Community Resources for Your Family in Oak Park

Crisis Services
Housing Crisis – Eviction Prevention, Rental Assistance, Emergency Shelter

Homeless Prevention Call Center
(877) 426-6515 (pre-screening)

Housing Forward
www.housingforward.org
(708) 338-1724
6634 W Roosevelt Rd.
Oak Park, IL 60304
Housing Forward provides rental assistance, short term stabilization and services to resolve a financial or rental housing crisis situations.

Sarah’s Inn
www.sarahsinn.org
(708) 386-4225
Sarah’s Inn offers individual advocacy, counseling, support and education groups, life skills development and legal advocacy for domestic violence victims and children. Also offers counseling for male perpetrators of intimate partner violence.

Thresholds
www.thresholds.org
Main: (708) 537-3064
Intake: (773) 572-5400
334 N Menard Ave.
Chicago, IL 60644
Assists with housing in Oak Park, as well as medical care, psychiatric treatment, workforce development and educational opportunities.

Emergency Shelter Locations
www.housingforward.org/get-help
Housing Forward provides overnight shelters that include dinner, breakfast and a sack lunch to go.

Employment Services
Housing Forward
www.housingforward.org
(708) 338-1724 x301
6634 W Roosevelt Rd.
Oak Park, IL 60302
One-on-one job coaching, job search assistance and resume development for adult job seekers; five-week classroom setting Career Passport program for adults.

New Moms
intake@newmoms.org
(773) 252-3253 x128
206 Chicago Ave.
Oak Park, IL 60302
5317 W Chicago Ave.
Chicago, IL 60651
New Moms offers housing, job training, and family support for young moms in Chicago, Oak Park and the near suburbs.

Hephzibah Children’s Association
www.hephzibahhome.org/what-we-do/day-care
(708) 649-7113
Hephzibah offers a day care program for children grades K-5 after school, on school holidays and during the summer months. After-School Day Care is provided Monday, Tuesday, Thursday and Friday during the school year 2:55 PM – 6 PM; Wednesdays 1:55 PM – 6 PM.

Family Support Services
Hephzibah Children’s Association
hephzibahhome.org/what-we-do
(708) 649-7100
1144 Lake St., 5th Floor,
Oak Park, IL 60301
Helps strengthen and stabilize families that are experiencing crisis or stress, alleviate short term financial crisis, assist with enrichment activities for children and tutoring and respite services through a volunteer program.

New Moms
intake@newmoms.org
(773) 252-3253 x128
206 Chicago Ave.
Oak Park, IL 60302
5317 W Chicago Ave.
Chicago, IL 60651
New Moms offers housing, job training, and family support for young moms in Chicago, Oak Park and the near suburbs.

African American Christian Foundation
aacworks.org
(708) 848-1700
6707 W North Ave.
Oak Park, IL 60302
AACF Employment services offers a Workforce Training Program.

Free Lunch & Food Pantry Services
Your children are eligible to receive a free lunch each day and if the district provides a breakfast program that will be free of charge.

Beyond Hunger
(formerly Oak Park River Forest Food Pantry)
www.gobeyondhunger.org
(708) 386-1324
848 Lake St.
Oak Park, IL 60301
Beyond Hunger provides hunger relief services for the community including a Food Pantry and help connecting to benefits

Pantry Distribution Days
Saturdays: 9 AM – 12 PM; 1st Wednesday of the month: 6:00 PM – 7:30 PM; All other Wednesdays: 3:30 PM – 5 PM

If you live in any of the following situations, you may qualify for services:

– Doubled up with other people due to loss of housing or economic hardship
– In a motel due to the lack of adequate alternative accommodation
– In a car, park, abandoned building or bus or train station
– In a shelter
Community Resources for Your Family in Oak Park

Before & After School Programming & Tutoring

West Cook YMCA
www.westcookymca.org
Y-Kids: DCFS-licensed before and after-school recreation program for children grades K-6. Provides transportation to and from area school. Pick-up times vary per school. Please inquire about bus service at District 97 or 91 before registering. Available Monday - Friday from 7 AM – 9 AM and from school dismissal until 7 PM.

Park District of Oak Park
www.pdop.org/programs/schools-out
Indoor and outdoor learning experiences and activities such as group games and sports, as well as time to relax, read, do homework and participate in quiet activities like arts and crafts and table games. An after school snack will be provided.

Cluster Tutoring
info@clustertutoring.org
(773) 378-5530
Cluster Tutoring provides free one-to-one tutoring to more than 100 students. Each tutor is matched with a student and the pair works together during the school year to prepare for a successful academic career.

Health & Mental Health Services

Thrive Counseling Center
www.thrivecc.org
(708) 383-7500
120 S Marion St.
Oak Park, IL 60302
Thrive Counseling Center provides adult therapy and youth therapy services.

Presence Behavioral Health
www.presencehealth.org
(708) 410-0615
Presence Behavioral Health offers in home community based treatment, individual, group and family mental health and substance abuse services, social skills group.

Oak Park Public Library
rsimmons@oppl.org
(708) 697-6910
Referral-based health and mental-health advocacy and support.

Way Back Inn
www.waybackinn.org
(708) 345-8422 x1
The Grateful House serves adult men and women who are suffering from alcohol, drug, and gambling dependence. The mental health board of Oak Park pays for clients to receive housing and treatment.

NAMI Metro Suburban Drop-In Center
www.namimetsub.org
(708) 524-2582
814 Harrison St.
Oak Park, IL 60302
The Drop-In Center provides services to those struggling with mental health to enhance lives and promote involvement in the community.

Oak Park Township Youth Services
www.oakparktownship.org
(708) 445-2727
105 S Oak Park Ave.
Oak Park, IL 60302
Youth Intervention Program intervenes in the lives of school-age youth who are involved with violence, drug or alcohol use or abuse or gang activity.

Children’s Clinic
info@childrensclinicniws.org
(708) 848-0528
320 Lake St.
Oak Park, IL 60302
You may qualify for medical and dental services if you have insurance. Visit the website or call for more information about qualifying insurance. Additionally, you can choose a plan online at www.enrollhfs.illinois.gov/enroll or via phone (877) 912-8880.

Strive for Success
www.tasc.org
(224) 423-4588
49 Lake St.
Oak Park, IL 60302
Strive for Success enhances and improves the social, emotional and/or health challenges for families living in Oak Park through individualized care coordination plans and links to services. The program is free to Oak Park residents.

New Moms
intake@newmoms.org
(773) 252-3253 x222
206 Chicago Ave.
Oak Park, IL 60302
New Moms offers housing, job training, and family support for young moms in Chicago, Oak Park and the near suburbs.

Hephzibah Children’s Association
www.hephzibahhome.org
(708) 649-7101
946 North Blvd.
Oak Park, IL 60302
Head Start Center for three-five years of age. Early Head Start Home Visiting Program for pregnant moms and children up to age three. No charge to families that are accepted into the Hephzibab Head Start program.

Easterseals – Partnering with Parents
www.easterseals.com
(708) 434-2560
120 Madison St.
Oak Park, IL 60302
Easterseals supports pregnant moms and families in Oak Park and River Forest with children up to age three with home visits, referrals for services and social connections. No charge.

Children’s Resources

The Collaboration for Early Childhood
www.collab4kids.org
(708) 613-6122
123 Madison St.
Oak Park, IL 60302
Children under the age of five may qualify for educational services. Call to find out about preschool or Head Start programs, home visiting programs, child care or information about your child’s development.

The Oak Park Homelessness Coalition (OPHC) consists of 50-plus organizations working to end homelessness in Oak Park by making it rare, brief and one time. Represented by government, healthcare, businesses, faith-based groups, school districts, social service agencies and non-profits, OPHC meets quarterly to educate the community, develop and implement a plan and take action to help those who are homeless or in danger of becoming homeless.