



October 2022 Monthly Newsletter for Family and Students



CHANGING WITH THE SEASONS

Dear Josephinum Community!

As the seasons change and the leaves turn colors, we begin to move away from the excitement of a new school year and into the thick of the fall semester! We have all successfully done our part to start the semester off stronger than we have in the past few years, however, it is how we tackle the next few months that truly determines our character. I encourage you all to remain goal oriented and strive for excellence even in the midst of challenges. It is our staff and students that make Josephinum so much more than an academic institution – lean on your community when adversity strikes, cougars. We are here to support one another – your faculty is rooting for you!

Warm Regards,



DAY OF SERVICE: FEED MY STARVING CHILDREN

Our faculty and students volunteered at [Feed My Starving Children](https://www.feedmystarvingchildren.org/) on Wednesday, September 28 for our All-School service event. Together, we packed a **total of 20,952** meals in just one hour! Our efforts resulted in a total of 97 boxes that will be delivered to families in need throughout the world; 57 children will now have access to food for an entire year! We are incredibly proud of our students and hope they cherish the experience of giving back.



OKTOBERFEST FALL GALA

On October 1st, we opened our doors to our community of supporters for our Oktoberfest Fall Gala. Our students are always the highlight and this year we were able to showcase the many stories and talents of our students by offering school tours, music and theatre performances and student testimonials! Thank you to the students who proudly represented our community. We were able to raise over \$400,000 to continue supporting the leaders, change makers, and visionaries of tomorrow!

FOREIGN LANGUAGE DEPARTMENT



SPANISH: HISPANIC HERITAGE IN THE US

In September, the Spanish class explored the significance of Hispanic Heritage month. This celebration of the history, culture, and people of Spanish, Southern American and Central American heritage runs from September 15 through October 15. By teaching students about the language and various cultures that exist within the Latino community, Ms. Contreras hopes to teach her students about the impact this group of people has had on the United States.

MANDARIN 1: CELEBRATING THE MID-AUTUMN FESTIVAL

On September 10, students celebrated the Chinese holiday known as the Mid-Autumn Festival by studying the cultural practices of the day and learning how to make mooncakes and lanterns. The Mid-Autumn Festival is celebrated on the fifteenth day of the eighth month on the lunar calendar. Ms. Sheu-Chang also taught students how to write Chinese calligraphy and, in doing so, they experienced the four treasures of traditional Chinese study in just one month! We look forward to watching our students' grow more confident in the language!



FUERZA LATINA: CELEBRATING HISPANIC HERITAGE MONTH

The Hispanic Heritage Club, Fuerza Latina, sold handmade bracelets during lunch throughout the month to celebrate Hispanic Heritage Month with the Josephinum community. In addition to the serving as a symbol of unity within the Latino community, these bracelets also symbolize the value of companionship and loyalty—values that we hold at high regard at The Jo.

MONTHLY CAFETERIA MENUS

October, 2022, Breakfast Menu					
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
Whole Grain Muffin Maple Flavored Tofu Fresh Picked Fruit Ice Cold Milk	WGI French Toast (Veg) Ice Cold Milk	French & Grains Bar w/ Orange Cheese Fresh Picked Fruit Ice Cold Milk	Whole Grain Maple Pancakes Fresh Picked Fruit Ice Cold Milk	Pop Tart Fridge! Strawberry Cheesecake Fresh Picked Fruit Ice Cold Milk	Each small includes: French Bread, or French Bread, and Ice Cold Milk
Whole Grain Muffin Maple Flavored Tofu Fresh Picked Fruit Ice Cold Milk	WGI French Toast (Veg) Ice Cold Milk	French & Grains Bar w/ Orange Cheese Fresh Picked Fruit Ice Cold Milk	Whole Grain Maple Pancakes Fresh Picked Fruit Ice Cold Milk	Whole Grain French Pancakes Fresh Picked Fruit Ice Cold Milk	Each small includes: French Bread, or French Bread, and Ice Cold Milk
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Breakfast Menu

October, 2022, Lunch Menu					
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
Chicken Sandwich French or Steamed Vegetables Fresh Picked Fruit Ice Cold Milk	Pepperoni Calzones French or Steamed Vegetables Fresh Picked Fruit Ice Cold Milk	Minestrone with Cheese or Tofu French or Steamed Vegetables Fresh Picked Fruit Ice Cold Milk	Chicken Mac & Cheese French or Steamed Vegetables Fresh Picked Fruit Ice Cold Milk	Pepperoni French Bread French or Steamed Vegetables Fresh Picked Fruit Ice Cold Milk	Each small includes: French Bread, or French Bread, and Ice Cold Milk
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Lunch Menu

MARK YOUR CALENDAR

OCTOBER 2022

SUN	MON	TUE	WED	THU	FRI	SAT
						1 Oktoberfest Fall Gala FAFSA Opens
2	3 SGA Meeting -8am	4 Volleyball Games	5 Student Support Meeting 7:15am-8:15am Freshman Field Trip College Visit	6 Volleyball Game Lane Tech Rising Runners Paying for College Night (FAFSA) 6-8PM	7 Sophomore Retreat	8
9	10 Indigenous Peoples Day- No School	11 Spirit Week	12 Homecoming Game Spirit Week Volleyball Game	13 Spirit Week	14 Homecoming Dance 6-10pm Volleyball Games	15
16	17 End of Quarter 1 Volleyball Games Conference Tournament 5pm All Club Photos	18 Volleyball Games Conference Tournament	19 Student Support Meeting 7:15am-8:15am College Visit	20 Mass for Mater SOPHIE PAPERWORK FUE FOR Q1	21 Progress Reports Go Home	22 ACT at The Jo
23	24	25 IHSA Volleyball Playoffs	26	27 IHSA Volleyball Playoffs Madonna Field Trip	28	29
30	31 Halloween Basketball Tryouts					



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