

Activity 2 and 3: Health 9-12 Rights, Respect, Responsibility

Consent

This lesson is about consent. As you continue to grow older and mature, you might find yourself in situations that are more complicated and difficult to figure out what the right thing to do is. Some of these situations and decisions involve something called consent. Consent is when:

- Someone says they want to do something
- Someone gives permission to another person
- Saying “yes” to or being okay with something

Seems pretty easy, right? But it isn't always.

Activity A: Play the video (if you can), “2 Minutes Will Change the Way You Think about Consent,” at <https://www.youtube.com/watch?v=laMtr-rUEmY>.

Video Summary/Ideas to Consider

- ❖ Coercion is getting someone to do something by threatening or forcing them. Consent must be voluntary, which means a person has to want to give consent.
- ❖ Incapacitated means when someone doesn't have the capacity or ability to do things—or to say they want to do things). Jonathan was asleep, so he would not have been completely aware of what he was saying. The same thing goes if someone were drunk or using drugs.
- ❖ It is important to get a clear “yes” or “no” from someone to know for sure whether you have—or have not— received consent.
 - What did you learn from this video? What is important to remember?

Complete the following graphic organizer to better help you identify how often you give and request consent and how you can respond to those situations when they occur.

Activity B: Putting It Into Practice: Getting and Giving Consent

Over the next week, please log two situations in which you were asked to give permission to someone else for something, and at least three situations in which you asked someone else for permission to do something. Record below how each situation went.

Situation 1:

Did you give consent? _____

How or why not? _____

What, if anything, would you have done differently? _____

Situation 2:

Did you give consent? _____

How or why not? _____

What, if anything, would you have done differently? _____

Situation 3:

Did you give consent? _____

How or why not? _____

What, if anything, would you have done differently? _____

Situation 4:

Did you give consent? _____

How or why not? _____

What, if anything, would you have done differently? _____
