

Cambridge Elementary School

November 2022 Lunch

Menus are subject to change



Meals Are Free To All Students

Adult Breakfast \$2.50
Adult Lunch \$3.80
Milk \$0.60

Please Click Links Below for Nutrition Information on Daily Options:

Create Your Own Deli Sandwich, Fruit & Yogurt Parfait w/Granola
Fresh, Dried, or Canned Fruit, Skim White Milk, 1% White Milk, & Fat Free Chocolate Milk Offered With All Meals.

Deli Options K-8

Fruit & Yogurt Parfait w/Granola

Milk Condiments

Fresh, Dried Or Canned Fruit

Pay for meals on-line.
Click Image Below



Harvest of the Month:
Sweet Potato



Click on the image above for more info on the Harvest of the Month!

Voting Fun Facts

1. Election Day was established by Congress in 1875 2. Election Day is always the Tuesday of or after November 2 3. Congress chose a day in November for Election Day because the harvest work was always done by then



Please advise us if special meal accommodations are required for allergens or other special dietary needs.

Monday	Tuesday	Wednesday	Thursday	Friday
Holiday Luncheon November 10, 2022	1 Buffalo Chicken & Cheese Flatbread Melt Rice Pilaf Fresh Fruit & Veggie Bar Milk Variety	2 Cheese Pizza Pepperoni Pizza Fresh Fruit & Veggie Bar Milk Variety	3 Homemade Beef Lasagna Steamed Broccoli Dinner Roll Fresh Fruit & Veggie Bar Milk Variety	4 Hearty Homemade Meatloaf Chef's Mashed Potato Homemade Dinner Roll Fresh Fruit & Veggie Bar Milk Variety
7 Grilled Cheese Sandwich Chicken Noodle Soup Fresh Fruit & Veggie Bar Milk Variety	8 General Tso Chicken Steamed Broccoli Rice Pilaf Fresh Fruit & Veggie Bar Milk Variety	9 Cheesy Breadsticks Marinara Sauce Fresh Fruit & Veggie Bar Milk Variety	10 Maple Roast Pork Chef's Mashed Potato Homemade Dinner Roll Fresh Fruit & Veggie Bar Milk Variety  Birthday Celebration	No School
14 Oven Baked Chicken Nuggets Roasted Potato Wedges Homemade Dinner Roll Fresh Fruit & Veggie Bar Milk Variety	15 Taco Bar w/ The Works Rice Pilaf Fresh Fruit & Veggie Bar Milk Variety	16 Cheese Pizza Pepperoni Pizza Caesar Salad Fresh Fruit & Veggie Bar Milk Variety	17 Chicken Teriyaki Rice Bowl Fresh Fruit & Veggie Bar Milk Variety	18 Homemade Pancakes Real Maple Syrup Scrambled Eggs Sweet & White Homefries Fresh Fruit & Veggie Bar Milk Variety
21 Philly Steak & Cheese Sub w/Onions & Peppers Maple Baked Beans Hand Cut French Fries Fresh Fruit & Veggie Bar Milk Variety	22 Beef Nachos Supreme Rice Pilaf Cabot Sour Cream Fresh Fruit & Veggie Bar Milk Variety	No School	No School	No School
28 Meatball Sub (Beef & Chicken Meatballs) Roasted Sweet Potato Wedges Fresh Fruit & Veggie Bar Milk Variety Taste Test Event Sweet Potato	29 Hot Ham & Cheese Pinwheels Steamed Green Peas Rice Pilaf Fresh Fruit & Veggie Bar Milk Variety	30 Cheesy Breadsticks Marinara Sauce Fresh Fruit & Veggie Bar Milk Variety		

This institution is an equal opportunity provider.