

1970 CHEERLEADING TEAM



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Cheerleading was a highly competitive sport in the early 1970's. Each year well over 100 girls would try out for twenty positions between the JV and varsity squads. These girls would then start their season with football in August and then move right into basketball once football season was over.

Football season was challenging as we were cheering on grass in every kind of weather imaginable and we had to learn to adapt very quickly to the conditions at the beginning of each game. The marching band was an integral part of promoting school spirit with us as they played M.A.'s fight song after each touchdown.

Basketball season brought on a different set of challenges as we practiced all week on hardwood floors and then had to adapt our cheers to the “green monster” for home games. From the minute the boys came out on the court for warmups to the minute the game ended, the cheerleaders were performing both on the sidelines and on the court. We developed more precise and intricate floor cheers as we moved across the entire court in unison. Sideline cheers were created to keep the spirit and momentum going throughout the entire game.

Once basketball season ended, cheerleading practice continued to prepare for the regional competitions held at the Rochester War Memorial in May. Competition was fierce. Before 1971, Mynderse cheerleaders had never made it past the first round. But we all knew this squad was special right from the start. Everyone was dedicated, hardworking, and talented. Practices were long and rigorous; the cheers were difficult, innovative, and nothing like we had ever done before. Not only did we make the finals, but we were the first Mynderse cheerleading squad to win the competition!

From that year on, M.A. JV and varsity girls consistently placed in the top three--a tradition that continued for many years.