



# Hampton Township School District November/December 2022 Breakfast Menu



Monday	Tuesday	Wednesday	Thursday	Friday
<b>November 14, 2022</b>	<b>November 15, 2022</b>	<b>November 16, 2022</b>	<b>November 17, 2022</b>	<b>November 18, 2022</b>
<b>Breakfast Pizza or Choice of Daily Entrée</b>  Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	<b>Mini Cinnamon Rolls or Choice of Daily Entrée</b>  Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	<b>Sausage/Egg/Cheese Muffin or Choice of Daily Entrée</b>  Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	<b>Mini French Toast or Choice of Daily Entrée</b>  Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	<b>Mini Waffles or Choice of Daily Entrée</b>  Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk
<b>November 21, 2022</b>	<b>November 22, 2022</b>	<b>November 23, 2022</b>	<b>November 24, 2022</b>	<b>November 25, 2022</b>
<b>Breakfast Pizza or Choice of Daily Entrée</b>  Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	<b>Mini Pancakes or Choice of Daily Entrée</b>  Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	<b>Pancake on a Stick or Choice of Daily Entrée</b>  Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	<b>Thanksgiving Break</b>	<b>Thanksgiving Break</b>
<b>November 28, 2022</b>	<b>November 29, 2022</b>	<b>November 30, 2022</b>	<b>December 1, 2022</b>	<b>December 2, 2022</b>
<b>Thanksgiving Break</b>	<b>Mini Cinnamon Rolls or Choice of Daily Entrée</b>  Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	<b>Sausage/Egg/Cheese Muffin or Choice of Daily Entrée</b>  Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	<b>Mini French Toast or Choice of Daily Entrée</b>  Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	<b>Mini Waffles or Choice of Daily Entrée</b>  Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk
<b>December 5, 2022</b>	<b>December 6, 2022</b>	<b>December 7, 2022</b>	<b>December 8, 2022</b>	<b>December 9, 2022</b>
<b>Breakfast Pizza or Choice of Daily Entrée</b>  Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	<b>Mini Pancakes or Choice of Daily Entrée</b>  Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	<b>Pancake on a Stick or Choice of Daily Entrée</b>  Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	<b>Stuffed French Toast or Choice of Daily Entrée</b>  Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	<b>Dutch Waffle or Choice of Daily Entrée</b>  Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk
<b>December 12, 2022</b>	<b>December 13, 2022</b>	<b>December 14, 2022</b>	<b>December 15, 2022</b>	<b>December 16, 2022</b>
<b>Breakfast Pizza or Choice of Daily Entrée</b>  Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	<b>Mini Cinnamon Rolls or Choice of Daily Entrée</b>  Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	<b>Sausage/Egg/Cheese Muffin or Choice of Daily Entrée</b>  Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	<b>Mini French Toast or Choice of Daily Entrée</b>  Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	<b>Mini Waffles or Choice of Daily Entrée</b>  Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk
<b>December 19, 2022</b>	<b>December 20, 2022</b>	<b>December 21, 2022</b>	<b>December 22, 2022</b>	<b>December 23, 2022</b>
<b>Breakfast Pizza or Choice of Daily Entrée</b>  Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	<b>Mini Pancakes or Choice of Daily Entrée</b>  Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	<b>Pancake on a Stick or Choice of Daily Entrée</b>  Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	<b>Winter Break</b>	<b>Winter Break</b>

**ALL STUDENTS ARE ELIGIBLE FOR A FREE REIMBURSABLE BREAKFAST!!!!!!**

Please make checks payable to: HTSD Cafeteria Fund. Money may also be deposited into your child's account online at [www.PayForIt.net](http://www.PayForIt.net)

USDA is an equal opportunity provider and employer

**What is a Breakfast?**  
Choice of Hot Entree or Daily Entree, Choice of Fruit/Juice, and Choice of Milk. Students must take at least a 1/2 cup of Fruit/Juice as one of their 3 components for the school breakfast price.

**DAILY ENTREES:**

- Chocolate Chip Bread Loaf with Goldfish Graham Crackers
- Powdered Sugar Mini Donuts
- Chocolate Mini Donuts
- Glazed Donut
- Oatmeal Choc Chip Snack Bar with Goldfish Graham Crackers
- Cereal Breakfast with Goldfish Graham Crackers:
  - Cheerios
  - Cinnamon Toast Crunch
  - Lucky Charms
  - Reese's Puffs
  - Cocoa Puffs
  - Honey Nut Cheerios
  - Frosted Flakes
- Yogurt Breakfast with Goldfish Graham Crackers
- Bagel with Cream Cheese, Jelly, or Butter



**Fruit Choices May Include:**  
Apples, Oranges, Bananas, Pears, Grapes, Applesauce, Pineapples, Mixed Fruit, Honeydew, Cantaloupe, Mandarin Oranges, Peaches, or 100% Assorted Fruit Juice



**Milk Choices Include:**  
1% White Milk, Fat Free Chocolate Milk, Fat Free Vanilla Milk, Fat Free Strawberry Milk, Fat Free White Milk, or Lactaid Milk

**Food Service Director:**  
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