

DESCRIPTION FOR PHYSICAL DEMANDS & WORK REQUIREMENTS

JOB TITLE: Nutrition Services Assist. I, Nutrition Services II, Nutrition Services Lead, Nutrition Services Specialist

LOCATION: Elementary, Middle School, High School

Special Hazards/Notes: Requirements of Vision, Hearing, Exposure to Hazardous, Chemicals or Fumes, etc.
Exposed to extreme heat of ovens and stove and to extreme cold in freezers and refrigerators

ENDURANCE

HOURS AT ONE TIME

	0	.5	1	2	3	4	5	6	7	8
SITTING		X								
STANDING					X					
WALKING			X							
DRIVING		X								

TOTAL HOURS IN A WORKDAY

	0	.5	1	2	3	4	5	6	7	8
SITTING		X								
STANDING						X				
WALKING			X							
DRIVING		X								

PHYSICAL

LIFT & CARRY	NEVER 0%	OCCAS. 1-33%	FREQ. 34-66%	CONT. 67-100%
1-10 lbs.			X	
11-20 lbs.		X		
21-50 lbs.		X		
51-75 lbs.	X			
76-100 lbs.	X			

PUSHING

1-10 lbs.		X		
11-20 lbs.		X		
21-50 lbs.		X		
51-75 lbs.		X		
76-100 lbs.		X		

PULLING

1-10 lbs.		X		
11-20 lbs.		X		
21-50 lbs.		X		
51-75 lbs.		X		
76-100 lbs.		X		

ENVIRONMENTAL

INDOORS				X
OUTDOORS		X		
HEAT			X	
COLD			X	
DUSTY		X		
NOISY		X		

MOTIONS

	NEVER 0%	OCCAS. 1-33%	FREQ. 34-66%	CONT. 67-100%
BENDING			X	
TWISTING			X	
CROUCHING			X	
KNEELING		X		
CRAWLING	X			
WALK-LEVEL SURFACE		X		
WALK-UNEVEN SURFACE		X		
CLIMB STAIRS		X		
CLIMB LADDER		X		
REACH- ABOVE SHOULDER			X	
REPETITIVE-USE OF ARMS			X	
REPETITIVE-USE OF WRIST			X	
REPETITIVE-USE OF HANDS		X		
(A)GRASPING			X	
(B)SQUEEZING		X		
USING FOOT CONTROL		X		

By signing below, I am acknowledging and attesting to my personal physical ability to performs the physical duties of this job, and I understand the physical demands required.

Signature

Date

