



Fentanyl: What You Need to Know

Alcohol & Drug Education & Prevention Team
Mental Health & Recovery Services





After today's workshop, you will be able to ...

- ❖ Understand how illegal fentanyl is made.
- ❖ Identify the risk of taking illegal fentanyl.
- ❖ Describe how youth get drugs with illegal fentanyl.
- ❖ Use prevention strategies to keep your family safe.

Opioids

ex: OxyContin

Stimulants

ex: Adderall

Depressants

ex: Xanax

Opioids

Opioids are drugs that
relieve pain.

Drugs, such as morphine
and heroin, are made
from **opium poppies.**

Fentanyl

Manufactured by pharmaceutical companies.

Used in legitimate medications as patches or lozenges.

Prescribed by a licensed provider and filled by a pharmacy.

Illegal Fentanyl

Manufactured by transnational criminal organizations.

Mixed into street drugs and fake pills.

Purchased on social media, from a friend or dealer.

The possible effects of illegal fentanyl are **immediate:**

- Confusion
- Changes in pupil size
- Coma
- Respiratory failure
- Death

50 x
MORE
POTENT
THAN
HEROIN

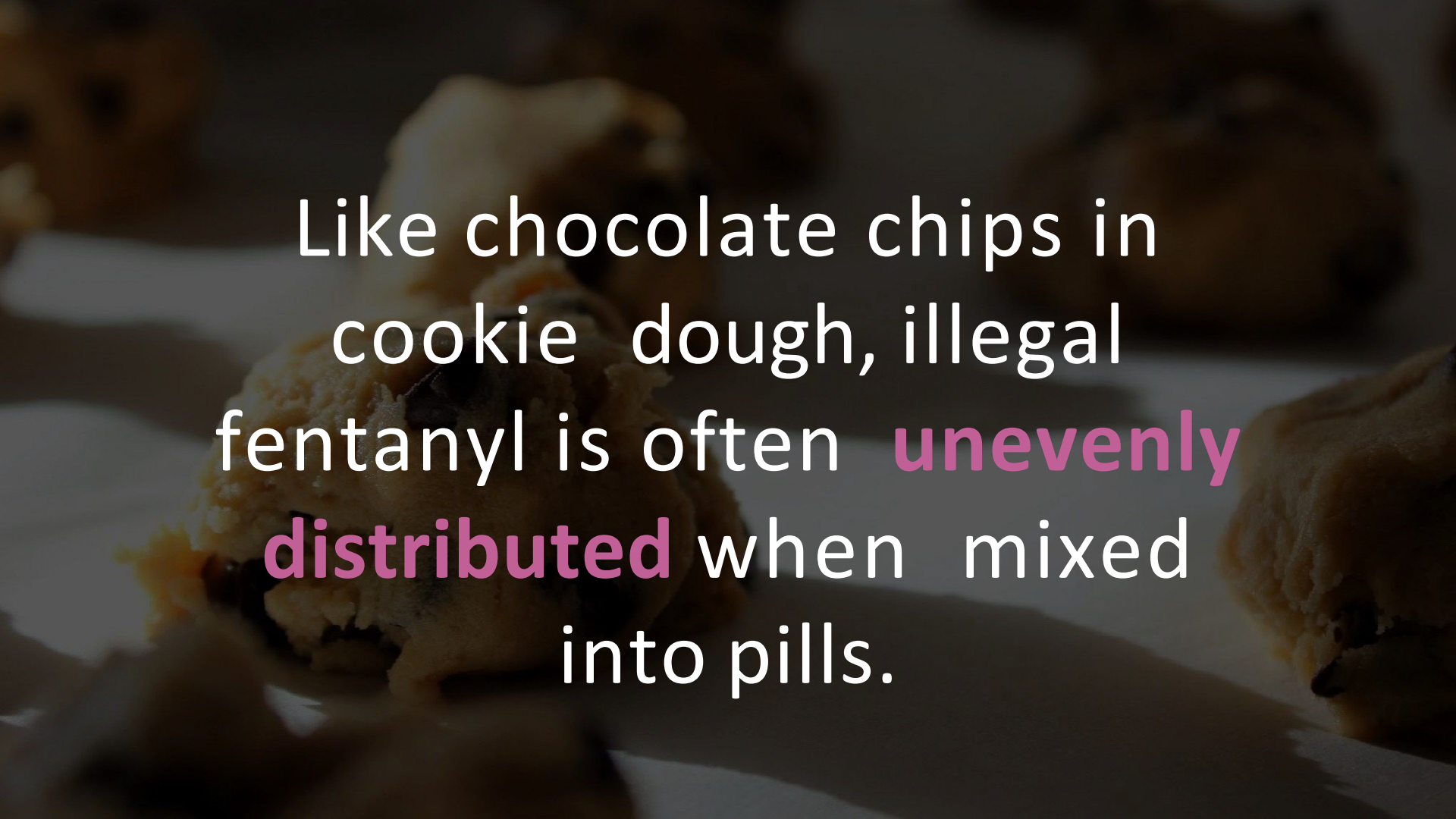




Which is fake?



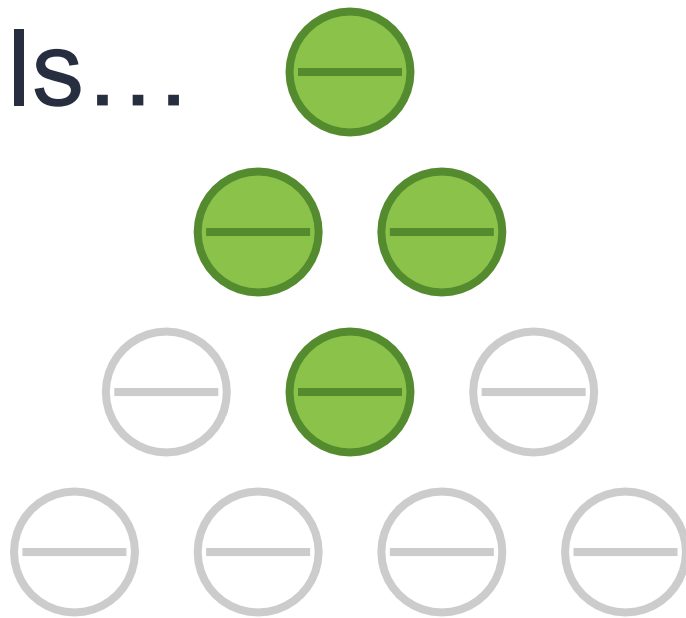




Like chocolate chips in
cookie dough, illegal
fentanyl is often **unevenly**
distributed when mixed
into pills.

“4 out of every 10 pills...

seized and tested by the
Drug Enforcement
Administration contains a
potentially lethal dose of
illegal fentanyl.”





This is a **lethal dose** of illegal fentanyl.

Source: U.S. Drug Enforcement Administration 2022

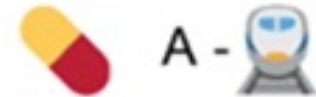


Emojis used to shop for drugs online

PERCOCET & OXYCODONE



ADDERALL



XANAX







Illegal fentanyl-related deaths among minors (2017-2021)

| | 2017 | 2018 | 2019 | 2020 | 2021 |
|---------------|------|------|------|------|------|
| 10 - 17 years | 0 | 0 | 1 | 7 | 19 |

Source: Orange County Sheriff's Department 2022



How can we keep our
children safe?

PARENTAL ENGAGEMENT

- The time you spend together has a lasting effect on your kids.
- Engaging with your kids can be simple and part of your daily activities.



Simple activities can be meaningful...



- Read to your child
- Do a puzzle together
- Take a walk with them
- Prepare meals together
- Play board or online games



Family Engagement

- Talk as a family about everyday goings-on
- Take advantage of time in the car
- Play video games together that they enjoy
- Deliberately set aside time to talk

Other Parental Involvement Skills

1. Set a good example
2. Create clear rules according to beliefs
3. Teach refusal skills – ways to say “NO”
4. Manage family conflicts
5. Increase your knowledge on alcohol and drugs
6. Strengthen bonds



SOCIAL MEDIA

Positive:

- Feel less isolation
- Able to connect with others
- Reach a wide audience

Negative:

- Youth face unrealistic standards
- Pressure to look perfect
- Affects their mental health



Medications at home . . .



MONITOR

Learn to read medication labels.



SECURE

Out of sight, out of reach.

Lock medications that are rarely used.



DESTROY

Drop box or destroy in home.

Opioid Reversal Drug



RESOURCES



- 24/7
- Multiple languages
- Talk or online chat
- www.ocnavigator.org

Centers for Disease Control and Prevention



U.S. Drug Enforcement Administration



National Institute on Drug Abuse



**Substance Abuse Mental Health Services
Administration Health and Human Services**



SURVEY

Please click on the
link in the chat box.

Or use the QR
code here.





Alcohol & Drug Education & Prevention Team

www.ochhealthinfo.com/adept

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