



MESA ELEMENTARY HEALTH INFORMATION



"We cannot educate children who are not healthy, and we cannot keep them healthy if they are not educated..." J. Elders

The health of your child matters!

Student health is an important priority in Fountain-Fort Carson School District 8. The district website has forms and other informational documents that we use to support student health while students are in school, as well as information and resources for parents to access for home use @ www.ffc8.org - **Parents & Students - Student Health**

When to stay home:

1. **Temperature of 100.4 or higher.** Students with a fever (100.4 or higher) should stay home until they have gone **at least 24 hours** fever free **without the aid of fever-reducing medication.**
2. **Vomiting**
Students who have vomited should stay home until they have gone up to 48 hours without vomiting, and are feeling better overall. **Contact your school nurse for specific guidance regarding staying home after vomiting.** (Please consult the D8 home website, Student Health Page, for updated information as these guidelines are subject to change due to requirements by the Colorado Department of Public Health and Environment.)

Blue Notes:

If your student is seen in the health office for a NON-EMERGENT visit, you will receive a 'blue note' with details from the school and a dialer notification from district (after school hours.)

Immunizations:

Colorado law requires all students attending Colorado schools to be vaccinated against certain diseases unless a medical or non-medical exemption is filed. For more information about vaccine requirements, resources and exemptions, please visit the Colorado Department of Public Health and Environment's School Immunization website (<https://cdphe.colorado.gov/schoolrequiredvaccines>) or contact your school nurse.

Hearing and Vision Screening:

All students in FFC8 will be screened for hearing and distance vision. If your student fails two screenings, you will receive a notification from your school nurse. If you would like to opt your child out of hearing and vision screening, please reach out to your school nurse.

Medication:

1. Any medication that is prescribed to be taken during school hours must be brought into the building and picked up from the building by an adult/guardian. **Students are not permitted to transport medication.**
2. All medication must be approved by a prescribing physician with the appropriate forms signed. **Medication forms must be updated and signed at the start of each school year.** There are specific forms for use with an inhaler or epinephrine pen. (These forms may be accessed on the district website or by contacting your school nurse.)