

Coverage Period: 01/01/2023 - 12/31/2023

Coverage for: Single/Family | Plan Type: HMO



The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately.

This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, visit selecthealth.org or call 800-538-5038. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other

underlined terms see the Glossary. You can view the Glossary at selecthealth.org/sbc or call 800-538-5038 to request a copy.

Important Questions	Answers	Why this Matters:
What is the overall <u>deductible</u> ?	\$2,500 person/\$5,000 family per calendar year.	You must pay all the costs up to the <u>deductible</u> amount before this <u>plan</u> begins to pay for covered services you use. Check your policy or <u>plan</u> document to see when the <u>deductible</u> starts over (usually, but not always, January 1st). See the chart starting on page 2 for how much you pay for covered services after you meet the
Are there services covered before you meet your deductible?	Yes. Preventive care and office visits are covered before you meet your deductible.	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at <a href="https://www.healthcare.gov/coverage/preventive-care-benefits/">https://www.healthcare.gov/coverage/preventive-care-benefits/</a> .
Are there other <u>deductibles</u> for specific services?	No.	You don't have to meet <u>deductibles</u> for specific services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	<b>\$3,500</b> person/ <b>\$7,000</b> family.	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the out-of-pocket limit?	<u>Premiums</u> , <u>balance-billed</u> charges, healthcare this <u>plan</u> doesn't cover, and penalties for failure to obtain <u>preauthorization</u> for services.	Even though you pay these expenses, they don't count toward the <b>out-of-pocket limit</b> .
Will you pay less if you use a <u>network provider</u> ?	Yes. To find an in-network SelectHealth Med® provider visit selecthealth.org/findadoctor or call Member Services at 800-538-5038.	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a provider for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays ( <u>balance billing</u> ). Be aware your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your provider before you get services.
Do you need a referral to see a specialist?	No.	You can see the <u>specialist</u> you choose without a <u>referral</u> .

<sup>\*</sup> For more information about limitations and exceptions, see the plan or policy document at selecthealth.org/materials.



All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

C		What You Will Pay		Livitediana Francisco 8 Other Language
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
	Primary care visit to treat an injury or illness (PCP)	\$40/visit	Not covered	A different benefit may apply for major office surgery. <b>Deductible</b> does not apply.
If you visit a health care provider's office or clinic	Specialist visit (SCP)	\$50/visit	Not covered	Certain limitations apply to allergy testing, treatment and serum. A different benefit may apply for major office surgery. <b>Deductible</b> does not
	<u>Preventive</u> care / <u>screening</u> / immunization	No charge	Not covered	Frequency limitations apply. <b>Deductible</b> does not apply.
If you have a test	<u>Diagnostic test</u> (x-ray, blood work)	No charge	Not covered	<u>Deductible</u> does not apply.
If you have a test	Imaging (CT/PET scans, MRIs)	20% <u>co-insurance</u>	Not covered	None
	Standard Tier 1 (generic drugs)	\$15/prescription	Not covered	Prescription drugs coverage administered by Navitus (844)268-9789.
	Standard Tier 2 (preferred brand drugs)	\$30/prescription	Not covered	Sexual Dysfunction: The plan has decided to COVER sexual dysfunction medications (subject to
If you wood dwine to	Standard Tier 3 (non- preferred brand drugs)	\$50/prescription	Not covered	QL's) but only allowing generics sildenafil and tadalfil.
If you need drugs to treat your illness or	Maintenance Tier 1 (generic drugs)	\$30/prescription	Not covered	Anti-obesity/Weight Loss: The plan has decided that it will EXCLUDE weight loss meds, but will
condition  More information about prescription drug coverage is available at www.navitus.com	Maintenance Tier 2 (preferred brand drugs)	\$60/prescripiton	Not covered	grandfather (indefinitely, or until the member is no longer actively taking the medication) those taking
	Maintenance Tier 3 (non- preferred brand drugs)	\$100/prescription	Not covered	Saxenda.
	Specialty drugs	20% <u>co-insurance</u> for medical,\$100/prescription for pharmacy	Not covered	Benefits may be denied or reduced by 50% for failure to obtain <b>preauthorization</b> for certain services. Enrollment in Specialty Access Program for certain specialty drugs is mandatory and requires prior authorization through Navitus.

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Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information	
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	20% <u>co-insurance</u>	Not covered	None	
outpatient surgery	Physician/surgeon fees	20% <u>co-insurance</u>	Not covered	None	
	Emergency room services	\$300/visit	\$300/visit	Emergency room services apply to in-network benefits.	
If you need immediate medical attention	Emergency medical transportation	20% <u>co-insurance</u>	20% <u>co-insurance</u>	Emergencies only. Emergency medical transportation applies to in-network benefits.	
	<u>Urgent care</u>	\$50/visit	Not covered	Applies to <u>urgent care</u> facilities only. <u>Deductible</u> does not apply.	
If you have a hospital	Facility fee (e.g., hospital room)	20% <u>co-insurance</u>	Not covered	Benefits may be denied or reduced by 50% for failure to obtain preauthorization for certain	
stay	Physician/surgeon fee	20% <u>co-insurance</u>	Not covered	services.	
If you need mental health, behavioral health, or substance	Outpatient services	\$40 for office visits, 20% co-insurance for outpatient	Not covered	Benefits may be denied or reduced by 50% for failure to obtain <b>preauthorization</b> for certain services. Additional limitations and exclusions	
abuse services	Inpatient services	20% <u>co-insurance</u>	Not covered	apply. <b>Deductible</b> does not apply to office visits and outpatient services.	
	Office visits	\$40/visit	Not covered	A different benefit may apply for major office surgery. <b>Deductible</b> does not apply.	
If you are pregnant	Childbirth/delivery professional services	20% <u>co-insurance</u>	Not covered	Benefits may be denied or reduced by 50% for failure to obtain <b>preauthorization</b> for certain services. Depending on the type of services, a	
	Childbirth/delivery facility services	20% <u>co-insurance</u>	Not covered	copayment, coinsurance, or deductible may apply.	

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Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
	Home health care	20% <u>co-insurance</u>	Not covered	Benefits may be denied or reduced by 50% for failure to obtain <b>preauthorization</b> for certain
If you need help	Rehabilitation services	\$50/visit for outpatient, 20% <u>co-insurance</u> for inpatient	Not covered	Up to 40 days per calendar year for inpatient physical, speech, and occupational therapies combined. Up to 20 visits per calendar year for outpatient physical, speech, and occupational therapies. Benefits may be denied or reduced by 50% for failure to obtain <b>preauthorization</b> for certain services.
recovering or have other special health needs	Habilitation services	\$50/visit	Not covered	Benefits may be denied or reduced by 50% for failure to obtain <b>preauthorization</b> for certain
	Skilled nursing care	20% <u>co-insurance</u>	Not covered	Up to 60 days per calendar year. Benefits may be denied or reduced by 50% for failure to obtain <b>preauthorization</b> for certain services.
	<u>Durable medical</u> <u>equipment (DME)</u>	20% <u>co-insurance</u>	Not covered	Benefits may be denied or reduced by 50% for failure to obtain <b>preauthorization</b> for certain
	Hospice service	20% <u>co-insurance</u>	Not covered	Benefits may be denied or reduced by 50% for failure to obtain <b>preauthorization</b> for certain
If your child needs dental or eye care	Children's eye exam	\$50/visit	Not covered	Deductible does not apply.
	Children's glasses	Not covered	Not covered	Glasses are not covered.
	Children's dental check-up	Not covered	Not covered	Dental check-ups are not covered.

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## **Excluded Services & Other Covered Services:**

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Services Your Plan Generally Does NOT Cover (Cr	neck your policy or <u>plan</u> document for more information	on and a list of any other <u>excluded services.</u> )
Acupuncture	Hearing aids	
Chiropractic care	Infertility treatment	
Cosmetic surgery and reconstructive and corrective	Long-term care	
services, except in limited circumstances	<ul> <li>Non-emergency care when traveling outside the</li> </ul>	
Dental care (adult/child), except in limited	U.S., except for <u>urgent care</u>	
circumstances		
Other Covered Services (Limitations may apply to	these services. This isn't a complete list. Please see y	/our <u>plan</u> document.)
Abortions/termination of pregnancy except in limited	Routine foot care	Weight loss programs as part of a program
circumstances		approved by SelectHealth
Bariatric surgery, <u>preauthorization</u> required with		
limitations		
Private Duty Nursing preauthorization required		

<sup>\*</sup> For more information about limitations and exceptions, see the plan or policy document at selecthealth.org/materials.

## **Your Rights to Continue Coverage:**

There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or www.dol.gov/ebsa/healthreform; or Department of Health and Human Services, Center for Consumer Information and Insurance Oversight, at 1-877-267-2323 x61565 or www.cciio.cms.gov; or contact the <u>Plan</u>. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance <u>Marketplace</u>. For more information about the <u>Marketplace</u>, visit <u>www.HealthCare.gov</u> or call 1-800-318-2596.

## **Your Grievance and Appeals Rights:**

There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your plan documents also provide complete information to submit a claim, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact: Department of Labor's Employee Benefits Security Administration at 866-444-EBSA (3272) or dol.gov/ebsa/healthreform; or If your coverage is fully-insured, you may also contact the Utah Insurance Department, Office of Consumer Assistance, Suite 3110, State Office Building, Salt Lake City, Utah 84114.

To contact SelectHealth Member Services, please call 800-538-5038 weekdays, TTY users should call 711, or visit us at selecthealth.org.

## Does this plan provide Minimum Essential Coverage? Yes

<u>Minimum Essential Coverage</u> generally includes <u>plans</u>, <u>health insurance</u> available through the <u>Marketplace</u> or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of <u>Minimum Essential Coverage</u>, you may not be eligible for the <u>premium tax credit</u>.

## Does this plan meet the Minimum Value Standards? Yes

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

<sup>\*</sup> For more information about limitations and exceptions, see the plan or policy document at selecthealth.org/materials.

## **About these Coverage Examples:**



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

# Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

The <u>plan's</u> overall <u>deductible</u>	\$2,500
Specialist	\$50
Hospital (facility)	20%
Other	20%

#### This EXAMPLE event includes services like:

<u>Specialist</u> office visits (*prenatal care*) Childbirth/Delivery Professional Services Childbirth/Delivery Facility Services

Diagnostic tests (ultrasounds and blood work)

Specialist visit (anesthesia)

Total Example Cost	\$12,700

## In this example, Peg would pay:

Cost Sharing		
Deductibles	\$2,500	
Copayments	\$0	
Coinsurance	\$1,000	
What isn't covered		
Limits or exclusions \$6		
The total Peg would pay is	\$3,560	
<b>J</b>	<b>,</b>	

## Managing Joe's type 2 Diabetes

(a year of routine in-network care of a well-controlled condition)

_ The <u>plan's</u> overall <u>deductible</u>	\$2,500
Specialist	\$50
Hospital (facility)	20%
Other	20%

#### This EXAMPLE event includes services like:

<u>Primary care physician</u> office visits (including disease education)

Diagnostic tests (blood work)

Prescription drugs

<u>Durable medical equipment</u> (glucose meter)

Total Example Cost \$5,600
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## In this example, Joe would pay:

\$800
\$1,000
\$620
\$60
\$2,480

# Mia's Simple Fracture

(in-network emergency room visit and follow up care)

_ The <u>plan's</u> overall <u>deductible</u>	\$2,500
Specialist	\$50
Hospital (facility)	20%
Other	20%

#### This EXAMPLE event includes services like:

<u>Emergency room care</u> (including medical supplies)

**Diagnostic test** (x-ray)

<u>Durable medical equipment</u> (crutches)

Rehabilitation services (physical therapy)

Total Example Cost	\$2,800
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# In this example, Mia would pay:

Cost Sharing	
\$900	
\$1,100	
\$300	
What isn't covered	
\$0	
\$2,300	

The <u>plan</u> would be responsible for the other costs of these EXAMPLE covered services.

## **DAVIS SCHOOL DISTRICT OPTION 3**

2/22/2022

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# Non-Discrimination Notice

SelectHealth obeys Federal civil rights laws. We do not treat you differently because of your race, color, ethnic background or where you come from, age, disability, sex, religion, creed, language, social class, sexual orientation, gender identity or expression, and/or veteran status.

We provide free aid and services to people with disabilities to help them communicate effectively with us, such as qualified sign language interpreters and written information in other formats (large print, audio, accessible electronic formats, other formats). We also provide free language services to people whose primary language is not English, such as qualified interpreters and member materials written in other languages.

If you need these services, please call SelectHealth Member Services at 800-538-5038 or SelectHealth Advantage Member Service at 855-442-9900. Any member or other person who believes he/she may have been subject to discrimination may file a complaint or grievance by calling the SelectHealth 504/Civil Rights Coordinator at 844-208-9012 or the Compliance Hotline at 800-442-4845 (TTY Users: 711). You may also call the Office for Civil Rights at 1-800-368-1019 (TTY Users: 800-537-7697).

# Language Access Services Spanish

ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame a SelectHealth: **800-538-5038**.

#### Chinese

注意:如果您使用繁體中文,您可以免費獲得語言援助服務。請致電 SelectHealth: **800-538-5038**.。

#### **Vietnamese**

CHÚ Ý: Nếu bạn nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bạn. Gọi số SelectHealth: **800-538-5038**.

#### Korean

주의: 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. SelectHealth: **800-538-5038**. 번으로 전화해 주십시오.

## Navajo

Díí baa akó nínízin: Díí saad bee yánílti'go Diné Bizaad, saad bee áká'ánída'áwo'dę'ę", t'áá jiik'eh, éí ná hólo', koji' hódíílnih SelectHealth: **800-538-5038**.

## Nepali

ध्यान दिनुहोस्ः तपाईंले नेपाली बोल्नुहुन्छ भने तपाईंको निम्ति भाषा सहायता सेवाहरू निःशुल्क रूपमा उपलब्ध छ । SelectHealth: **800-538-5038** मा फोन गर्नुहोस्।

## Tongan

FAKATOKANGA'I: Kapau 'oku ke lea fakatonga, ko e kau fakatonu lea te nau tokoni atu ta'etotongi, pea te ke lava 'o ma'u ia. Telefoni ki he SelectHealth: **800-538-5038**.

#### Serb-Croatian

ОБАВЕШТЕЊЕ: Ако говорите српски језик, услуге језичке помоћи доступне су вам бесплатно. Позовите SelectHealth: **800-538-5038**.

## **Tagalog**

PAUNAWA: Kung nagsasalita ka ng Tagalog, maaari kang gumamit ng mga serbisyo ng tulong sa wika nang walang bayad. Tumawag sa SelectHealth:

#### German

ACHTUNG: Wenn Sie Deutsch sprechen, stehen Ihnen kostenlos sprachliche Hilfsdienstleistungen zur Verfügung. Rufnummer: SelectHealth: **800-538-5038**.

#### Russian

ВНИМАНИЕ: Если вы говорите на русском языке, то вам доступны бесплатные услуги переводчика. Позвоните SelectHealth: **800-538-**

#### **Arabic**

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## Mon-khmer, Cambodian

សម្គាល់៖ បើសិនជាអ្នកនិយាយ ភាសាខ្មែរ សេវា ជំនួយផ្នែកភាសា ដោយមិនគិតថ្លៃ គឺអាច មានសំរាប់ អ្នក។ សូមទូរស័ព្ទមក SelectHealth: 800-538-5038 ។

#### French

ATTENTION: si vous parlez français, des services d'aide linguistique vous sont proposés gratuitement. Contactez SelectHealth: **800-538-5038**.

## **Japanese**

注意事項:日本語を話される場合、無料の 言語 支援をご利用いただけます。 SelectHealth: **800-538-5038**. まで、お電話にて ご連絡ください。

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ATTENTION: si vous parlez français, des services d'aide linguistique vous sont proposés gratuitement. Contactez SelectHealth: **800-538-5038**.

## **Japanese**

注意事項:日本語を話される場合、無料の 言語 支援をご利用いただけます。 SelectHealth: **800-538-5038**. まで、お電話にて ご連絡ください。

<sup>\*</sup> For more information about limitations and exceptions, see the plan or policy document at selecthealth.org/materials.