



St. Francis of Assisi Catholic School

November
2022

Lunch Menu



| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|--|---|--|--|
| | <p>1</p> <p>Pork Street Taco Pineapple Radish Pico Mexican Brown Rice Refried Beans</p> <p>Buffalo Chicken Wrap</p> <p>Fresh or Canned Fruit Vegetable Selection</p> | <p>2</p> <p>Chicken Alfredo w/Pasta Garlic Breadstick</p> <p>Chef Salad</p> <p>Broccoli Bites Fresh or Canned Fruit</p> | <p>3</p> <p>BBQ Rib Sandwich</p> <p>Spicy Bacon Cheeseburger</p> <p>Golden Crinkle Cut French Fries Fresh or Canned Fruit Vegetable Selection</p> | <p>4 No School</p> |
| <p>7</p> <p>French Toast Sticks Sausage Patty</p> <p>Chicken Breakfast Biscuit</p> <p>Tater Tots Warm Cinnamon Apples Vegetable Selection</p> | <p>8</p> <p>Walking Taco Lettuce, Tomato and Cheese Black Beans</p> <p>Chef Salad</p> <p>Fresh or Canned Fruit Vegetable Selection</p> | <p>9</p> <p>Orange Chicken Fried Rice</p> <p>Hamburger on a Bun</p> <p>Fresh or Canned Fruit Vegetable Selection Fortune Cookie</p> | <p>10</p> <p>Sloppy Joe on a Bun Golden Crinkle Cut French Fries</p> <p>Macaroni & Cheese</p> <p>Fresh or Canned Fruit Vegetable Selection</p> | <p>11</p> <p>French Bread Pizza Marinara Sauce Caesar Side Salad</p> <p>Sausage Breakfast Biscuit</p> <p>Fresh or Canned Fruit Vegetable Selection</p> |
| <p>14</p> <p>Crispy Chicken Tenders</p> <p>Beef Hotdog on a Bun</p> <p>Golden Crinkle Cut French Fries</p> <p>Fresh or Canned Fruit Vegetable Selection</p> | <p>15</p> <p>Roast Turkey & Gravy Mashed Potatoes Whole Grain Dinner Roll Glazed Carrots Warm Cinnamon Apples Pumpkin Bar</p> | <p>16</p> <p>Pasta with Meatballs & Sauce Garlic Breadstick</p> <p>Roasted Broccoli Italian Meatball Sub</p> <p>Fresh or Canned Fruit Vegetable Selection</p> | <p>17</p> <p>Beef Chili Cornbread</p> <p>Chili Dog</p> <p>Fresh or Canned Fruit Vegetable Selection</p> | <p>18</p> <p>Cheese Pizza</p> <p>Philly Flatbread</p> <p>Canned Fruit Bar Vegetable Bar</p> |
| <p>21</p> <p>Grilled Cheese Sandwich Homemade Tomato Soup</p> <p>Oriental Chicken Wrap</p> <p>Fresh or Canned Fruit Vegetable Selection</p> | <p>22</p> <p>Pancakes Syrup Sausage Patty</p> <p>Breakfast Burrito</p> <p>Breakfast Potatoes Cinnamon Roll Fresh or Canned Fruit Vegetable Selection</p> | <p>23 No School</p> | <p>24 Thanksgiving Day</p> | <p>25 No School</p> |
| <p>28</p> <p>Cheeseburger on a Bun</p> <p>Corn Dog</p> <p>Golden French Fries Fresh or Canned Fruit Vegetable Selection</p> | <p>29</p> <p>Turkey Taco Lettuce, Tomato and Cheese Cilantro Lime Rice Spiced Pinto Beans</p> <p>Taco Salad</p> <p>Fresh or Canned Fruit Vegetable Selection</p> | <p>30</p> <p>BBQ Pulled Pork Sandwich Baked Beans</p> <p>Pork Tachos</p> <p>Fresh or Canned Fruit Coleslaw</p> | | |

PRICES

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|---------------|--------|
| Student Lunch | \$3.30 |
| Extra Entree | \$1.25 |
| Adult Lunch | \$4.25 |
| Extra Milk | \$.50 |

EXTRA INFO

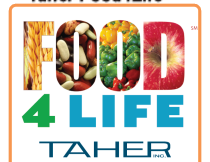
Milk Choice of 1% White or Skim Chocolate is Included with Lunch.
For Questions or Concerns Contact Michelle Nelson
michelle.nelson@rcsmn.org

HARVEST OF



THE MONTH

Your MENUS plus more information on our app
TaHer Food4Life®



www.taHer.com