

WRESTLING

(Elementary and Middle School Ages)

Sponsored by:

Mountainside Wrestling Club

MISSION: Promote the sport of wrestling to youth athletes K-8th grade and to develop both physically and mentally by building strong fundamentals and having fun.

Opening Night is Monday, Nov. 14th at Mountainside
High School!

Online registration is now available and mandatory. Please visit the website [Welcome | 2022-2023 Wrestling Season | Mountainside Wrestling Club \(sportngin.com\)](#) for online registration

The Beaverton School District does not sponsor or endorse the activities and/or information in this material.

Practice Begins- Monday, Nov. 14th

Location- Mountainside High School Wrestling Room. - Enter through the main entrance, turn right after entering, then an immediate right again to go down the stairs to the Lower Level (Basement). Once there, the wrestling room will be just past the hallway that leads to the gym on the right.

REGULAR PRACTICE TIMES:

Grades K-4th: 6pm-7pm (Monday and Wednesday)

Grades 5th-8th: 7pm-8:30pm (Monday and Wednesday)

(There will be no practices on BSD no school days)

Season: November 14th - 2nd week of February

COMPETITIONS:

Tournaments- Saturday and/or Sunday mornings in Beaverton/Hillsboro area (schedule to follow, usually starts first weekend in December).

Tentative District Tournament (end of the season usually first-second weekend in February) will be at a local High School (schedule to follow).

COST for all ages:

\$180.00. Fee will be processed upon online registration.

Please visit <https://mountainsidewrestling.sportngin.com> or go directly to [Welcome | 2022-2023 Wrestling Season | Mountainside Wrestling Club \(sportngin.com\)](#) for the link to register and pay online.

Price includes- A club t-shirt, USA wrestling membership (insurance), and wrestler entry to Metro League Tournaments.

Questions? Contact Coach James Lybarger at mountainsidewrestlingclub@gmail.com

For additional information/updates follow:

<https://www.facebook.com/mountainsidewrestlingclub/>

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