



# Darien Public Schools

## Local Mental Health Events

Out of the Darkness Walk

Saturday, October 22, 2022 / 10:00 AM

<https://supporting.afsp.org/index.cfm?fuseaction=donorDrive.event&eventID=8630>

Parent Support Groups at The Depot

Every 2nd Thursday of the month / 10:30 AM

<https://dariendepot.com/>

International Survivor's of Suicide Loss Day

Saturday, November 19, 2022 / 9:00 AM

[https://darien-connecticut.isosld.afsp.org/?\\_ga=2.184120805.299558157.1665773120-842684793.1665773120](https://darien-connecticut.isosld.afsp.org/?_ga=2.184120805.299558157.1665773120-842684793.1665773120)

Parent Presentation: Marc Brackett, Ph.D.,

Head of The Yale Center for Emotional Intelligence / November, Date TBD