

# SOPHOMORE

## COURSE SELECTION

PICK UP HANDOUTS IN THE FRONT  
OF THE ROOM



# AGENDA

REFLECTING ON THE PAST AND LOOKING AHEAD



**DAILY REFLECTION**



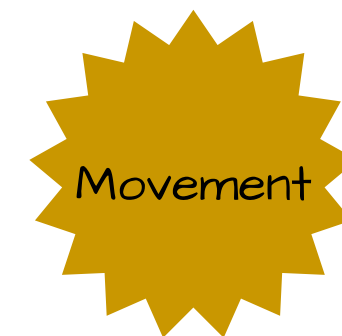
**COURSE SELECTION: CHOICES & REQUIREMENTS**



**COURSE SELECTION: THE PROCESS**

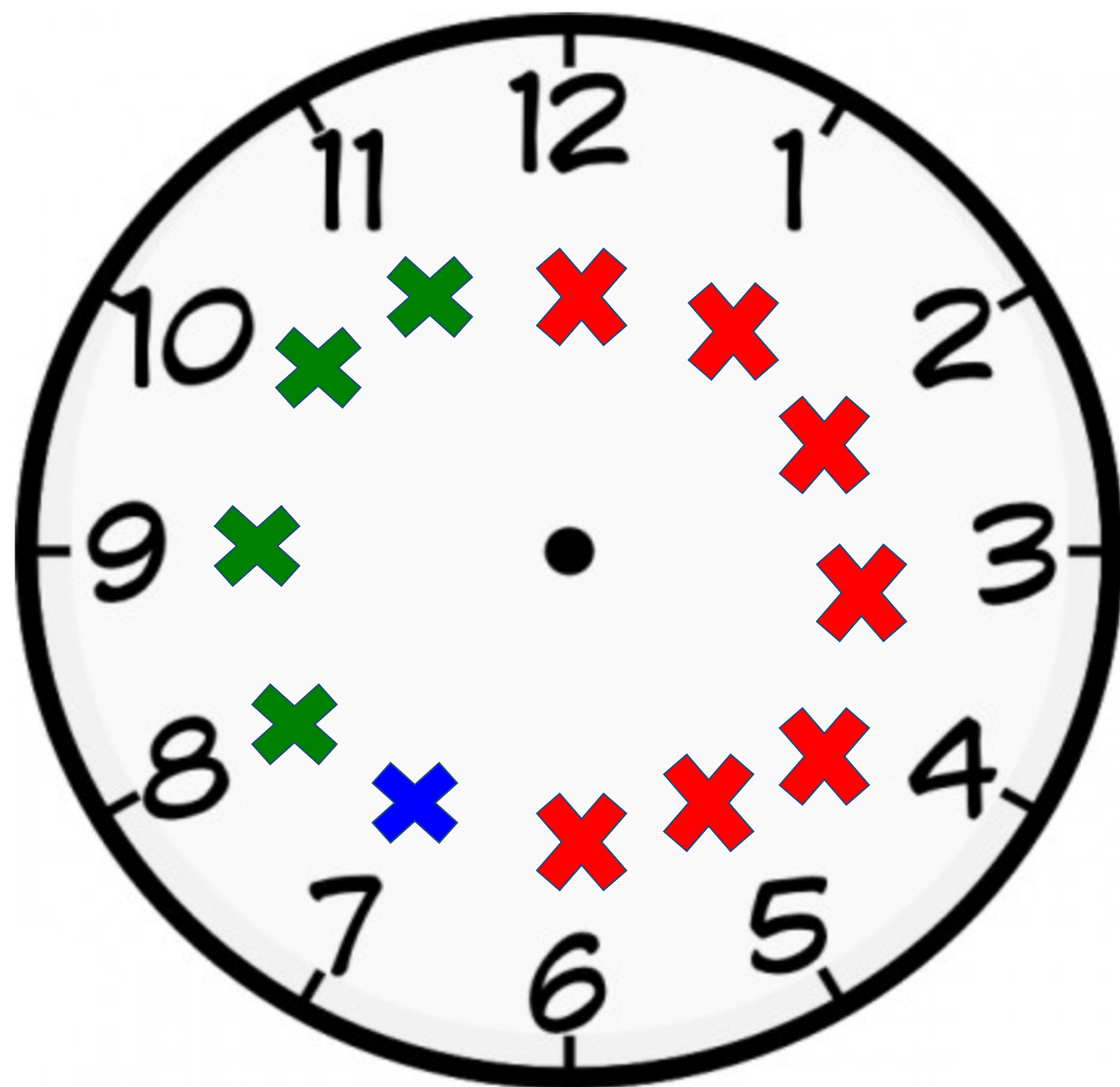


# YOUR DAILY PRACTICE

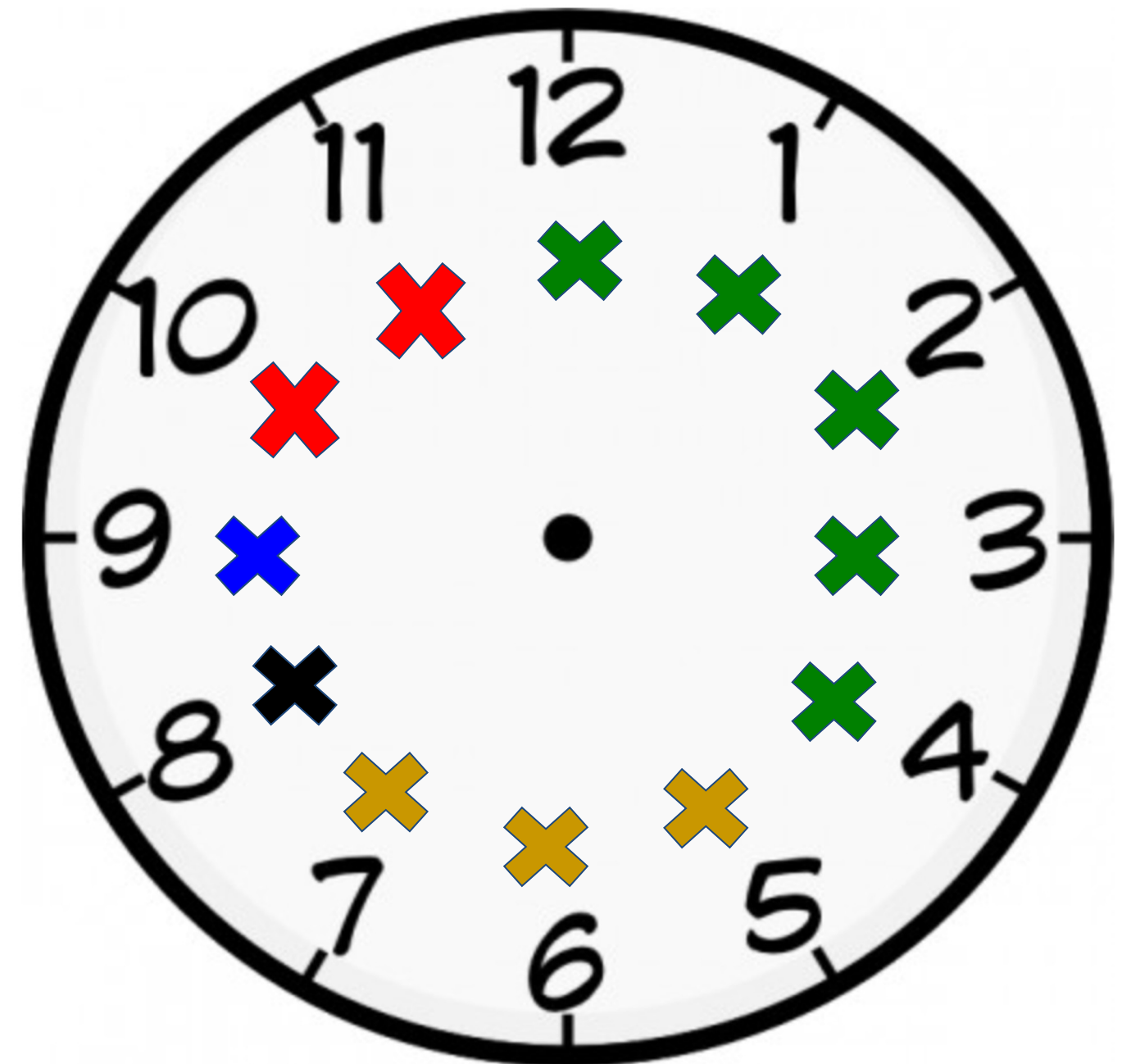


# REFLECTION ON YOUR DAY

AM

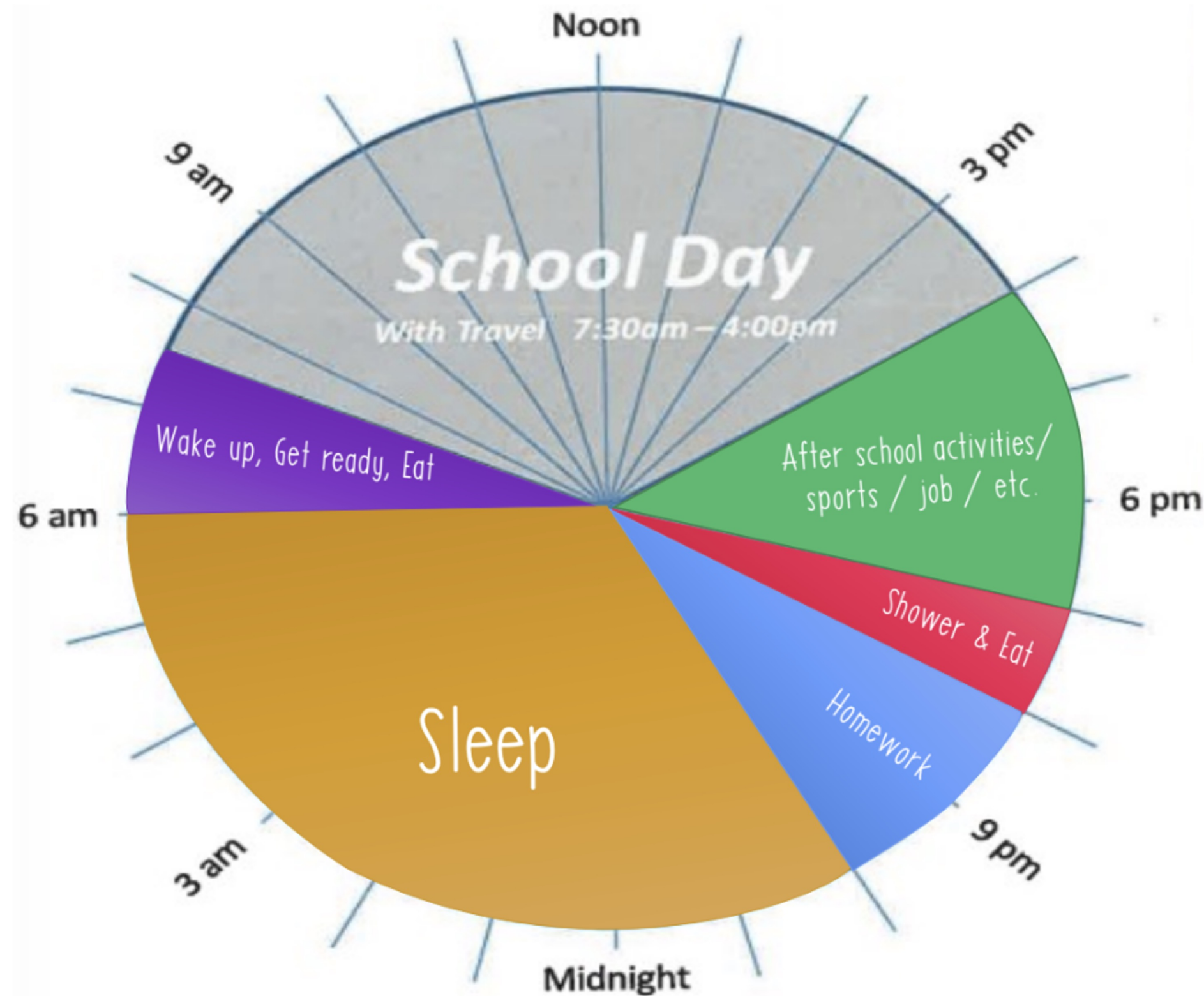


PM

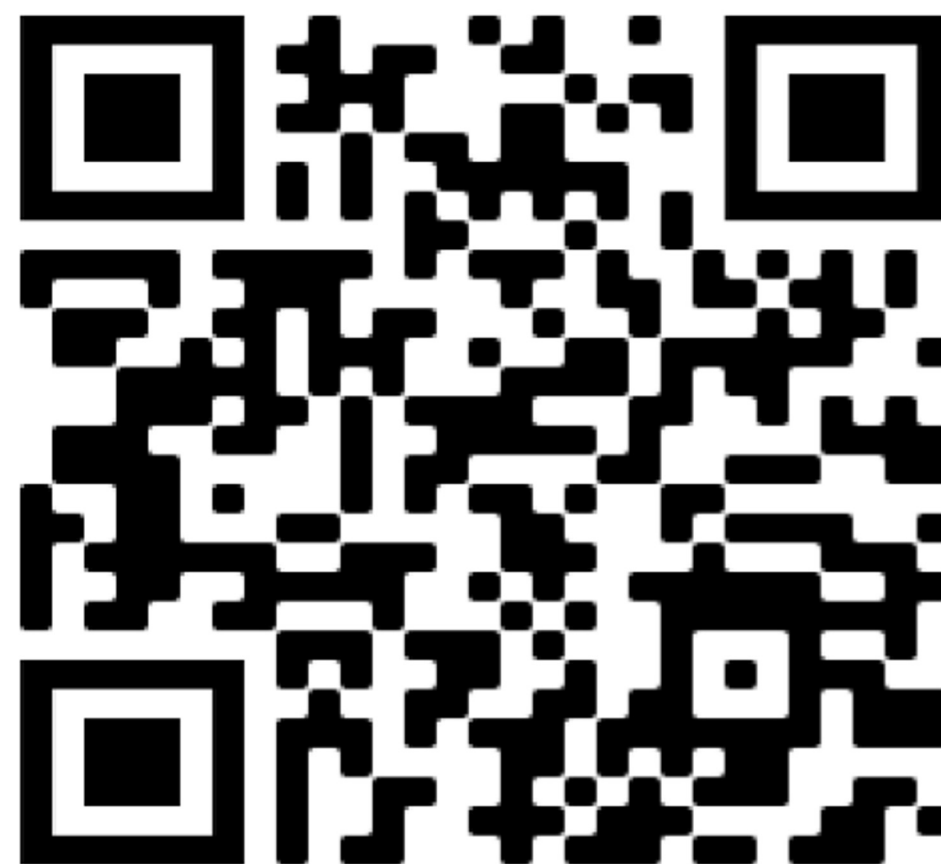




# WELLNESS WHEEL



# STUDENT REFLECTION



# HOW DO YOU FILL YOUR DAY?

SCHOOL DAY UNTIL 3:25 AT LEAST

SLEEP

ATHLETICS

ACTIVITIES/HOBBIES

WORK/ CAREGIVING

SOCIAL CONNECTION

TECHNOLOGY

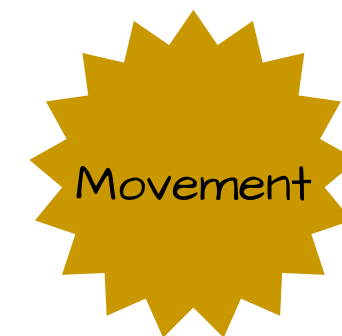
HOMEWORK/STUDYING

MOVEMENT

DESTRESS

OTHER

# YOUR DAILY PRACTICE- REFLECTION



# Course Selection

**Choices & Requirements**



# MAKING INFORMED DECISIONS

## EVALUATE YOUR GOALS

- USE YOUR REFLECTION TO MAINTAIN WELLNESS
- USE NAVIANCE: RESEARCH INTERESTS & POST-SECONDARY PLANS
- TALK TO TEACHERS, COUNSELORS, PEERS, TRUSTED ADULTS
- HOW DO YOU WANT TO FILL YOUR DAY?



## HOW TO READ THE COURSEBOOK

- USE YOUR COURSEBOOK— READ ABOUT YOUR OPTIONS— BE EXPLORATORY!
- USE THE FLOW CHARTS/PATHWAYS TO GUIDE YOUR CHOICES



# SELECTING YOUR JUNIOR COURSES

## REQUIREMENTS & RECOMMENDATIONS

MATH

ENGLISH

P.E. CREDIT  
SEE WORKSHEET  
FOR DETAILS

U.S. HISTORY



SCIENCE

ELECTIVES

EXPLORE & ENJOY!

WORLD  
LANGUAGES  
MIN. 2YRS

FINE ARTS

# READING THE COURSEBOOK

WHAT THE FLOW CHARTS AND PATHWAYS MEAN

# COMMUNICATION ARTS COURSE OFFERINGS

[WWW.D125.ORG/ACADEMICS/COURSEBOOK](http://WWW.D125.ORG/ACADEMICS/COURSEBOOK)

## JUNIOR ENGLISH

ENG311—SEMESTER 1	ENG312—SEMESTER 2
OPEN TO: 11	FULL YEAR
PREREQUISITE: NONE	CREDIT: COLLEGE PREP
ENG381—SEMESTER 1	ENG382—SEMESTER 2
OPEN TO: 11	FULL YEAR
PREREQUISITE: NONE	CREDIT: ACCELERATED

This skills-based course completes the department’s three-year scope and sequence in the areas of reading, writing, speaking and listening, grammar and usage and research. Students explore American themes and values through a variety of texts. Through their reading and writing, students deepen their analysis of language and rhetoric. This goal includes an introduction to literary criticism. Building on the previous focus on argumentation, students continue to develop their writing through a structured process approach that is aligned with college writing expectations. Additionally, students participate in SAT exam preparation in the areas of English language skills and reading.

Within the College Prep credit course, a reading intensive method guides students to select texts to read both independently and in book clubs, as well as full-class reading experiences.

## AP ENGLISH LANGUAGE AND COMPOSITION (JUNIOR ENGLISH)

ENG371—SEMESTER 1	ENG372—SEMESTER 2
OPEN TO: 11	FULL YEAR
PREREQUISITE: SOPHOMORE ENGLISH	CREDIT: HONORS

This is a college-level course, one that adheres to the objectives articulated by the College Board, and students may obtain college credit by taking the AP English Language and Composition exam, a natural culmination of the year-long study of language. Students are guided to proficiency in the areas of reading, literary analysis, argumentation, writing, grammar and usage, oral communication and research. The course emphasizes a variety of British and American texts as a means of critical analysis of language and rhetoric. This writing intensive course focuses on literary analysis, rhetorical analysis, synthesis and argumentation and is more rigorous than the accelerated level in terms of quantity and complexity of the writing assignments. The writing assignments, ranging from process essays to a research paper, require students to assume an increasing degree of independence as the year progresses. In addition, students write numerous short papers and in-class essays each semester. Students will be assessed regularly in the area of full-class and small-group discussions, as well as formal presentations. SAT and AP exam preparation are used to sharpen reading, editing and revising skills. Students also engage in independent and intensive vocabulary study throughout the year. Students who enroll in this course will be prepared to take the AP English Language and Composition exam in May.

**Freshman English**  
Full-Year Course  
ENG111/ENG112  
or  
ENG131/ENG132

**Sophomore English**  
Full-Year Course  
ENG211/ENG212  
or  
ENG231/ENG232

**Junior English**  
Full-Year Course  
ENG311/ENG312  
or  
ENG381/ENG382

**AP English Language  
and Composition**  
Full-Year Course  
ENG371/ENG372

**American Studies  
(AP English Language  
and Composition and  
AP U.S. History)**  
Full-Year Course  
ENG341/ENG342

## SENIOR ENGLISH COURSES OR ELECTIVES

**Creative Writing**  
One-Semester Course  
ENG501 or ENG502

**World Literature**  
Full-Year Course  
ENG431/ENG432

**Topics in  
Composition:  
Media Analysis**  
Semester 1 Course Only  
ENG691

**Writing for College**  
One-Semester Course  
ENG541 or ENG542

**Creative Writing  
Seminar**  
Semester 2 Course Only  
ENG522

**AP Literature and  
Composition**  
Full-Year Course  
ENG451/ENG452

**Topics in  
Composition:  
Film Genres**  
Semester 2 Course Only  
ENG722

**Political Thought  
and Its Literature**  
One-Semester Course  
ENG601 or ENG602

**Text Exploration  
And Analysis**  
One-Semester Course  
ENG681 or ENG682

**Public Speaking**  
One-Semester Course  
ENG761 or ENG762

## JOURNALISM ELECTIVES

**Journalistic Writing**  
One-Semester Course  
JRN901 or JRN902

**Advanced  
Journalistic Writing**  
One-Semester Course  
JRN921 or JRN922

**Publication Design  
and Production**  
Full-Year Course  
JRN951/JRN952

**Broadcast  
Journalism**  
One-Semester Course  
JRN911 or JRN912



## WHAT THE FLOW CHARTS AND PATHWAYS MEAN

[WWW.D125.ORG/ACADEMICS/COURSEBOOK](http://WWW.D125.ORG/ACADEMICS/COURSEBOOK)



KEY:

# READING THE COURSEBOOK

WHAT THE FLOW CHARTS AND PATHWAYS MEAN

## SOCIAL STUDIES COURSE OFFERINGS

[WWW.D125.ORG/ACADEMICS/COURSEBOOK](http://WWW.D125.ORG/ACADEMICS/COURSEBOOK)

### COURSES AVAILABLE STARTING IN 9TH GRADE

**World History and Geography\***  
Full-Year Course  
SOC101/SOC102

### COURSES AVAILABLE STARTING IN 10TH GRADE

**World Religions**  
One-Semester Course  
SOC501 or SOC502

**Global Relations**  
One-Semester Course  
SOC531 or SOC532

**AP European History**  
Full-Year Course  
SOC601/SOC602

**AP Human Geography**  
Full-Year Course  
SOC611/SOC612

**Constitutional Law**  
One-Semester Course  
SOC511 or SOC512

**Law In American Society**  
One-Semester Course  
SOC431 or SOC432

**AP Comparative Government and Politics (Online Option)**  
One-Semester Course  
SOC631 or SOC632

### COURSES AVAILABLE STARTING IN 11TH GRADE

**U.S. History\***  
Full-Year Course  
SOC321/SOC322

**AP U.S. History\***  
Full-Year Course  
SOC621/SOC622

**American Studies (AP U.S. History and AP English Language and Composition)**  
Full-Year Course  
SOC581/SOC582

**Sociology**  
One-Semester Course  
SOC541 or SOC542 or SOC571 or SOC572

**Economics\***  
One-Semester Course  
SOC411 or SOC412

**AP Macroeconomics\***  
One-Semester Course  
SOC641 or SOC642

**AP Microeconomics\***  
One-Semester Course  
SOC651 or SOC652

**Philosophy and Political Theory: A History of Ideas**  
One-Semester Course  
SOC671 or SOC672

### COURSES AVAILABLE STARTING IN 12TH GRADE

**Government\***  
One-Semester Course  
SOC401 or SOC402

**AP Government-United States\* (Online Option)**  
One-Semester Course  
SOC681 or SOC682

**AP Comparative Government and Politics (Online Option)**  
One-Semester Course  
SOC631 or SOC632

**Political Thought and Its Literature**  
One-Semester Course  
SOC561 or SOC562

**Psychology**  
One-Semester Course  
SOC551 or SOC552

**AP Psychology (Hybrid Option)**  
Full-Year Course  
SOC661/SOC662

\* Courses marked with an asterisk fulfill

# ITEMS TO CONSIDER



FREE PERIOD VERSUS STUDY HALL

ATHLETICS: 8TH FREE FOR:

PE LEADERSHIP: CHOOSE AS A COURSE

GYMNASTICS

ALTERNATIVE PE LEADERSHIP APPLY BY 12/22  
(Website under Physical Welfare Division: PE/Pool  
Leadership tab.

TENNIS

DANCE LEADERSHIP: APPLY BY 12/1

GOLF

POOL LEADERSHIP: NO APPLICATION

BOWLING



# ITEMS TO CONSIDER: TECHNOLOGY CAMPUS



## COLLEGE LEVEL EXPERIENCE

3 periods of the day & lunch



## LOCATION

Classes take place at CLC  
Tech Campus in Grayslake



## APPLICATION

Counselors will have the  
applications that are due in  
the SPRING. A one- time visit  
is required, tentatively  
scheduled for November.

Specific Date is TBD



# THE USE OF WAIVERS



**\*\*Reference the back of your course selection worksheet for PE waiver requirements\*\***

## **Athletic Waivers:**

- Students on a JV/Varsity Winter sport or have participated in a fall sport at the JV/ Varsity Level and will continue the sport next year.
  - 6 classes and 1 sport = non- credit waiver
  - 5 classes and 2 sports= credit waiver
- Students with a Winter or Spring sport will be put into Early Bird Pending PE, when roster come out, the pending PE will change to a waiver.
- If you do not make a team or you do not try out for team next year, you will need to drop a class to add PE.



# TIPS FOR SCHEDULING



- AP SCIENCE: MOST ARE 1.5 PERIODS
  - REQUIRES  $\frac{1}{2}$  LUNCH,  $\frac{1}{2}$  STUDY HALL, OR  $\frac{1}{2}$  FREE PERIOD
  - ALSO CAN BE HALF PERIOD EARLY BIRD
- FRESHMAN MENTOR PROGRAM (FMP)
  - IF YOU ARE APPLYING TO BE AN FMP, YOU ARE REQUIRED TO SCHEDULE A FULL LUNCH.
- ELIGIBILITY
  - YOU MUST BE PASSING 5 CLASSES TO REMAIN ELIGIBLE FOR CO-CURRICULAR AND ATHLETIC ACTIVITIES.

# NEW COURSES/NAME CHANGES



- NEW COURSES
  - AR/VR VIRTUAL REALITY (GRADES 9-12) APPLIED ARTS DIVISION
- COURSE NAME CHANGES/REVISIONS
  - CHILD DEVELOPMENT IS NOW HUMAN GROWTH AND DEVELOPMENT (SCOPE AND SEQUENCE WILL NOW INCLUDE ADOLESCENCE)
  - CALCULUS 3 IS NOW COLLEGE MULTIVARIABLE CALCULUS
  - LINEAR ALGEBRA IS NOW COLLEGE LINEAR ALGEBRA
  - AMERICAN LITERATURE IS NOW WORLD AND CONTEMPORARY LITERATURE
  - FRENCH 3 ACCELERATED WILL NOW OFFER A DUAL CREDIT OPTION WITH LOYOLA UNIVERSITY
- DROPPED COURSES
  - MEDIA ARTS DESIGN DEVELOPMENT
- DEPARTMENT NAME CHANGE
  - WORLD LANGUAGE DIVISION IS NOW MULTILINGUAL LEARNING DIVISION
- SUMMER SCHOOL COURSEBOOK
  - ALSO BE SURE TO TAKE A LOOK AT SUMMER OFFERINGS!

# Course Selection

## The Process



# SAMPLE WORKSHEET

## COURSE SELECTION WORKSHEET PLANNER

**\*\*All steps need to be completed before your course selection meeting with your counselor\*\***

**20**

Student Name \_\_\_\_\_

ID # \_\_\_\_\_

Class of \_\_\_\_\_

\_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_  
Date of birth

☐ Fill out the schedule below with your course preferences to the best of your ability. Please remember that semester preferences are not guaranteed. (Graduation Requirements are on the back) \* *denotes helpful codes on the back of the form*

☐ Consider if you would like to include an Early Bird Science or PE course, and fill out the chart accordingly. Early bird science classes meet M,W,F starting at 7:45am. Early Bird PE meets M,W,F from 7:00-8:25.

☐ Please be sure that you fulfill your physical welfare requirement via one of the following:

- ☐ Physical Welfare Course (this includes Health/ Applied Health)
- ☐ Dance
- ☐ Driver's Ed (**Semester 1: suggested birthdate prior to 11/15/2007**) (**Semester 2: prior to 3/31/2007**)
- ☐ Waiver (Options and codes are listed below).

	SEMESTER 1		SEMESTER 2	
	COURSE #	COURSE NAME	COURSE #	COURSE NAME
<b>EARLY BIRD OPTION</b>	<b>SCI6031</b>	<b>EARLY BIRD CHOICE PE</b>		
♦	SCI61E1	AP PHYSICS 1		
♦	MUS121	SYMPHONIC BAND	MUS122	SYMPHONIC BAND
♦	SOC571	SOCIOLOGY	PED452	CHOICE PE
♦				
♦				
♦				
♦	STUDY1	STUDY HALL	FREE02	FREE TIME
<b>LUNCH</b>	*	<b>CIRCLE: Lunch OR ½ Lunch</b>	*	<b>CIRCLE: Lunch OR ½ Lunch</b>
<b>OPTIONAL WAIVER</b>	* PEBW01	<b>MARCHING BAND</b>	*	

☐ **Driver's Ed:** If you have requested Driver's Ed your spot is not guaranteed, please choose a course that you would like to take if you are not placed into a section (this will need to be replaced with a Physical Education requirement if you do not have one in addition to Driver's Ed

Option 1: JAZZ FUSION Option 2: CHOICE PE

☐ **Student Council:** Please check the box if you are planning on taking student council. (Remember that student council will be taken during the school day if you have a study hall or an unscheduled period \***see code on the back**\*, otherwise you will be placed in 9<sup>th</sup> hour).

☐ **Summer School:** Please write down any summer courses that you are planning on taking. This is not binding and will NOT register you for the course. You will need to register for summer courses through the summer school registration, opens in early February 2023.

☐ Please be sure that you have filled in the proper waivers if necessary, \***codes are listed on the back**

☐ Enter your courses into Infinite Campus.

☐ What are your post-secondary goals?

☐ What are your co-curricular/ athletics/ activities/work?

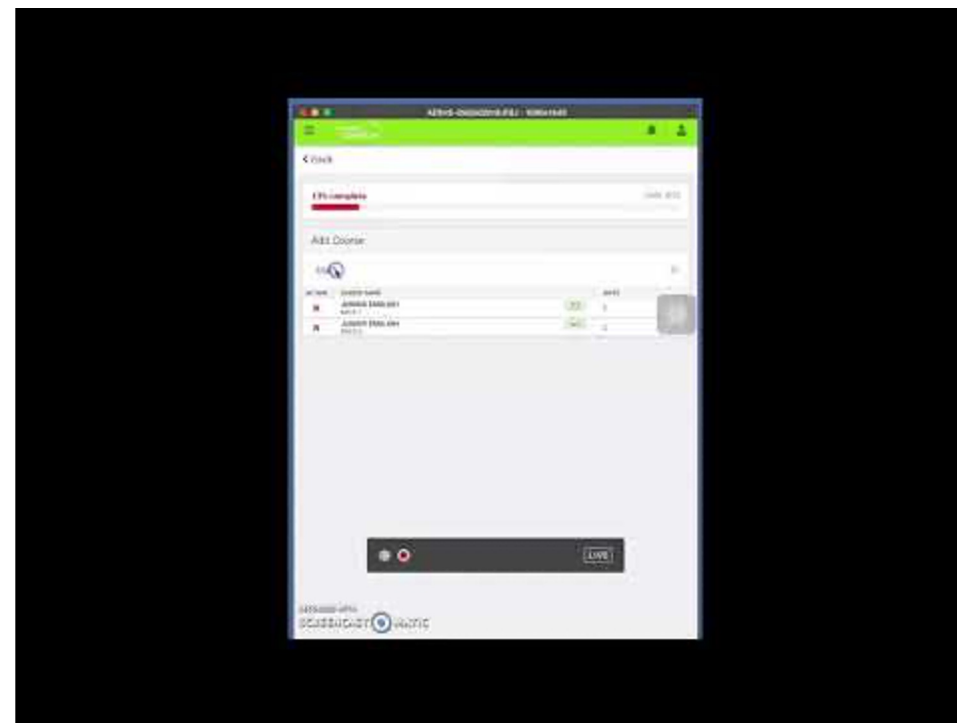


# INFINITE CAMPUS



**TO DO: Use your course selection worksheet to enter your requests on Infinite Campus**

**Please use video instructions below:**





# COURSE SELECTION DATES

## ENGLISH COURSES



DeLeon, Tompson	Thursday October 27
Koulouris, Kim	Friday October 28
Berduo, Granados, O'Reilly, Haritos	Monday October 31
Remian, Forde	Tuesday November 1
Ryan, Anker, Galvan Alba	Wednesday November 2
Patton, Johnston	Thursday November 3
Poiquinto, Cullen	Friday November 4
Flanagan, Mitchem	Wednesday November 9
Neil, Mack	Thursday November 10
Shah, Aguirre	Friday November 11

# COURSE SELECTION PROCESS

1

## **COURSE SELECTION FORM**

You will fill out the course selection that you picked up today and bring it to your meeting completed.

2

## **INFINITE CAMPUS**

Use your course selection worksheet to enter your courses on Infinite Campus- video for reference

3

## **APPOINTMENT TIME**

Time is set during your English class. DO NOT ATTEND class on the assigned day

4

## **MEETING WITH COUNSELOR**

Arrive to your counselor's office during your English period with course selection form and infinite campus completed to the best

5

## **APPOINTMENTS RESCHEDULED**

You may receive a pass with a course selection reschedule. It will list your new appointment and your English period during your original time will be a free period. You are required to attend your new appointment time.

# NAME COACH



- Correct name pronunciation is important.
- SHS will use NameCoach to support staff in pronouncing names correctly.
- Locate an email from NameCoach, recently sent
- Clearly record your first and last names as soon as possible.

# QUESTIONS?

