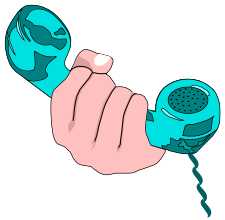
Parents:
The following may help you become more active in Admissions and Release Committee (ARC) meetings. The questions and suggestions deal primarily with IEP meetings and do not cover all the activities that could happen at an ARC meeting.



BEFORE THE MEETING

If you answer no to any questions, call or visit your child's school or the local district office.

- Do I know the purpose of the ARC meeting?
- Do I know when and where my ARC will meet?
- Do I know who is supposed to be at the meeting? Will transition be discussed?
- Have I seen my child's records, including IEP, evaluation and progress reports?
- Do I understand what is in the records?
- Have I thought about goals for my child? (Talk with family or friends about it and make a list to take to the meeting.)
- Do I know what my child is interested in? (Talk about it and make a list to take to the meeting.)
- Do I know what my child can and cannot do at home? (Talk about it and make a list to take to the meeting.)

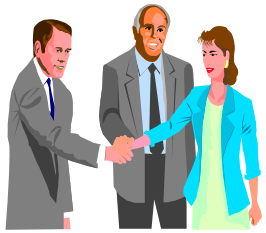
AT THE MEETING



- Ask questions when things are not clear.
- Do I know how my child will participate in the regular program with children who are not disabled? (Participation in the regular education program)
- State your concerns.
- Speak up if you disagree.
- State the goals you want for your child.
- Describe what your child is like at home. (Share list of what your child can or cannot do and how it affects home.)
- Ask school staff to explain the disability your child has and explain how the disability affects your child's education.
- Share list of goals you think should be included. (Annual goals and benchmarks)

AT THE END OF THE MEETING

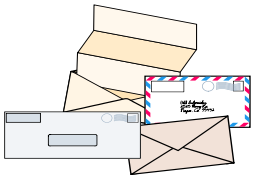
If you answer no to any questions, ask school staff for information.



- Do I know what special services my child will get? Do I know how often and the length of services? *(Specially designed instruction and related services)*
- Do I know how my child's progress will be measured and reported? (Progress reports)
- Do I know when we will review the IEP? *(Schedule for review)*
- Do I know where educational and related services will be provided? *(Placement)*
- Do I know how my child will participate in statewide testing and assessment programs, including what accommodations and modifications might be needed?
- If my child is between the ages of three and five, do I know what

steps will be taken to make sure there is a smooth transition from preschool to the primary program?

- If my child is 14 years of age or older, do I know what he/she will study for the next several years?
- If my child is 14 years of age or older, do I know what is in his plan for transition from school to work, additional training or higher education, and to community living?
- Do I know if my child needs extended school year services to prevent regression?



AFTER THE MEETING

If you answer no to any questions, call or visit your child's school.

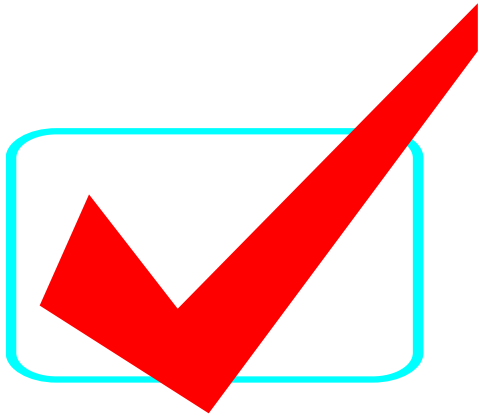
- Did I receive a copy of the meeting summary and IEP? (If no, call the school and ask for copies.)
- Did I give written consent for services? (prior to implementation of the IEP)
- Am I in agreement with the IEP?
- Do I want to talk with the committee before the next scheduled meeting and do I know how to do this?

The booklet YOUR CHILD'S EDUCATION gives additional information about Admissions and Release Committees, as well as other topics related to special education. To obtain a copy, contact:

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Kentucky Department of Education
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PREPARING FOR ADMISSIONS AND RELEASE COMMITTEE (ARC) MEETINGS



A Checklist for Parents