

Team AngelWolf Community Inclusive Activities

As well as participating in races with inclusion, Team AngelWolf also provides a platform of regular free, community, inclusive activities - this is for everyone, whatever your age or ability.

Team AngelWolf Community Inclusive Activities is not about volunteering, it's about participating 'together' with inclusion, as equals, as a community-Inclusive Impactivity!

Some of our monthly activities include:

Beach Blast

Once a month, on a Friday afternoon, at Fairmont The Palm, we invite children of all ages and abilities to participate in the program, on an equal level; an opportunity for children (& parents!) to create true inclusion and make new friends, with lots of natural, active play and fun, to be enjoyed 'together' at the beach.

The program also involves our floating wheelchairs that can be easily transported from the beach to the sea and float in water; giving People Of Determination who use wheelchairs accessibility to the beach/sea and an exciting, fun outdoor experience for all, as part of a community,-inclusive activity. We use the chairs to create interaction, games and fun team races on the beach and in the sea.

WolfPack Climb

Once a month, on a Tuesday afternoon, we create an opportunity to experience indoor rock climbing, as a community, 'together' with inclusion, at Mountain Extreme.

Where we invite children/adults with and without disabilities, to experience indoor climbing together in small groups. It is all about teamwork and helping each other in games; from identifying equipment (helmet, harness, shoes, etc), getting used to the sensory of the equipment, to climbing activities where everyone has a role to support each other, figuring out routes and to keep each other safe AND most importantly have fun!

WolfPack Bounce

Once a month, on a Tuesday afternoon, we invite children with and without disabilities to come together and enjoy an hour of bouncing at BOUNCE community inclusion at its best, using active fun, adventure and teamwork in a perfect playground, helping and motivating each other to develop and practice skills; be it your team assisting you to experience the sensation of bouncing or learning to jump or mastering your first flip into the Big Bag or learning how to run The Wall the ultimate place to get a taste of fun, adventure, freedom, freestyle and inclusion, whatever your ability, 'together' as a community!

WolfPack Walks & Party In The Plaza

This is once a month, on a Sunday afternoon, where we have an open community invite for individuals and families of all ages and abilities to join us at The Sustainable City, where we do a group walk of inclusion for 1 kms around the beautiful grounds of The Sustainable City. At the end of the walk, we celebrate with a party in the TSC plaza, enjoying a special performance of inclusion by talented community performers! Then we share a group, community, inclusive picnic. An afternoon of true Inclusive Impactivity!

ClimbWithRio World Tour

This is once a month, a free virtual community-inclusive challenge. For this activity, we virtually travel to a different continent every month. In that continent we choose a landmark, and, at the end of the month we (as a family) climb the height of the landmark on our stairs at home together, live on social media, always including our son, Rio (a Person Of Determination), where he attempts a few floors independently or we carry him on our back. People around the world, families, schools, corporations and our WolfPack virtually travel with us and choose their own landmarks in that same continent and do their climb too.

People do it in very different ways to suit their own needs and goals - as a group relay or solo as an individual challenge, some climb stairs, hike a hill, do receptive steps on a bench, swim the distance and some who use a wheelchair or if stepping is not an option choose to cover the distance height in a different way on a flat surface ... However people do it, we ask to please try to think of a way of embracing the challenge with inclusion!

We have started to do the climbs at schools and with community groups at their venues, so we can do the climb as an inclusive community 'together'.

WolfBike Rides

Team AngelWolf has a motorbike with a sidecar ,which we call our 'WolfBike'! This another fun activity introducing more People Of Determination to the TAW #WolfBike.

We invite people and families of all ages and abilities to experience the sensation of the helmet, the noise of the motorbike, and short rides (with Nick driving the motorbike and the participant sitting in the side car) around the safe grounds of The Sustainable City private ring road. An activity that always brings smiles to faces enjoying new life experiences!

Life should be about experiences for all!

WolfPack Movies

This is once a month, on a Sunday afternoon, at Studio One Hotel.

We invite families (that have children with AND without disabilities) to watch a movie 'together'.

It is a 'sensory friendly' showing (e.g lights up, volume down, smaller crowds, people free to move around) of a family friendly movie.

So families that have children that make noise or fidget or move around (therefore usually avoid going to the cinema), do not feel judged or embarrassed, knowing that everyone attending is understanding and has empathy and is there to give a helping hand if need be. Where they feel relaxed and welcomed as part of the community, and not to feel segregated. An opportunity for different families to be together, to find their similarities, to make new friends and to understand each other's needs; all to create more tolerance and support within the community.

WolfPack Circus

Once a month on a Wednesday afternoon, at Dubai Circus School, we invite children with and without disabilities of different ages, to come together to experience what Dubai Circus School is all about. Under the guidance of their trainers, the participants taste the magical, creative, adventure of trying out therapeutic circus arts together. An opportunity for participants to express themselves artistically through the wonders of Circus thrill and passion; learning new active skills such as juggling, silk acrobatics, trapeze, trampoline, tumbling and ground acrobatics - for all abilities!

WolfPack Races #RaceWithRio

As Team AngelWolf we race every weekend with Rio, as in inclusive racing; but every month we choose a race (usually a running or walking race) that we welcome the community (of any age or ability) to enter the race and participate alongside us, where we bring more of our TAW running chairs, so that more People Of Determination can participate too with us and we run/walk staying together as a big WolfPack community to the finish line!

(We have more new community-inclusive activities to add to this list very soon!)