

Parenting & coaching are very difficult vocations. The goal of both is to find what benefits students the best & in order to accomplish this there must exist clear defined roles with clear established lines of communication.

## Communications you should expect from your student-athletes Coach:

- 1. Philosophy of the Coach
- 2. Expectations the coach has for your child & the team
- 3. Location & times of all practices & games
- 4. Team requirement, ex: practices, special equipment, out of season training, etc.
- 5. Procedures to follow should your student-athlete be injured
- 6. Discipline that may result in the denial of your student-athletes participation

## Communications coaches expect from parents:

- 1. Concerns expressed directly to the coach
- 2. Specific concerns with regard to a coach's philosophy and/or expectations
- 3. Notification of any illness, injuries or missed practices

## Appropriate concerns to discuss with coaches:

- 1. Ways to help your child improve
- 2. Concerns about your child's grades
- 3. Concerns about your child's behavior

It's very difficult to accept your child not playing as much as you hope. Coaches are professionals & must make judgement calls based on what is best for the whole team. The list above shows things that can & should be discussed with your coach. Other things such as the list below must be left to the discretion of the coach.

#### Issues NOT appropriate to discuss with the Coach:

- 1. Playing Time
- 2. Team Strategy
- 3. Play Calling
- 4. Other Student-Athletes

There are situations that may require a conference between coach & parent & are encouraged. It's important that both parties have a clear understanding of the others position.

## If you have a concern to discuss with the coach, the procedure should follow as is:

1. Email or call the Coach & set up an appointment.

- 2. If the Coach cannot be reached, email or call the Athletic Director,
- 3. Please **DO NOT** attempt to confront a Coach before or after a contest or practice. These can be emotional times for both parent & Coach. Meetings of this nature do not lead to resolutions. Please use a 24-hr cooling period.

# What a parent can do if the meeting with the coach did not provide a satisfactory resolution:

- Email or call the Athletic Director & he will set up a meeting with the parent, student-athlete & coach. The AD will attempt to mediate a resolution.