

TPS High School Lunch Menu Week of October 31, 2022

Tons of Variety - Try Something New Every Day.

GRILL

EVERYDAY SELECTIONS

Hamburger, Cheeseburger, Crispy Chicken Sandwich. Spicy Chicken Sandwich. Veggie Burger M: Buffalo Chicken Burger

T: Sloppy Joe

W: Chicken Parmesan Sandwich

Th: Grilled Cheese

TOPPINGS: Cheddar Cheese, Pepper Jack Cheese, Shredded Lettuce, Sliced Tomatoes, Sliced Red Onions, Jalapenos, Pickles



EVERYDAY SELECTIONS

Cheese Pizza,

Mozzarella Stuffed Breadsticks w/ Marinara Sauce





M: Chicken Bruschetta Pizza

Γ: Pesto Chicken Pizza

W: Balsamic Chicken Pizza
Th: Chicken.Bacon and Ranch



DAILY SPECIALS

M: Turkey Sub, Ham Sub, Chef Salad, or Fruit & Yogurt Parfait

T: Turkey Sub, Buffalo Chicken Sub, Chicken Caesar Salad, or Fruit & Yogurt Parfait

W: Turkey Sub, American Combo Sub, Crispy Chicken Salad, or Fruit & Yogurt Parfait

Th: Turkey Sub, Crispy Chicken Sub, Chef Salad, or Fruit & Yogurt Parfait
F: Turkey Sub, Italian Sub, Chicken Caesar Salad, or Fruit & Yogurt Parfait



THIS WEEK'S SPECIALS



M: Chicken Bruschetta Sub

T: Pesto Chicken Salad or Sub

W: Greek Turkey Salad or Wrap

Th: Spicy Italian Submarine Sandwich



EVERYDAY SELECTIONS

Custom Subs with a Variety of Meats, Cheeses, Fresh Baked Breads, Premium Sauces, and Toppings

THIS WEEK'S SPECIALS



M: Bruschetta Chicken Sub

W: Greek Turkey Wrap

T: Pesto Chicken Sub

Th: Green Chili Chicken Sub

MEXICO

EVERYDAY SELECTIONS

Make every day a fiesta of flavor and fun! Choose your filling, then build your Mexican favorite just the way you like. Burritos, salads, nachos, and tacos available daily.



ADVENTURE



Enjoy this weeks features Monday-Thursday in Adventure!

From enchiladas to tamales and tacos al pastor, you've got lots of options to make your Mexican feast exactly what you want. Lunches served platter-style.



#loveThis

ADVENTURE

Chicken Fried Chicken

DELI

Green Chili Chicken

PIZZA

Chicken Bacon Ranch Pizza

GRILL

Buffalo Chicken Sandwich

FAST TAKES

Fruit & Yogurt Parfait

EXTRAS



A hearty garden bar, fresh fruits and a variety of vegetables and sides are offered daily. We hope to inspire and encourage all students to make healthy choices regularly.

KICK IT UP A NOTCH

by adding one of our specialty sauces or spices to your meal! This month's spices are T4 Signature and South of the Border Seasonings.

Creamy Sriracha Sauce
A spicy cayenne pepper sauce with
special seasonings.

Cilantro Lime Crema
A blend of mayonnaise and creamy
Greek yogurt infused with lime juice
and freshly chopped cilantro.



This institution is an equal opportunity provider.

Additional nutrition information available upon request.



TPS High School Lunch Menu Week of November 7, 2022

Tons of Variety - Try Something New Every Day.

GRILL

EVERYDAY SELECTIONS

Hamburger, Cheeseburger, Chicken Sandwich, Spicy Chicken Sandwich, Veggie Burger



- M: Chicken Cordon Bleu
- T: Mushroom Swiss Burger
- W: Buffalo Chicken Sandwich
- Th: Corn Dog

TOPPINGS: Cheddar Cheese, Pepper Jack Cheese, Shredded Lettuce, Sliced Tomatoes, Sliced Red Onions, Jalapeños, Pickles

PIZZA

EVERYDAY SELECTIONS

Cheese Pizza,

Mozzarella Stuffed Breadsticks w/ Marinara Sauce





- M: Chicken Bruschetta Pizza
- T: Pesto Chicken Pizza

W: Greek Turkey Pizza

Th: Balsamic Chicken Pizza

FAST TAKES

DAILY SPECIALS

M: Turkey Sub, Ham Sub, American Combo Sub, Chef Salad, or Fruit & Yogurt Parfait,

Taste4 Extras Bar

- T: Turkey Sub, Buffalo Chicken Sub, Chicken Caesar Salad, or Fruit & Yogurt Parfait, Taste 4 Extras Bar
- **W:** Turkey Sub, American Combo Sub, Crispy Chicken Salad, or Fruit & Yogurt Parfait, Taste4 Extras Bar
- **Th:** Turkey Sub, Crispy Chicken Sub, Chef Salad, Fruit & Yogurt Parfait, Taste 4 Extras Bar
- F: Turkey Sub, Italian Sub, Chicken Caesar Salad, or Fruit & Yogurt Parfait,





- M: Chicken Bruschetta Salad or Sub T:PestoChickenSaladorSub
- W: Greek Turkey Salad or Wrap
- Th: Balsamic Chicken Salad or Sub

DELI



EVERYDAY SELECTIONS

Custom Subs with a Variety of Meats, Cheeses, Fresh Baked Breads, Premium Sauces and Top-

THIS WEEK'S SPECIAL

This Week's Specials



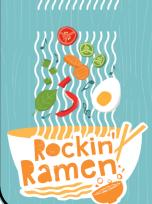
- M: Chicken Bruschetta Salad or Sub
- : Pesto Chicken Salad or Sub
- Th: Balsamic Chicken Salad or Sub

W: Greek Turkey Salad or Wrap

KICK IT UP A NOTCH
by adding one of our specialty sauces or spices to your meal! This
month's spices are T4 Signature and South of the Border Seasonings.

Creamy Sriracha Sauce A spicy cayenne pepper sauce with special seasonings. Cilantro Lime Crema
A blend of mayonnaise and creamy
Greek yogurt infused with lime juice
and freshly chopped cilantro.





Enjoy this week's features Monday-Thursday in Adventure!

Build your own piping hot noodle bowl just the way you like—whether that's meat-forward or completely vegetarian. No matter which combination you decide on, you won't be disappointed!



ADVENTURE Homemade Lasagna Tacc

DELI Turkey Club



Taco Pizza

GRILL Bacon Cheeseburger

FAST TAKES
Chicken Caesar



EXTRAS



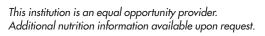
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MEXICO

EVERYDAY SELECTIONS

Make every day a fiesta of flavor and fun! Choose your filling, then build your Mexican favorite just the way you like. Burritos, salads, nachos and tacos available daily.







TPS HIGH SCHOOL LUNCH MENU

Week of November 14, 2022

Tons of Variety - Try Something New Every Day.

GRILL

EVERYDAY SELECTIONS

Hamburger, Cheeseburger, Chicken Sandwich, SpicyChickenSandwich, VeggieBurger



- M: Chicken Parmesan Sandwich
- Bacon Cheeseburger
- Bacon Swiss Chicken Sandwich
- Th: Baja Fish Po Boy

TOPPINGS: Cheddar Cheese, Pepper Jack Cheese, Shredded Lettuce, Sliced Tomatoes, Sliced Red Onions, Jalapeños, Pickles

PIZZA

EVERYDAY SELECTIONS

Cheese Pizza,

Mozzarella Stuffed Breadsticks w/ Marinara Sauce





- M: Chicken Bruschetta Pizza
- Pesto Chicken Pizza T:

W: Greek Turkey Pizza

Th: Balsamic Chicken Pizza

FAST TAKES

DAILY SPECIALS

M: Turkey Sub, Ham Sub, Chef Salad, or Fruit & Yogurt Parfait

T: Turkey Sub, Buffalo Chicken Sub, Chicken Caesar Salad, or Fruit &

W: Turkey Sub, American Combo Sub, Crispy Chicken Salad, or Fruit & Yogurt Parfait

Th: Turkey Sub, Crispy Chicken Sub, Chef Salad, or Fruit & Yogurt Parfait

F: Turkey Sub, Italian Sub, Chicken Caesar Salad, or Fruit & Yogurt Parfait





- M: Chicken Bruschetta Salad or Sub
- T: Pesto Chicken Salad or Sub
- W: Greek Turkey Salad or Wrap
- Th: Balsamic Chicken Salad or Sub



EVERYDAY SELECTIONS

Custom Subs with a Variety of Meats, Cheeses, Fresh Baked Breads, Premium Sauces and Toppings.

- M: Chicken Bruschetta Salad or Sub
- Pesto Chicken Salad or Sub
- M: Buffalo Chicken
- BBQ Chicken
- W: Crispy Chicken
- Th: Chicken Salad
- Green Chili Chicken
- W: Greek Turkey Salad or Wrap
- Th: Balsamic Chicken Salad or Sub

ADVENTURE



Enjoy this week's features Monday-Thursday in Adventure!

All your favorites! Whether your chicken takes center stage as crispy tenders or nuggets, gets spiced up for boneless wings or tops a toasted waffle, we guarantee you'll go crazy for it





ADVENTURE

Frito Chili Pie

DELI Green Chili Chicken PIZZA

BBQ Chicken Pizza

GRILL BBQ Rib Sandwich

FAST TAKES Fruit & Yogurt Parfait



EXTRAS



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MEXICO

EVERYDAY SELECTIONS

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Creamy Sriracha Sauce spicy cayenne pepper special seasonings.

Cilantro Lime Crema
A blend of mayonnaise and creamy
Greek yogurt infused with lime juice
and freshly chopped cilantro.



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TPS High School Lunch Menu

Week of November 28, 2022

Tons of Variety - Try Something New Every Day.

GRILL

EVERYDAY SELECTIONS

Custom Subs with a Variety of Meats, Cheeses, Fresh Baked



- Bacon Swiss Chicken Sandwich
- Western Burger
- W: Chicken Cordon Bleu Sandwich
- Th: Chili Dog

TOPPINGS: Cheddar Cheese, Pepper Jack Cheese, Shredded Lettuce, Sliced Tomatoes, Sliced Red Onions, Jalapeños, Pickles

PIZZA

EVERYDAY SELECTIONS

Cheese Pizza, Stuffed Mozzarella Breadsticks w/ Marinara





- M: Chicken Bruschetta Pizza
- Pesto Chicken Pizza

W: Greek Turkey Pizza

Th: Balsamic Chicken Pizza

FAST TAKES

DAILY SPECIALS

M: Turkey Sub, Ham Sub, Chef Salad, or Fruit & Yogurt Parfait

Turkey Sub, Buffalo Chicken Sub, Chicken Caesar Salad, or Fruit &

W: Turkey Sub, American Combo Sub, Crispy Chicken Salad, or Fruit & Yogurt Parfait

Th: Turkey Sub, Crispy Chicken Sub, Chef Salad, or Fruit & Yogurt Parfait

F: Turkey Sub, Italian Sub, Chicken Caesar Salad, or Fruit & Yogurt Parfait





- M: Chicken Bruschetta Salad or Sub
- T: Pesto Chicken Salad or Sub
- W: Greek Turkey Salad or Sub
- Th: Balsamic Chicken Salad or Sub



HELLO MEDITERRANEAN

EVERYDAY SELECTIONS

Custom Subs with a Variety of Meats. Cheeses, Fresh BakedBreads,

- Premium Sauces and Toppings
- M: Chicken Bruschetta Salad or Sub

T: Pesto Chicken Salad or Sub

- M: Buffalo Chicken
- BBQ Chicken
- W: Crispy Chicken Th: Chicken Salad
- F: Turkey Club
- W: Greek Turkey Salad or Sub
- Th: Balsamic Chicken Salad or Sub

ADVENTURE



Enjoy this week's features Monday-Thursday in Adventure!

Prepare for an original Italian experience in which the "pasta-bilities" are endless! Make your perfect bowl, topped with your choice of mix-ins, sauces and more.



ADVENTURE

Steak Fingers and Mashed Potatoes

DELI Turkey Club



Cheeseburger Pizza

GRILL Meatball Sub

FAST TAKES Chicken Caesar Salad



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