



Weekly Webinar Program List – October-December 2022

FDLRS Weekly Webinars are self-paced and online; participants have the week to view the webinar and must complete a follow-up reflection and evaluation in order to receive inservice credit (3 hours per webinar).

→ **DeSoto, Glades, and Hendry counties:**
Register at: <https://bit.ly/FDLRS-Webinars-Q2>

→ **Highlands county:**
Search for the title of the webinar in your Frontline PLM portal.

ACEs-Informed Schools: Take-Aways from Classroom Case Studies October 23-29, 2022

- More than 2 out of 3 students have had to deal with at least one Adverse Childhood Experience (ACE) – such as the death of a parent, living with addiction, or suffering abuse. Research shows that students who have endured two or more ACEs are far more likely to experience academic and behavioral issues. This webinar helps educators identify and understand students who are struggling with traumatic events that have occurred in their young lives. It also provides practical tools to help teachers, counselors, social workers, student services personnel and administrators address the needs of these students more effectively based on presenting symptoms.

Building a Responsibility-Centered School Culture (SWD) October 30-November 5, 2022

- Student-to-teacher, teacher-to-teacher, teacher-to-administrator, administrator-to-student – all of these are critical to a healthy environment where everyone feels heard and valued. This webinar will illustrate how the culture in a school can become toxic when students are allowed to shirk responsibility for their actions and lay the blame on teachers. Educators may then be at odds with administrators as the students are returned to the classroom with no apparent resolution. Teachers don't feel supported, administrators are overwhelmed, and turnover may be high.

Suicide Prevention: When and How Educators Should Intervene November 6-12, 2022

- How does an educator know whether a student is "just venting" or legitimately contemplating suicide? During this webinar, tools and strategies are shared to determine if a student or a co-worker may be at risk of suicide. Viewers will gain skills and strategies to assist a student or a co-worker who may be struggling with suicidal thoughts and gain an understanding of the overwhelming pain those considering suicide are facing. Discover the risk factors and the very real contagion risk. Finally, viewers will be encouraged to challenge their own beliefs and attitudes about suicide in order to build competency in their ability to administer mental health first aid to others.

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Closing the Exits Off the Road to Responsibility (SWD)

November 13-19, 2022

- Can responsibility be taught? How can educators move from “making” students behave to helping students learn self-management? This is a major, but necessary, paradigm shift – moving from enforcement to a focus on student growth and providing essential life skills. Many students will grasp for any available path to avoid taking responsibility. Do some of the following excuses sound familiar? This webinar will discuss how traditional discipline practices actually allow students to continue using those exits to avoid responsibility. It will also share six essential practices that will close those exits and help students learn self-management.

Anxiety in the Classroom (SWD)

November 27-December 3, 2022

- More than 13 percent of students – 1 in 8 – experience significant anxiety that limits their engagement in school and in relationships. Anxiety conditions – separation anxiety, social anxiety, phobias, and generalized anxiety – are the most prevalent mental issues, and they often go unnoticed. But the impact on the students is significant. During this webinar, teachers, counselors and other professionals are shown the tools to support and teach this high-potential portion of the student population while avoiding an unmanageable classroom environment.

Mean Girls – Behind the Screen

December 4-10, 2022

- Studies show that the average student (ages 7-17) spends up to 11 hours a day in front of a screen — TV, computer, or cell phone. Social media platforms have become critical for young girls in their effort to stay connected to peers and parents. But, as girls spend more time trying to stay “connected” online, they actually become more disconnected. Recent studies have shown that the dramatic increase in social media use is associated with intensified social anxiety, social isolation and feelings of loneliness. The better we understand what is hidden behind the screen of “mean girls,” the more effective we become in promoting the healthy development of confident, strong and happy girls.