

Monday

Tuesday

Wednesday

Thursday

Friday



French Toast Sticks w/ Syrup **7**
or
Cereal Bar w/ Graham Crackers
Fruit
Juice & Milk
WEEK 1

Cheese Omelet w/ Biscuit Stick **1**
Or
Cereal Bar & Graham Crackers
Fruit
Juice & Milk
WEEK 3

Ham, Egg & Cheese Scramble w/ **8**
Toast
or
Cereal Bowl w/ Graham Crackers
Fruit
Juice & Milk

IW Bacon, Egg & Cheese B-fast **2**
Pocket or
Cereal Bowl w/ Graham Crackers
Fruit
Juice & Milk

Fruit Parfait or **9**
Cereal Bowl w/ Graham Crackers
Fruit
Juice & Milk

Strawberry Banana Smoothie & **3**
Graham Crackers or
Cereal Bar & Graham Crackers
Fruit
Juice & Milk

Pancake Sausage on a **10**
Stick or Cereal Bar & Graham
Crackers
Fruit
Juice & Milk

Sausage Biscuit or **4**
Cereal Bowl w/ Graham Crackers
Fruit
Juice & Milk

Breakfast Pizza or Cereal Bowl **11**
w/ Graham Crackers
Fruit
Juice & Milk

Biscuit & Gravy or **14**
Pop Tart (2 pack)
Fruit
Juice & Milk
WEEK 2

Eggo Pancakes & Syrup or **15**
Cereal Bowl w/
Graham Crackers
Fruit
Juice & Milk

Scrambled Eggs w/ Bacon & Cheese **16**
& Toast or
Cereal Bar & Graham Crackers
Fruit
Juice & Milk

Cherry Muffin & Pineapple Mango **17**
Smoothie or
Cereal Bowl w/ Graham Crackers
Fruit
Juice & Milk

Mini-Cinnis or Cereal Bar **18**
& Graham Crackers
Fruit
Juice & Milk

Cheese Omelet w/ Biscuit Stick **21**
Or
Cereal Bar & Graham Crackers
Fruit
Juice & Milk
WEEK 3

IW Bacon, Egg & Cheese B-fast **22**
Pocket or
Cereal Bowl w/ Graham Crackers
Fruit
Juice & Milk

23
No School
Thanksgiving Break

24
No School
Thanksgiving Break

25
No School
Thanksgiving Break

French Toast Sticks w/ Syrup **28**
or
Cereal Bar w/ Graham Crackers
Fruit
Juice & Milk
WEEK 1

Ham, Egg & Cheese Scramble w/ **29**
Toast
or
Cereal Bowl w/ Graham Crackers
Fruit
Juice & Milk

Fruit Parfait or **30**
Cereal Bowl w/ Graham Crackers
Fruit
Juice & Milk



Menu is subject to change without notice
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