

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Grass Fed Beef Hotdog Baja Fish Taco with Alaskan Pollock & Tortilla Chips Sunbutter Sandwich & String Cheese ✓	2 Grilled Cheese Sandwich ✓ Chicken Tenders Yogurt & Granola ✓	3 Fiesta Nacho Tower ✓ with Grass Fed Organic Beef ✓ EUSD Cheese Pizza ✓ Benefit Bar & String Cheese ✓	4 All Beef Hamburger Veggie Burger ✓ Macaroni & Cheese ✓ Yogurt & Granola ✓ Snickerdoodle Cookie ✓
	7	8	9	10
Mozzarella Stuffed Breadsticks & Marinara ✓ EUSD Cheese Pizza ✓ Yogurt & Granola ✓	Crispy Chicken Sandwich Veggie Burger ✓ Cheese Tamale & Tortilla Chips ✓ Sunbutter Sandwich & String Cheese ✓	Cheese Quesadilla ✓ Orange Chicken & Brown Rice Yogurt & Granola ✓	Chicken Tenders EUSD Cheese Pizza ✓ Benefit Bar & String Cheese ✓	Veteran's Day Holiday
14	15	16	17	18
Pasta with Butter Parmesan Sauce ✓ EUSD Cheese Pizza ✓ Yogurt & Granola ✓	All Beef Hamburger Shredded Chicken Taco ✓ Sunbutter Sandwich & String Cheese ✓	Grilled Cheese Sandwich ✓ Macaroni & Cheese ✓ Yogurt & Granola ✓	Brunch for Lunch ✓ EUSD Cheese Pizza ✓ Benefit Bar & String Cheese ✓	Chicken & Waffle Sandwich Mashed Potato Bowl with Chicken & Gravy ✓ Yogurt & Granola ✓ Sugar Cookie ✓
21	22	23	24	25
Thanksgiving Break				
28	29	30	<div style="border: 1px solid black; padding: 5px;"> <p>Contains Pork: </p> <p>Gluten Free: </p> <p>Vegetarian: ✓</p> <p>Scratch-made Fresh Daily: </p> </div> <div style="border: 1px solid black; padding: 5px; margin-top: 5px;"> <p style="text-align: center;">Meals are FREE for EUSD students</p> <p style="text-align: center;">Adult Lunch: \$5.00 Adult Breakfast: \$3.00</p> </div>	
EUSD Spaghetti & Marinara ✓ EUSD Cheese Pizza ✓ Yogurt & Granola ✓ All Fruit Popsicle	Crispy Chicken Sandwich Warm Soft Pretzel with Cheddar Cheese Dip ✓ Sunbutter Sandwich & String Cheese ✓	Cheese Quesadilla ✓ Orange Chicken & Brown Rice Yogurt & Granola ✓		

-Online Meal Payments, School Menus & Nutrition facts, visit our new Mobile Menu App at: www.schoolcafe.com.

-Lunch includes: 1 entrée, locally sourced milk, assorted fruits/veggies and any side items
-Food Allergies:

- Most **Gluten free** entrées are gluten free without the bread/bun/tortilla/etc. Corn tortillas available upon request. We serve gluten free items but our kitchens are not gluten free facilities.
- We do not serve food that contains nuts, however, we are not a true nut free facility. Items may be processed in facilities that also process **nuts** and other allergens.
- If your child may need a special meal accommodation, please fill out the Request for Special Meals Form on or Child Nutrition Website and return to your school nurse: <http://www.eusd.net/child-nutrition-services/student-menu-nutrition-and-allergen-information/>

**Menus are subject to change without notice
This institution is an equal opportunity provider

Breakfast Menu

Breakfast is served at every school from 7:30-8:00 am daily.

Breakfast includes a choice of Entrée, Fruit, Milk and String cheese

Monday: Benefit Bar & Yogurt
Sweet Potato Chocolate Chip Muffin

Tuesday: Banana Bread
Cereal of the Week

Wednesday: Maple Belgian Waffle
Cereal of the Week

Thursday: Mini Pancakes
Cereal of the Week

Friday: Buttermilk Twin Bars
Cereal of the Week

Daily Salad Bar:

Fresh, Seasonal, California-Grown!

Unlimited Daily Salad bars are part of every school lunch, featuring EUSD Farm Lab Grown organic lettuce and seasonal veggies!

Mondays: California Grown Apple Pears & Celery

Tuesdays: Super Sliced Apples & Jicama

Wednesdays: Locally Grown Persimmons

Thursdays: Farm Lab organic Cucumbers & Cantaloupe

Fridays: Locally Grown Valencia Orange Slices

Various dressings are offered daily including a option.