



**Sign Up Today!**  
<https://my.hazel.co/rsd/info>



# Here to help, here for mental health!

With Hazel Health, your child can see a licensed therapist, at **no cost to your family.**

Children are experiencing mental health concerns more than ever before, and finding support can take as long as six months. With Hazel, you'll wait days, not months to schedule a virtual session with one of our expert therapists.

## Hazel's licensed therapists can help your child address:

- ✓ Anxiety
- ✓ Depression
- ✓ Family Concerns
- ✓ Trauma
- ✓ Eating Change
- ✓ Sleep Problems
- ✓ Hyperactivity
- ✓ Grief/Loss
- ✓ Loneliness
- ✓ Social Skills
- ✓ Motivation
- ✓ Defiance
- ✓ Anger Management
- ✓ Academic Stress
- ✓ Identity Expression
- ✓ Bullying
- ✓ Self-Esteem
- ✓ Self-Harm
- ✓ Relationships
- ✓ LGBTQ+ Challenges



Hazel provides students with timely and convenient mental health care at school or from home. Therapy sessions are a safe space and are always **private and confidential**. Hazel's team of licensed therapists offer compassionate, culturally competent, and multi-lingual care to help students address a wide range of mental health concerns.

**Sign up today, schedule a visit when you need it!**