

ISAC November Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
October 31 Mozz Sticks w/ Marinara Sauce Bread Stick Mango Wango Chef's Choice Fruit	1 Chicken Tenders w/ BBQ Sauce Steak Fries Chef's Choice Fruit	2 Collins Chicken Sandwich Deluxe on a Hard Roll Mac & Cheese Chef's Choice Fruit	3 Cheese Ravioli w/ RAOS Marinara Sauce Bread Stick Green Beans Chef's Choice Fruit	4 Greek Style Pizza Side Salad Chef's Choice Fruit
7 Steak & Cheese Quesadilla Gourmet Tater Tots Chef's Choice Fruit	8 NO SCHOOL Professional Development	9 Chef Julie's Chicken Bowl Popcorn Chicken Mashed Potatoes w/ Gravy Corn	10 #24: General Tso Chicken Vegetable Fried Rice Chef's Choice Fruit	11 Greek Style Pizza Side Salad Chef's Choice Fruit
14 Cheeseburger in Paradise French Fries Chef's Choice Fruit	15 Taco Tuesday! Beef Taco Supreme Spanish Rice Chef's Choice Fruit	16 Lazarou Family Dinner Roasted Turkey & Gravy Mashed Potatoes Green Bean Casserole Chef's Choice Fruit	17 French "Trost" Sticks Turkey Sausage Patty Tater Tots Chef's Choice Fruit	18 Greek Style Pizza Side Salad Chef's Choice Fruit
21 Chicken Tenders w/ BBQ Sauce Steak Fries Chef's Choice Fruit	22 Dragon Chicken Wings w/ Buffalo or BBQ Sauce Mac & Cheese Chef's Choice Fruit	23 Half Day Greek Style Pizza Mango Wango Chef's Choice Fruit	24 No School Thanksgiving Break	25 No School Thanksgiving Break
28 Cheeseburger in Paradise French Fries Chef's Choice Fruit	29 BBQ Pulled Pork on a Hard Roll Cole Slaw Chef's Choice Fruit	30 Doc's Chicken Parmigiana Penne Pasta Green Beans Chef's Choice Fruit	December 1 Linski Grilled Cheese Tomato Bisque Soft Pretzel Nuggets Chef's Choice Fruit	December 2 Greek Style Pizza Side Salad Chef's Choice Fruit
<i>Additional choices available daily.</i>		<i>The USDA is an equal opportunity provider and employer 2022</i>	<i>Bread offerings are whole grain. Milk offerings are 1% white or fat free flavored. Milk is offered with all meals.</i>	<i>All children eat free. This includes Breakfast and lunch for 2022-23.</i>

