedside Flashlight (Optional)