

## 2022 Volleyball Practice Schedule

### Date:

Wed., 9/14 Practice 2:45 to 4:00 in FMS Small Gym  
Thurs., 9/15 Practice 2:45 to 4:00 in FMS Small Gym

Mon., 9/19 Practice 2:45 to 4:00 in FMS Small Gym  
Tues., 9/20 Practice at FHS 2:45-4:00  
Wed., 9/21 Practice 11:30 to 1:00 in FMS Small Gym  
(early release day)\**This is an option practice!*  
Fri., 9/23 Practice 2:45 to 4:00 FMS Small Gym

Mon., 9/26 Practice 2:45 to 4:00 in FMS Small Gym  
Wed., 9/28 Practice 2:45 to 4:00 in FMS Small Gym  
Thurs. 9/29 3-4:15 in FHS gym (optional)  
Fri., 9/30 Practice 2:45 to 4:00 in FMS Small Gym

Mon., 10/3. Practice 3-4:15 FHS gym  
Tues., 10/4 AWAY Match vs. Harrison MS (Yarmouth) @ YHS (4pm)  
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Wed., 10/5. NO practice  
Thurs. 10/6. Practice 3-4:15 FHS gym

Tues., 10/11. Practice 2:45-4 FMS small gym  
Wed., 10/12 AWAY Match vs. Biddeford  
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@Biddeford MS (4pm)  
Thurs. 10/13 NO practice  
Fri., 10/14. HOME Match @ 5:45 vs. Yarmouth @ FHS

Mon., 10/17 HOME Match @ 5:30 vs. Windham @ FHS  
Tues., 10/18 HOME Match 6:30p vs.  
Mahoney/Mem. @ FHS

Mon., 10/24 AWAY Match vs. Greely @ Greely HS (3:30 pm)

Tues., 10/25 AWAY Match vs. Mahoney/Memorial @ SPCC (6:30 pm)

Thurs., 10/27 HOME Match @ 3:30 vs. Greely @ FHS

Insta @falmouthgirlsvolleyball

@navigators\_scores