



Darien Public Schools

Mental Health Resources

RESOURCE	DESCRIPTION	CONTACT
Mobile Crisis Intervention Services	In-home behavioral or mental health crisis service and assessment for children and youth.	Dial 2-1-1 in CT Website here
Connecticut Suicide Advisory Board	A collection of resources, guides, and information developed by an interagency collaborative for CT families, schools and municipalities.	Website here .
Child Guidance Center of Southern CT	Crisis services, specialized treatment services (including trauma-informed counseling), prevention services, and testing/assessments.	(203) 324-61127 Website here
Family Centers - Center for Hope (Darien Location)	Individual and group counseling services, including grief counseling support.	(203) 655 - 4693 Website here
Child Guidance Center of Mid-Fairfield County	Crisis services, specialized treatment services (including trauma-informed counseling), prevention services, and intensive outpatient programs (IOPs).	(203) 299 - 1315 Website here
Kids in Crisis	Emergency shelter, crisis counseling, community education programs, and support for domestic violence, mental health concerns, homelessness, substance abuse, economic difficulties, and other critical challenges. 24 hours a day Hotline with trained Crisis Counselors, and provides free, confidential phone and face-to-face intervention, counseling, and referrals. Services available in Spanish. Apoyo y consejería disponible en español.	(203) 661 - 1911 Website here



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Town of Darien Human Resources Dept.	Provides confidential crisis intervention, assistance with mental health, substance abuse and domestic violence issues.	(203) 656 - 7328 Website here
Sasco River Center	Counseling, family therapy, parent consultation and coaching.	(203) 202 - 7654 Website here
Crisis Text Line: 741741	24/7 text line providing crisis support from trained counselors	Text HOME to 741741 Website here
Trevor Lifeline	24/7 hot line providing crisis support from LGBTQ-sensitive trained counselors	(866) 488 - 7386 Website here