



# December 2022/January 2023 Elementary School Lunch Menu



Hampton Township School District

Monday	Tuesday	Wednesday	Thursday	Friday
5 <u>Chicken Patty on a Bun</u> Or <u>Alternate Entree</u>  <u>Choice of Milk</u>  <u>Steamed Mixed Veggies</u>	6 <u>Chicken Soft Taco</u> Or <u>Alternate Entree</u>  <u>Choice of Milk</u>  <u>Steamed Corn</u>	7 <u>Pasta with Meat Sauce and a Breadstick</u> Or <u>Alternate Entree</u>  <u>Choice of Milk</u>  <u>Steamed Green Beans</u>	8 <u>Cheeseburger on a Bun</u> Or <u>Alternate Entree</u>  <u>Choice of Milk</u>  <u>Steamed Broccoli</u>	9 <u>Big Daddy's Pizza</u> Or <u>Alternate Entrée</u>  <u>Choice of Milk</u>  <u>Ranchero Carrots</u>
12 <u>Meatball Hoagie</u> Or <u>Alternate Entree</u>  <u>Choice of Milk</u>  <u>Smiley Fries</u>	13 <u>Nacho Grande</u> Or <u>Alternate Entree</u>  <u>Choice of Milk</u>  <u>Steamed Corn</u>	14 <u>Toasted Cheese</u> Or <u>Alternate Entrée</u>  <u>Choice of Milk</u>  <u>Tomato Soup</u>	15 <u>Macaroni and Cheese</u> Or <u>Alternate Entree</u>  <u>Choice of Milk</u> <u>Steamed Peas</u> <u>Holiday Cookie</u>	16 <u>Homemade Cheese Pizza</u> Or <u>Alternate Entrée</u>  <u>Choice of Milk</u>  <u>Steamed Green Beans</u>
19 <u>BBQ Ribby on a Bun</u> Or <u>Alternate Entree</u>  <u>Choice of Milk</u>  <u>Baked Beans</u>	20 <u>Pierogi Meal</u> Or <u>Alternate Entree</u>  <u>Choice of Milk</u>  <u>Side Garden Salad</u>	21 <u>Mini Corn Dogs</u> Or <u>Alternate Entrée</u>  <u>Choice of Milk</u>  <u>Steamed Green Beans</u>	22 <b>Winter Break</b>	23 <b>Winter Break</b>
2 <b>Winter Break</b>	3 <u>Cheeseburger on a Bun</u> Or <u>Alternate Entree</u>  <u>Choice of Milk</u> <u>Sweet Potato Puffs</u>	4 <u>Yogurt Parfait with Cheese Stick and Belly Bears</u> Or <u>Alternate Entree</u>  <u>Choice of Milk</u> <u>Red Pepper Strips</u>	5 <u>General Tso's Chicken with Rice</u> Or <u>Alternate Entree</u>  <u>Choice of Milk</u> <u>Steamed Broccoli</u>	6 <u>Big Daddy's Pizza</u> Or <u>Alternate Entree</u>  <u>Choice of Milk</u>  <u>Steamed Corn</u>



Lunch Prices

Lunch	\$2.50
Reduced Lunch	\$0.40
Adult	\$3.75

**ALL ENTREES Include:  
FRUIT + VEGETABLES + MILK**

**\*MENU IS SUBJECT TO CHANGE BASED ON PRODUCT AVAILABILITY**

### Daily Alternative Entrees

- #2 Peanut Butter and Jelly with a Cheese Stick
- #3 Talbot Salad with Dinner Roll (Ham & Cheese Cups)
- #4 Chicken Tenders with a Dinner Roll



### Daily Fruit & Vegetable Choices

Choices May Include:  
 (Local Choices Available in Season)  
 Apples, Bananas, Grapes, Oranges, Apple Sauce, Cinnamon Apple Sauce, Mixed Fruit, Mandarin Oranges, Peaches, Baby Carrots, Broccoli, Cauliflower, Cucumbers, Celery, Spring Salad  
 100% Fruit Juice Also Available Daily



### rBST Hormone Free Milk

1% White  
 Fat Free Choices May Include:  
 White, Chocolate, Vanilla & Strawberry  
 Lactaid White Milk Available Upon Request



Menu is subject to change.

