




# Comprehensive Sexual Health Education (CSHE) Parent Information Night

10.20.22



# Overview of Comprehensive Sexual Health Education in Quincy



---

Washington State's Law



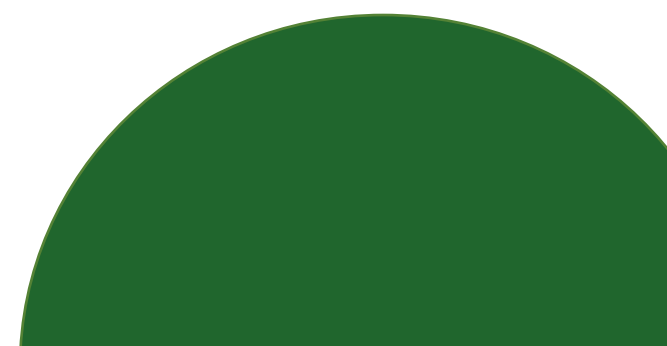
---

QSD Curriculum



---

Accessing  
Information and  
Opt-Out



# Washington State Law



Senate Bill 5395, passed by the Legislature and the voters in 2020, took effect on December 3, 2020.

It requires all Washington public schools to provide comprehensive sexual health education instruction that is:

- medically and scientifically accurate
- evidence-informed, age appropriate
- aligned with health and learning standards
- and inclusive of all students regardless of their protected class status

# Sexual Health Curriculum by Grade

## Prior to New Law/Continued

- Grade 5 - [Draw the Line/Respect the Line, KNOW Curriculum](#), Puberty
- Grade 6 and 7 - [Draw the Line/Respect the Line](#)
- Grade 9 - [FLASH](#)

## Additional Requirements in New Law

- Grades K-3 Social Emotional Learning (SEL) – Into Reading (SEL embedded in ELA curriculum)
- Grade 12 – Required addition at another grade level; [Native Voices Video](#)


# Elementary SEL Curriculum (K-5)

## Into Reading Social Emotional Learning (SEL)

- Teachers teach the Social Emotional Learning standards using the new English Language Arts curriculum, Into Reading, focusing on: **Responsible Decision Making, Relationship Skills, Self-Awareness, Self-Management, and Social Awareness**
- Counselors support with lessons about problem-solving using a Kelso's Choice

# Elementary Curriculum (Grade 5)

## Draw the Line/Respect the Line and KNOW

- Draw the Line/Respect the Line: Primarily focus on setting limits and refusal skills in non-sexual situations
  - Homework activities encourage parent-child discussion of cultural and family values and pressure situations for young people
  - KNOW Curriculum mentions that you can get HIV/AIDS through sexual intercourse
- 

# 5<sup>th</sup> Grade Puberty

## “Always Changing and Growing Up” Program

- Understand the physical and emotional changes they experience during puberty and acknowledge that these changes are a normal part of growth and development. This includes body changes that happen to both girls and boys
- Understand that personal hygiene is each individual’s responsibility.
- Learn about making good decisions and powerful words to make a positive impact.
- Learn how to stay healthy and confident from the changes that occur to their brains, eating well, and staying safe.
- Talk to parents and trusted adults about their feelings and questions during puberty to help them better understand and get the support they need.
- Lessons are taught separately to boys and girls by school counselors and other trained teachers.

# Middle School Curriculum (Grades 6 & 7)

## Draw the Line/Respect the Line

- Designed to encourage youth to delay having sexual intercourse to reduce the incidence of STDs/HIV and pregnancy
- Students learn about the consequences associated with sexual intercourse and are encouraged to set limits regarding sex
- Students are also taught intrapersonal and interpersonal skills to help them maintain limits and respect the limits of others
- Homework activities encourage parent-child discussion of intentions to avoid having sex and getting out of risky situations



# QHS – FLASH (9<sup>th</sup>) and Native Voices Video (12<sup>th</sup>)

## FLASH Curriculum

- Comprehensive science-based curriculum
  - In-class activities are engaging for students
  - Strong family involvement component
- Designed for use in school classrooms, as a part of a health unit
  - Taught in 9th Grade during Family Health
  - Unit lasts two weeks – within the last month of each semester

## Native Voices Video with Facilitation

- [Video](#) covers sexual health topics:
  - Waiting to have sex
  - Talking to your partner about sex and STD testing
  - Defining & enforcing personal values, and healthy relationships
- Facilitated by Family Health Teacher
  - 12th Grade English Classes
  - 2nd Semester



# Sexual Health Curriculum

## Sexual Health Curriculum Information

2022 Comprehensive Sexual Health Parent Information Night  
Thursday, October 20, 2022 at 5:30pm at the Quincy High School Library

On the agenda:

- Curriculum Overview
- How to opt-out your student(s)
- Q&A

### Documents:

- [FAQs](#)
- [Grade 5 - KNOW Curriculum](#)
- [Grade 5, 6, 7 - Draw the Line](#)
- [Grade 9 - FLASH](#)
- [Grade 12 - Native VOICES Video and Family Letter](#)
- [Comprehensive Sexual Health Ed. Opt-Out Form](#)

Please submit questions to: [sexualhealtheducation@qsd.wednet.edu](mailto:sexualhealtheducation@qsd.wednet.edu)

## QSD Website




## Opt-Out Form





# Questions?

Comprehensive Sexual  
Health Ed FAQ 

Anyone can submit questions to:  
[sexualhealtheducation@qsd.wednet.edu](mailto:sexualhealtheducation@qsd.wednet.edu)