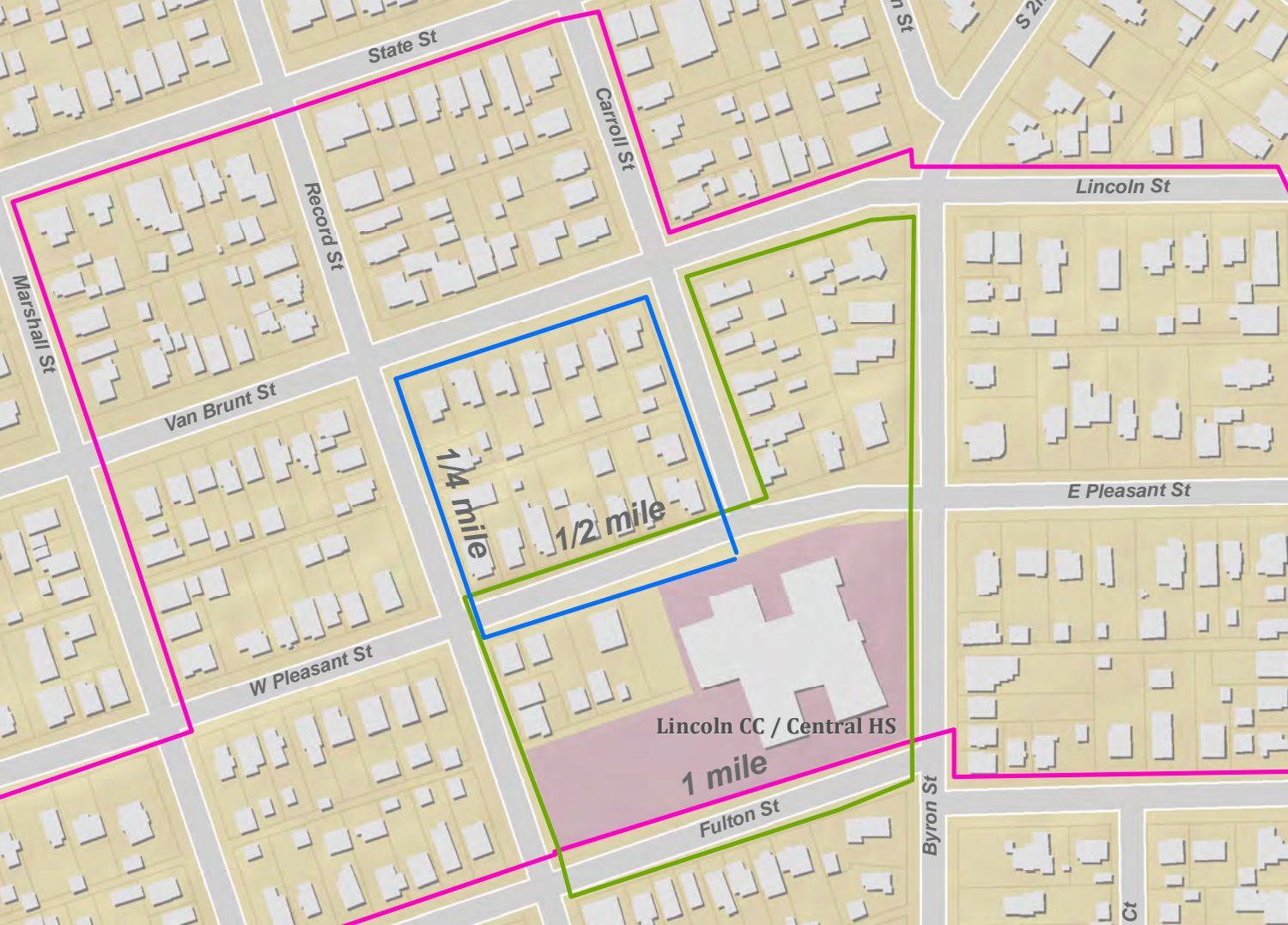






# Central Freedom and Central High School Wellness Walking Map



Distance	Easy Health Walk (3mph)	Moderate to Brisk Walk (4mph)	Fast Walking (6mph)
1/4 mile	5 min	4 min	2.5 min
1/2 mile	10 min	7.5 min	5 min
1 mile	20 min	15 min	10 min





# Dakota Meadows Middle School Wellness Walking Map



Ringhofer Dr

Lancelot Ln

Exc

Elaine

Green Acres Dr

Crown Dr

Kingsway Dr

Sheffield Way

Dakota Meadows Middle School

1/4 mile

1 mile

1/2 mile

W Howard Dr

Lookout Dr

Caswell Park

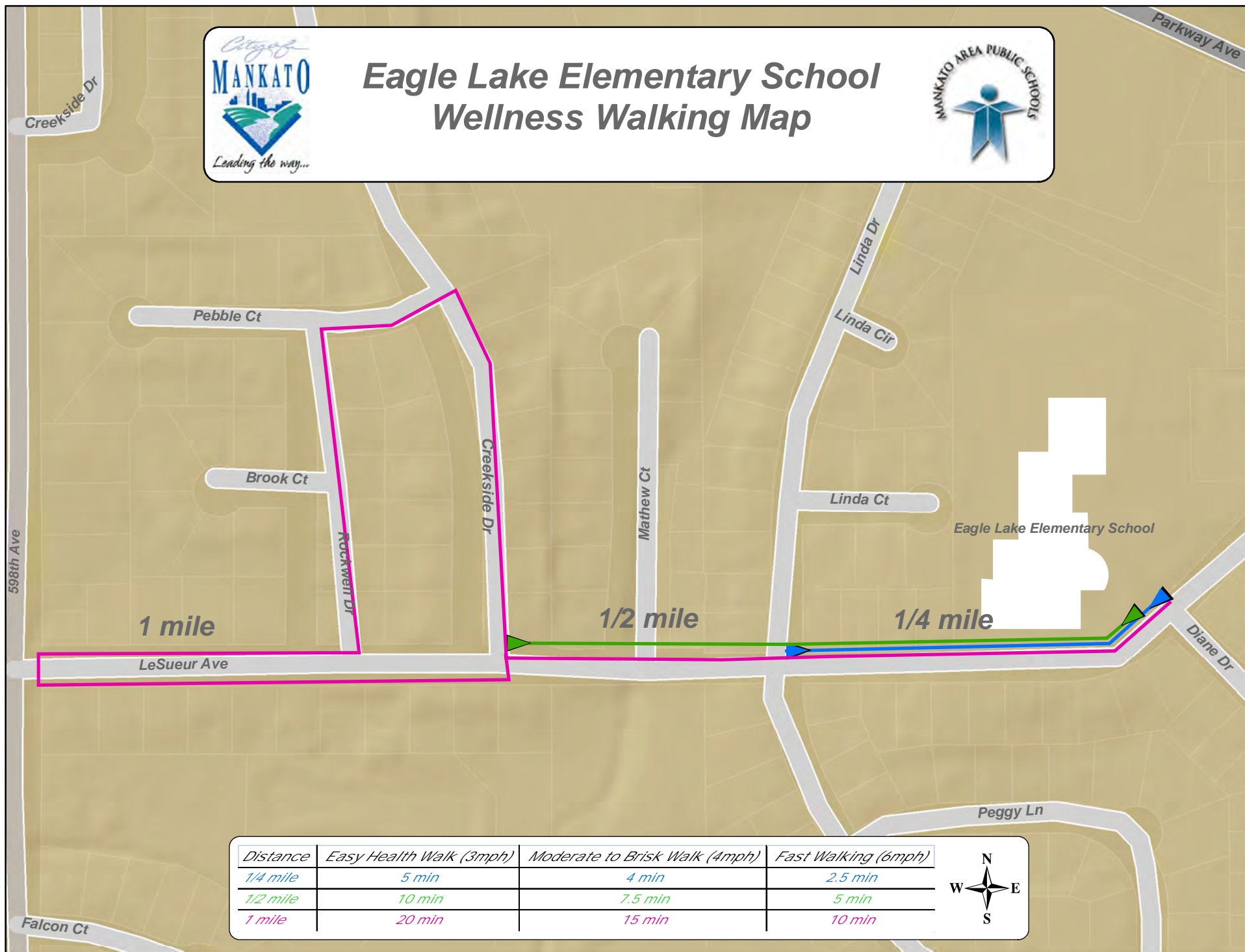
Distance	Easy Health Walk (3mph)	Moderate to Brisk Walk (4mph)	Fast Walking (6mph)
1/4 mile	5 min	4 min	2.5 min
1/2 mile	10 min	7.5 min	5 min
1 mile	20 min	15 min	10 min







# Eagle Lake Elementary School Wellness Walking Map



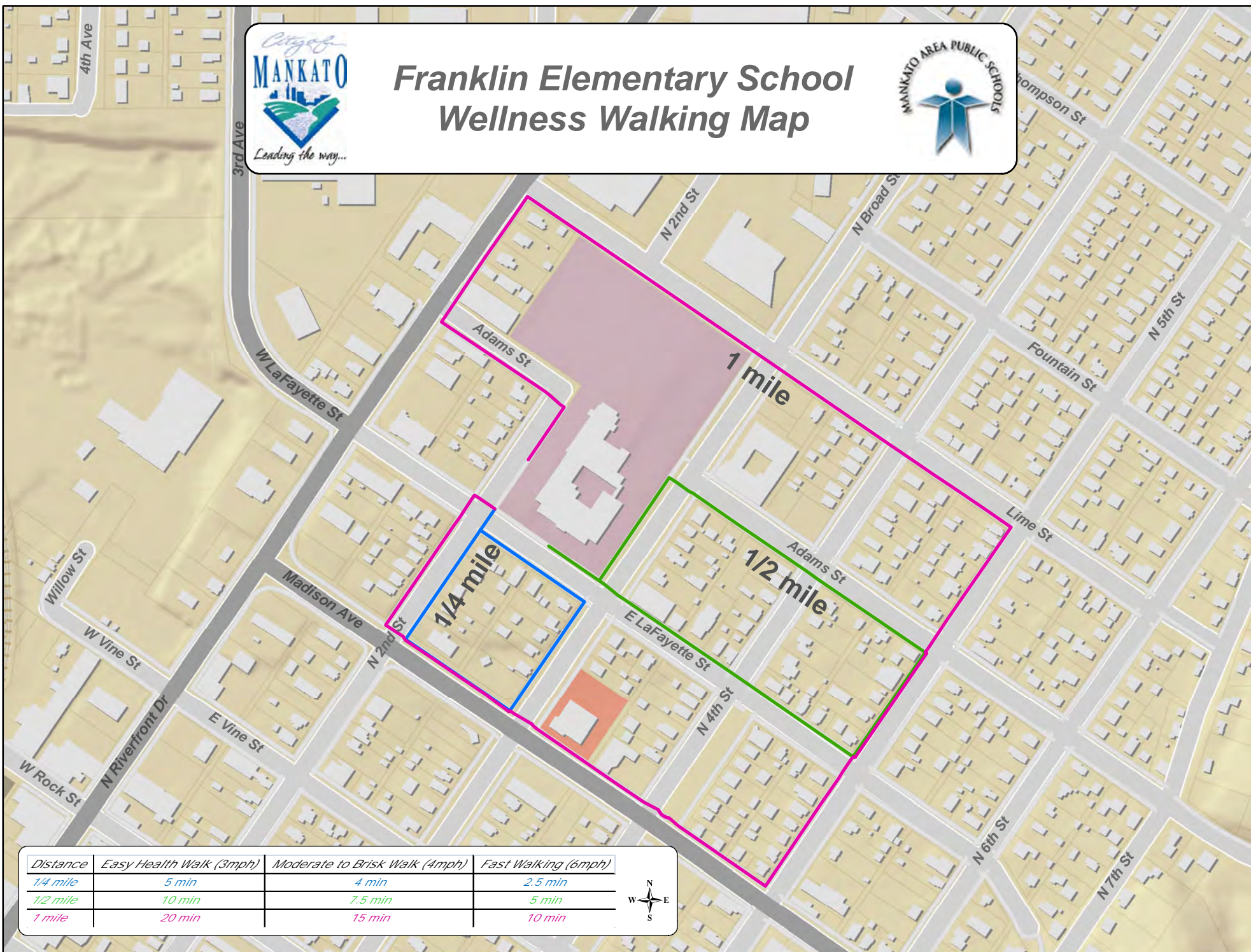
Distance	Easy Health Walk (3mph)	Moderate to Brisk Walk (4mph)	Fast Walking (6mph)
1/4 mile	5 min	4 min	2.5 min
1/2 mile	10 min	7.5 min	5 min
1 mile	20 min	15 min	10 min







# Franklin Elementary School Wellness Walking Map

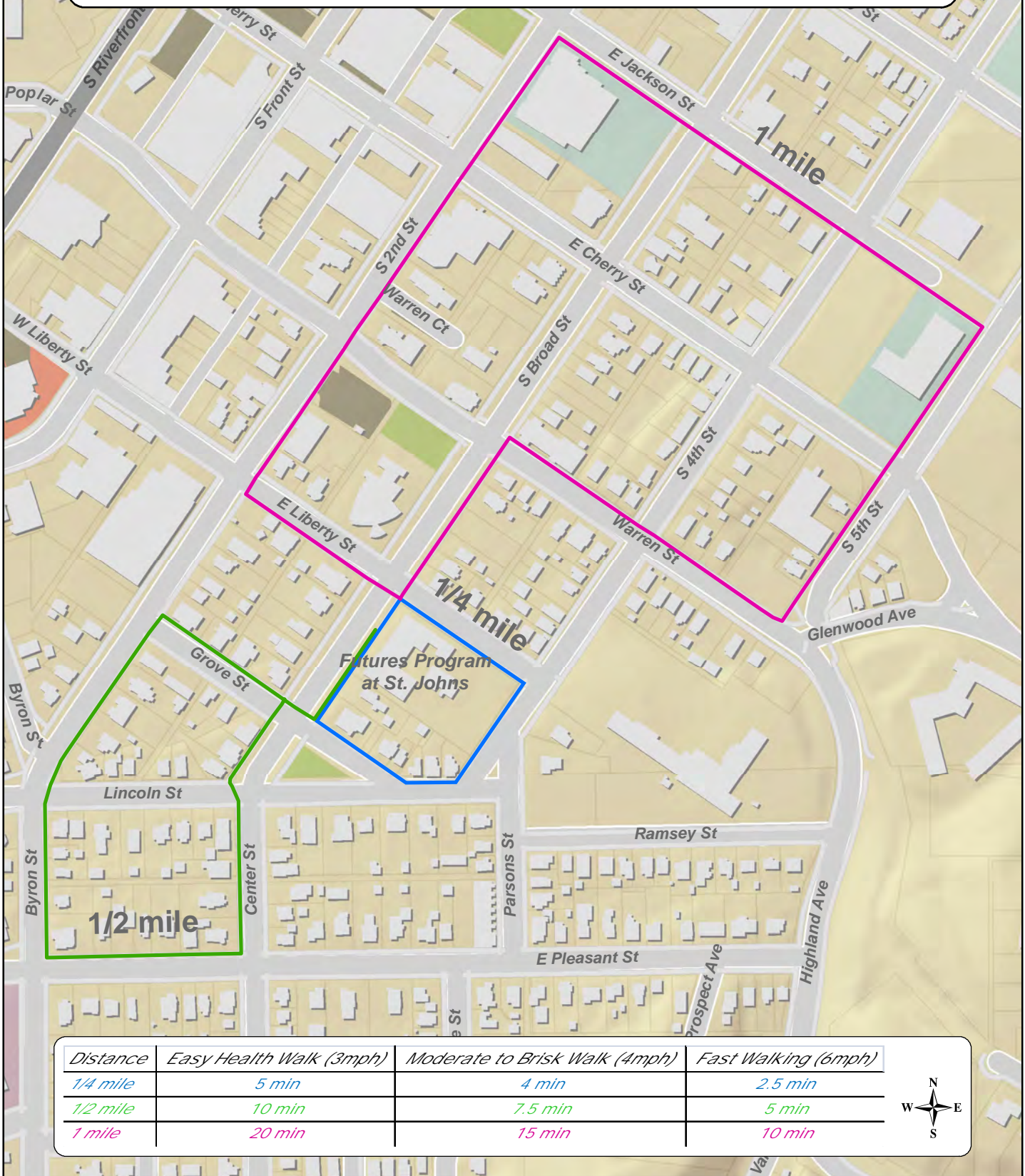


Distance	Easy Health Walk (3mph)	Moderate to Brisk Walk (4mph)	Fast Walking (6mph)
1/4 mile	5 min	4 min	2.5 min
1/2 mile	10 min	7.5 min	5 min
1 mile	20 min	15 min	10 min



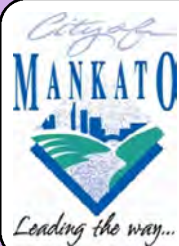


# Futures Program at St. Johns Wellness Walking Map

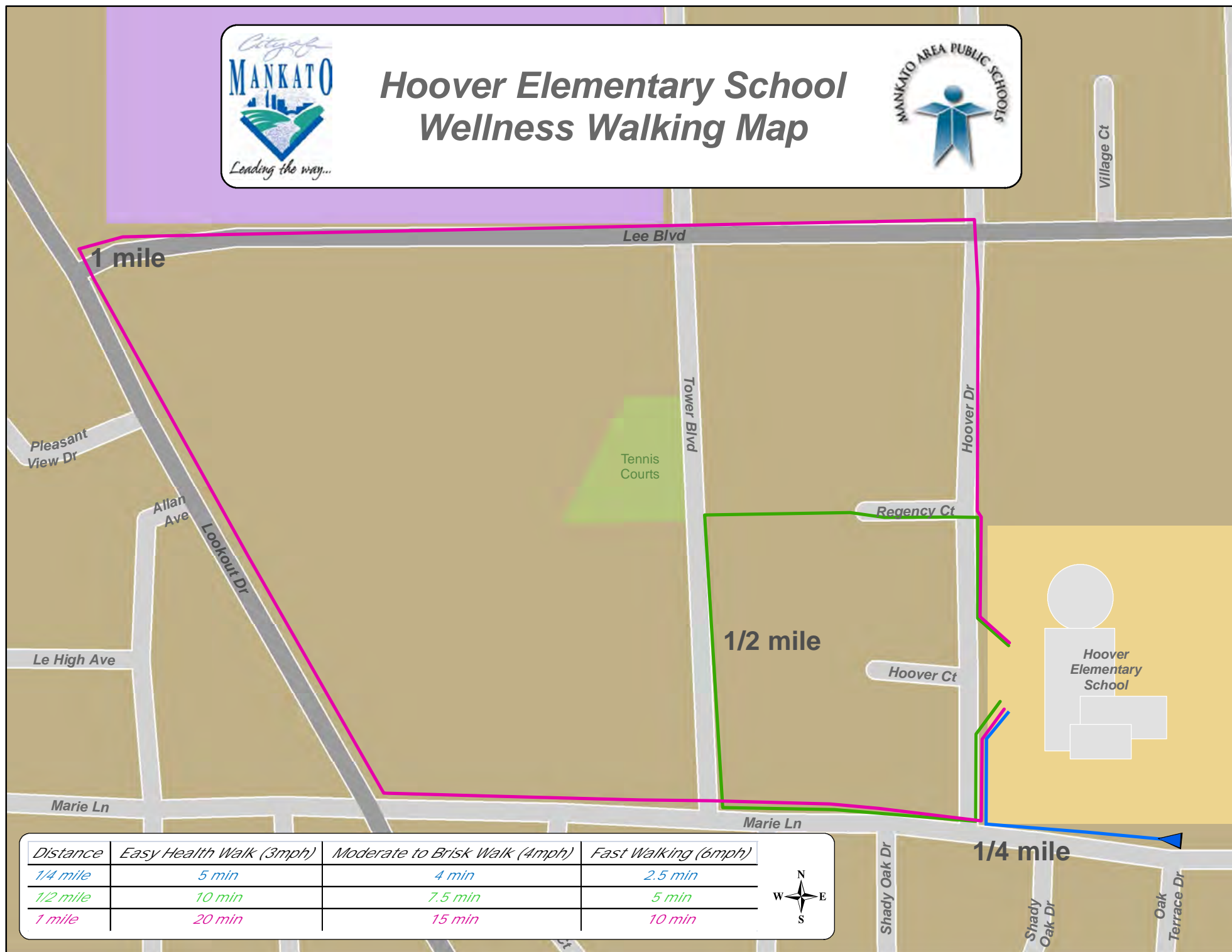


Distance	Easy Health Walk (3mph)	Moderate to Brisk Walk (4mph)	Fast Walking (6mph)
1/4 mile	5 min	4 min	2.5 min
1/2 mile	10 min	7.5 min	5 min
1 mile	20 min	15 min	10 min





# Hoover Elementary School Wellness Walking Map



Distance	Easy Health Walk (3mph)	Moderate to Brisk Walk (4mph)	Fast Walking (6mph)
1/4 mile	5 min	4 min	2.5 min
1/2 mile	10 min	7.5 min	5 min
1 mile	20 min	15 min	10 min

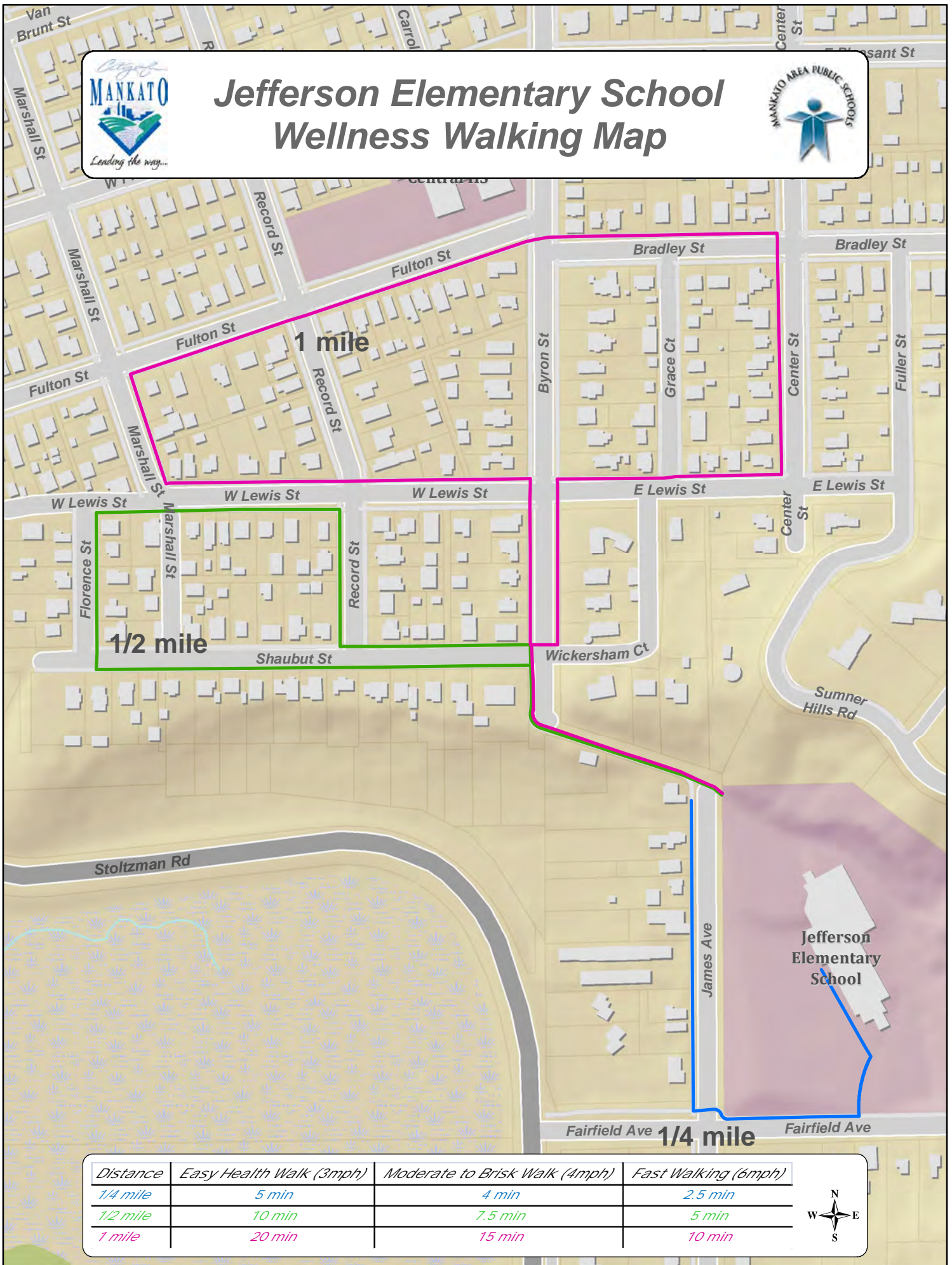


\*This information is to be used for reference purposes only. The City of Mankato does not guarantee accuracy of the material contained herein and is not responsible for misuse or misinterpretation.





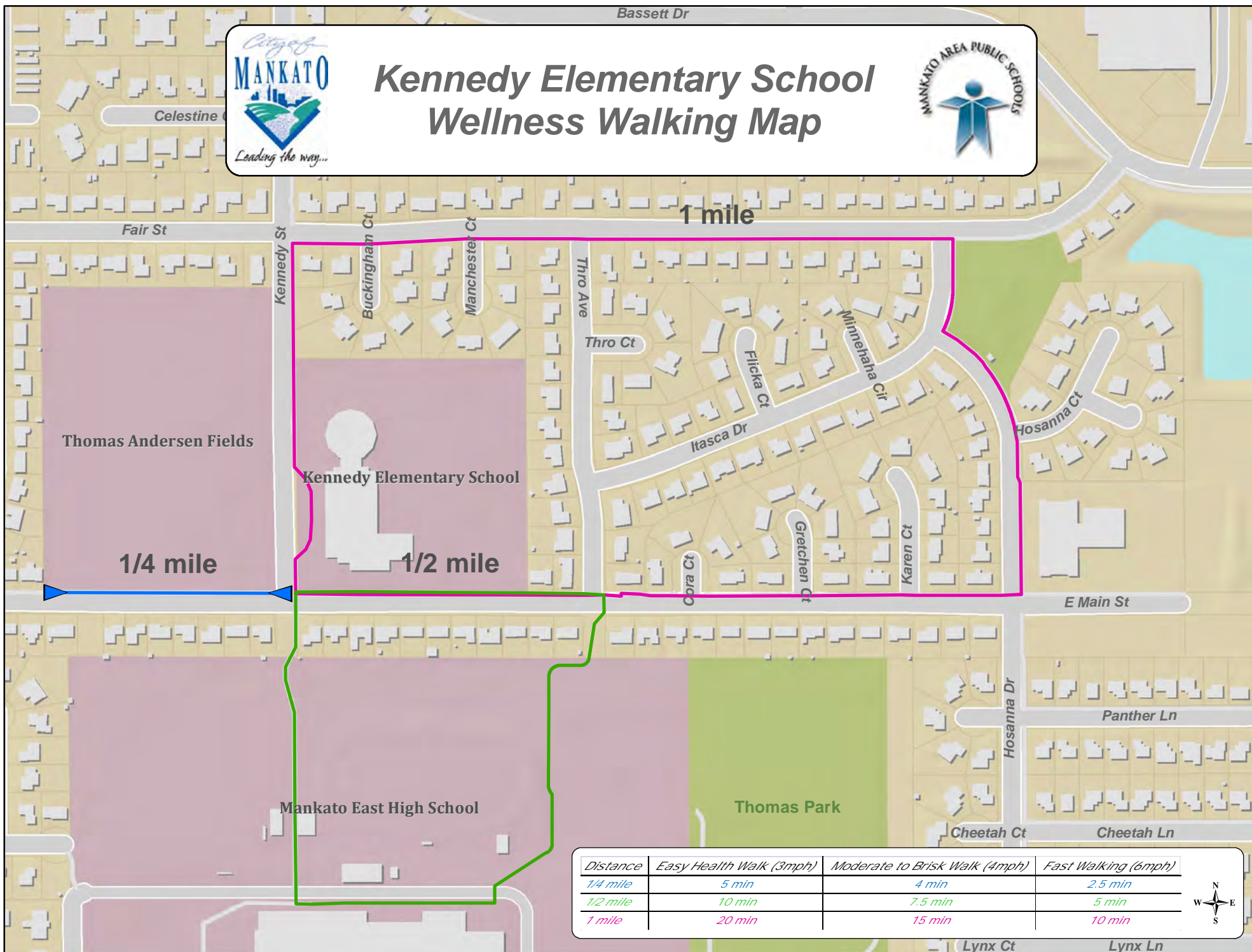
# Jefferson Elementary School Wellness Walking Map







# Kennedy Elementary School Wellness Walking Map

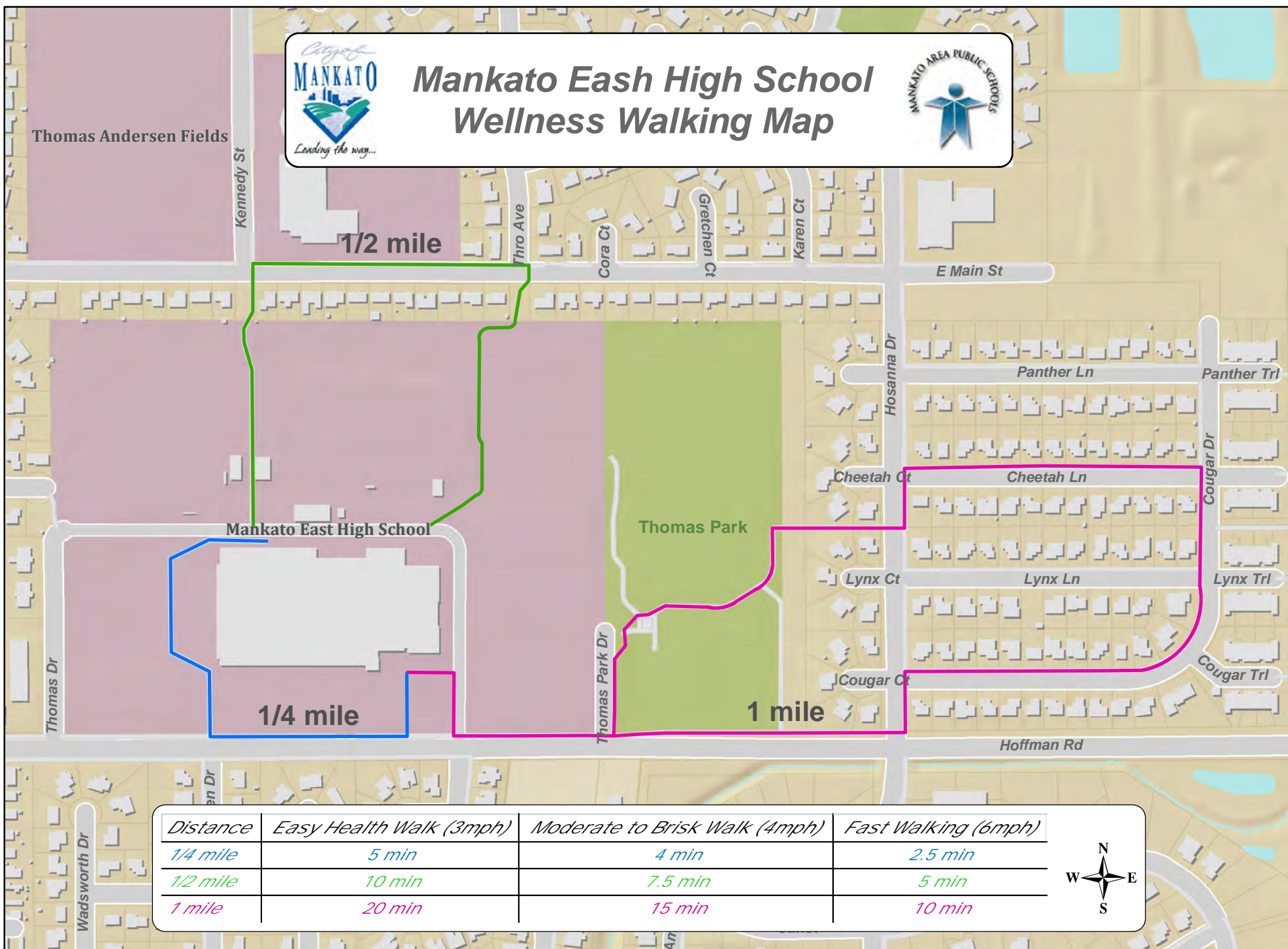


Distance	Easy Health Walk (3mph)	Moderate to Brisk Walk (4mph)	Fast Walking (6mph)
1/4 mile	5 min	4 min	2.5 min
1/2 mile	10 min	7.5 min	5 min
1 mile	20 min	15 min	10 min





# Mankato East High School Wellness Walking Map



Distance	Easy Health Walk (3mph)	Moderate to Brisk Walk (4mph)	Fast Walking (6mph)
1/4 mile	5 min	4 min	2.5 min
1/2 mile	10 min	7.5 min	5 min
1 mile	20 min	15 min	10 min

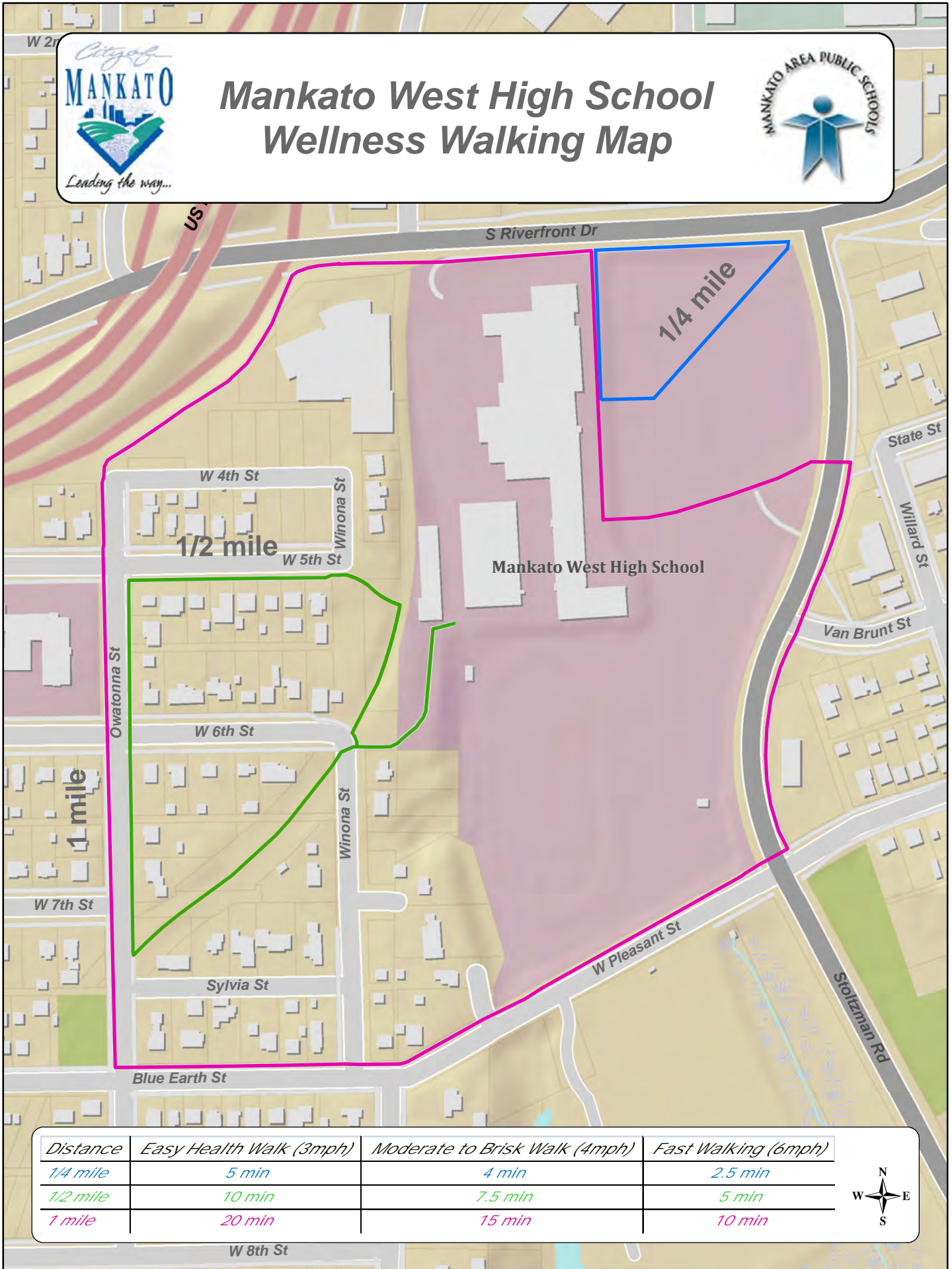


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# Mankato West High School Wellness Walking Map

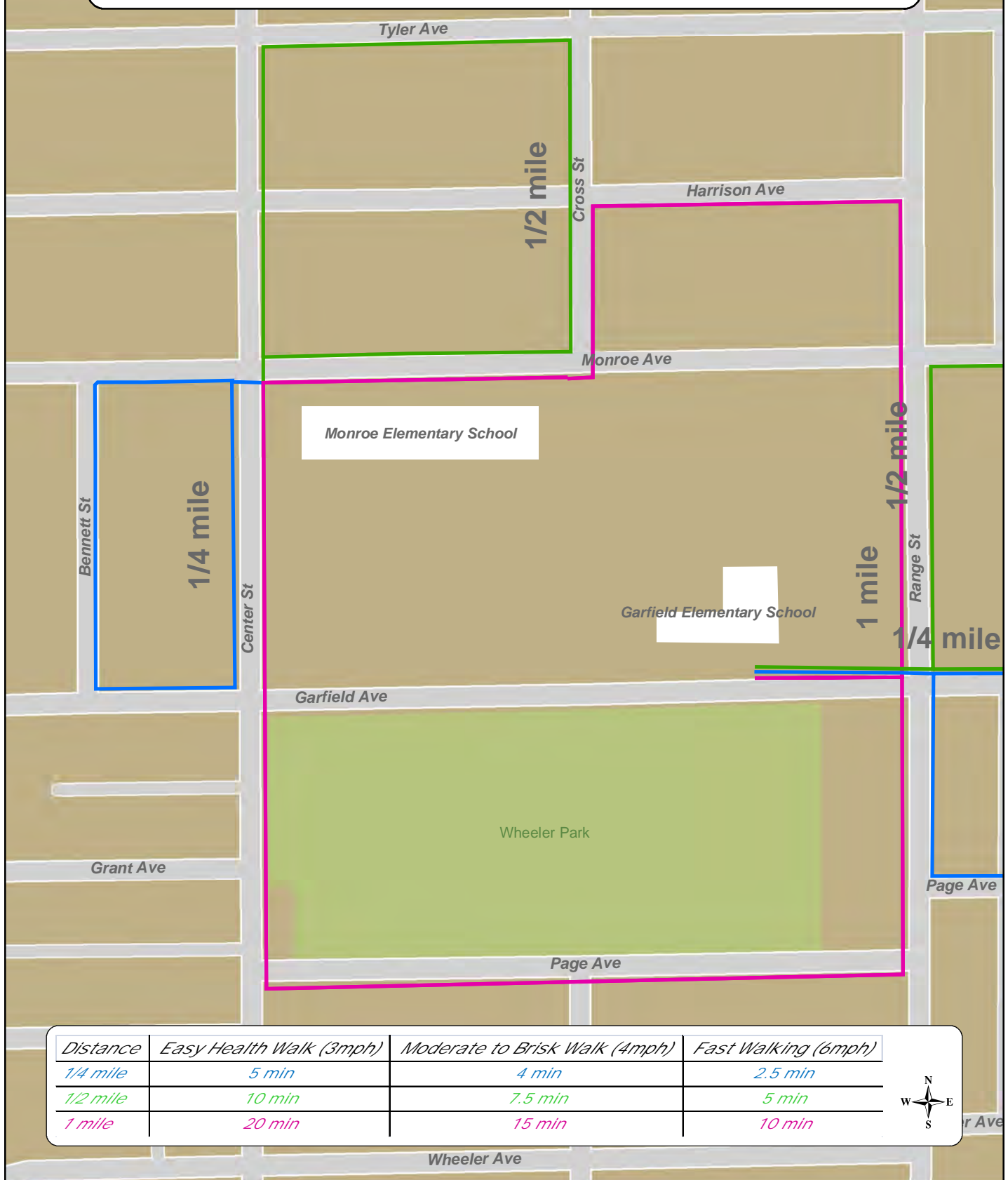


Distance	Easy Health Walk (3mph)	Moderate to Brisk Walk (4mph)	Fast Walking (6mph)
1/4 mile	5 min	4 min	2.5 min
1/2 mile	10 min	7.5 min	5 min
1 mile	20 min	15 min	10 min





# Monroe Elementary School Wellness Walking Map



Distance	Easy Health Walk (3mph)	Moderate to Brisk Walk (4mph)	Fast Walking (6mph)
1/4 mile	5 min	4 min	2.5 min
1/2 mile	10 min	7.5 min	5 min
1 mile	20 min	15 min	10 min

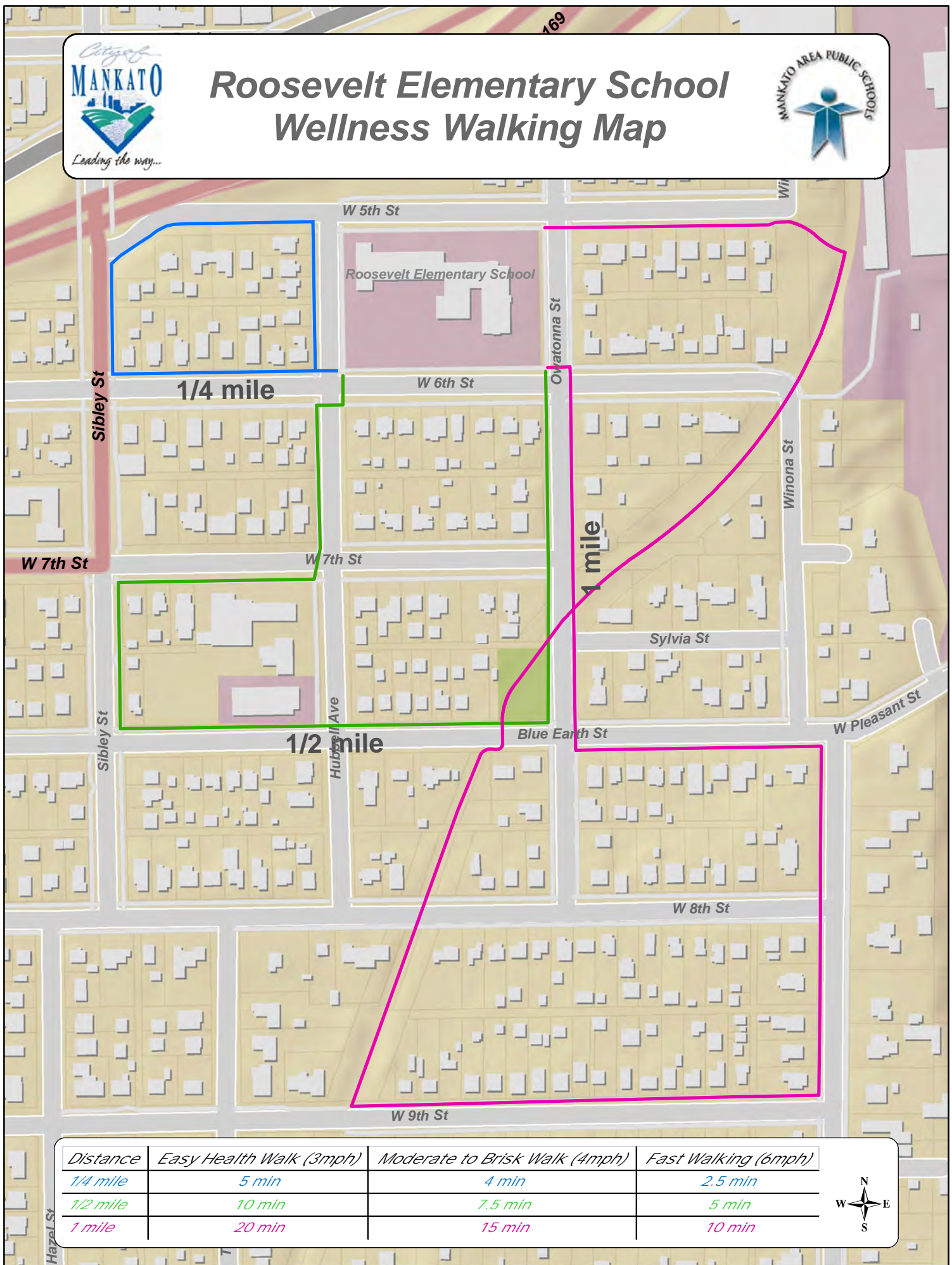


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# Roosevelt Elementary School Wellness Walking Map

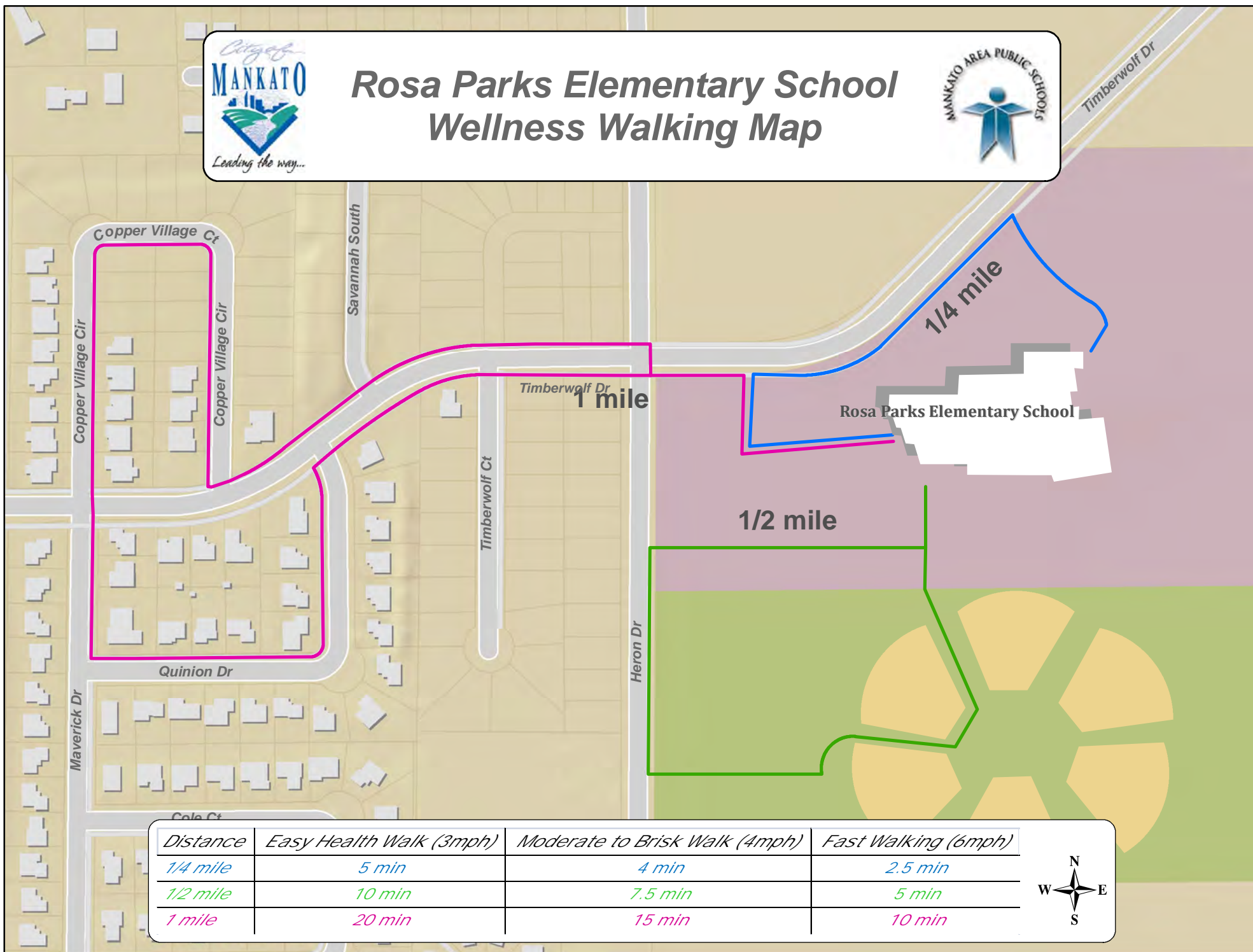


<i>Distance</i>	<i>Easy Health Walk (3mph)</i>	<i>Moderate to Brisk Walk (4mph)</i>	<i>Fast Walking (6mph)</i>
<i>1/4 mile</i>	<i>5 min</i>	<i>4 min</i>	<i>2.5 min</i>
<i>1/2 mile</i>	<i>10 min</i>	<i>7.5 min</i>	<i>5 min</i>
<i>1 mile</i>	<i>20 min</i>	<i>15 min</i>	<i>10 min</i>





# Rosa Parks Elementary School Wellness Walking Map



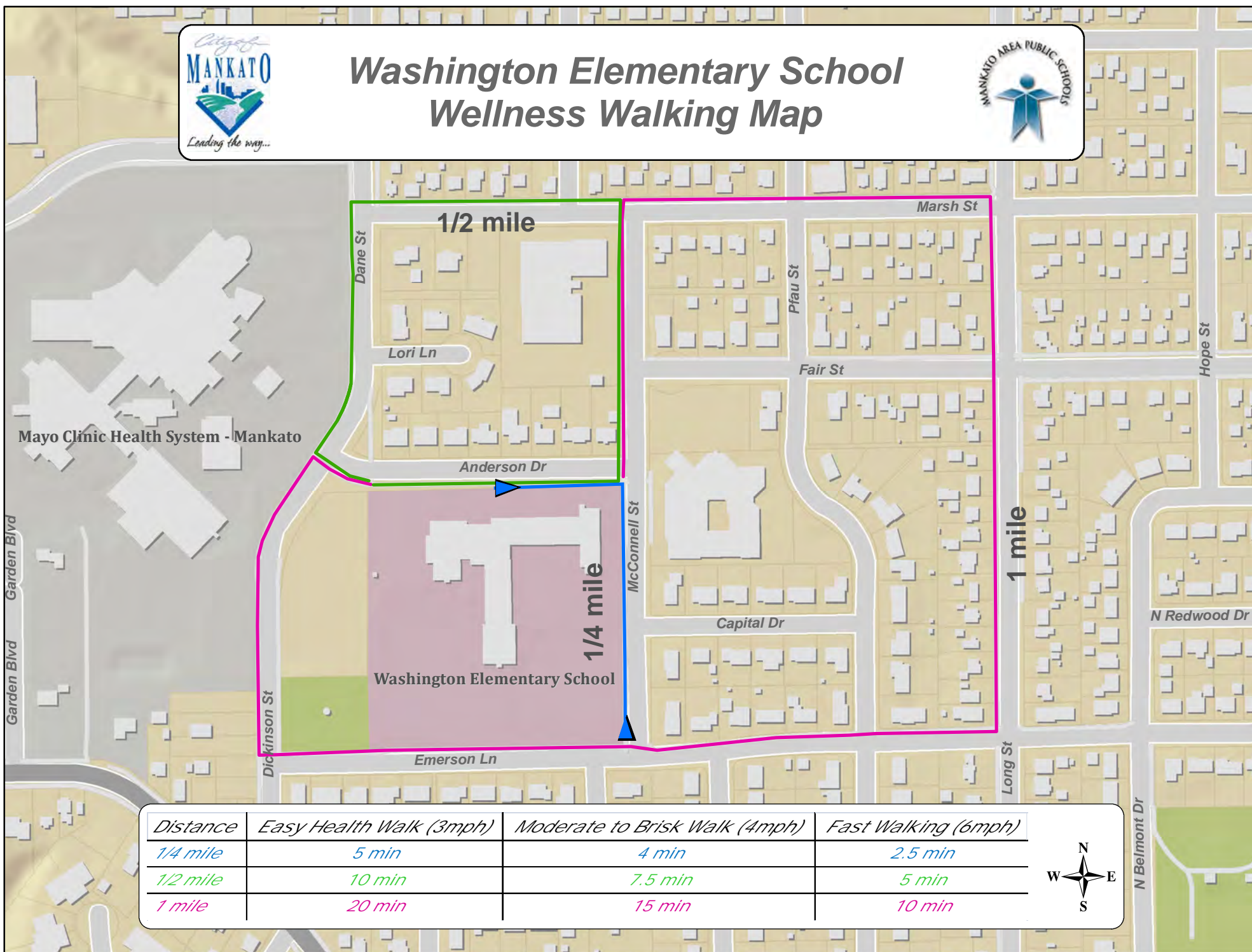
Distance	Easy Health Walk (3mph)	Moderate to Brisk Walk (4mph)	Fast Walking (6mph)
1/4 mile	5 min	4 min	2.5 min
1/2 mile	10 min	7.5 min	5 min
1 mile	20 min	15 min	10 min







# Washington Elementary School Wellness Walking Map



Distance	Easy Health Walk (3mph)	Moderate to Brisk Walk (4mph)	Fast Walking (6mph)
1/4 mile	5 min	4 min	2.5 min
1/2 mile	10 min	7.5 min	5 min
1 mile	20 min	15 min	10 min