

McLaurin High, FES, RHS, RUES, Pisgah

Monday

Tuesday

Wednesday

Thursday

Friday



Hot Grits **1**
Waffle Maple Belgian 2gr
Bacon Strips
Southern Biscuit
Assorted Fruit Juices
Fresh Fruit Bowl
Assorted Milk

Assorted Breakfast Bread **2**
Cinnamon Rolls
Assorted Fruit Juices
Fresh Fruit Bowl
Chocolate Milk
Low Fat Milk

Strawberry Toaster **3**
Pastry
Hot Grits
French Toast Sticks
Assorted Fruit Juices
Fresh Fruit Bowl
Chocolate Milk
Low Fat Milk

Apple Frudel **4**
Sausage & Pancake on a Stick
Assorted Fruit Juices
Fresh Fruit Bowl
Chocolate Milk
Low Fat Milk

Pumpkin Breakfast Bread **7**
Lucky Charms
Assorted Fruit Juices
Fresh Fruit Bowl
Chocolate Milk
Low Fat Milk

Strawberry WG **8**
Toaster Pastries
Hot Grits
Sausage Patty
Southern Biscuit
Assorted Fruit Juices
Fresh Fruit Bowl
Assorted Milk

French Toast Sticks **9**
Strawberry Toaster Pastry
Assorted Fruit Juices
Fresh Fruit Bowl
Chocolate Milk
Low Fat Milk

Assorted Breakfast Bread **10**
Hot Grits
Cinnamon Crunch Filled Pastry
Assorted Fruit Juices
Fresh Fruit Bowl
Chocolate Milk
Low Fat Milk

Mini Cinnis **11**
Sausage & Pancake on a Stick
Assorted Fruit Juices
Fresh Fruit Bowl
Chocolate Milk
Low Fat Milk

Chocolate Covered Donuts **14**
Breakfast Sausage Pizza
Assorted Fruit Juices
Fresh Fruit Bowl
Chocolate Milk
Low Fat Milk

Hot Grits **15**
Waffle Maple Belgian 2gr
Bacon Strips
Southern Biscuit
Assorted Fruit Juices
Fresh Fruit Bowl
Chocolate Milk
Low Fat Milk

Assorted Breakfast Bread **16**
Cinnamon Rolls
Assorted Fruit Juices
Fresh Fruit Bowl
Chocolate Milk
Low Fat Milk

Strawberry Toaster **17**
Pastry
Hot Grits
French Toast Sticks
Assorted Fruit Juices
Fresh Fruit Bowl
Assorted Milk

Apple Frudel **18**
Sausage & Pancake on a Stick
Assorted Fruit Juices
Fresh Fruit Bowl
Chocolate Milk
Low Fat Milk

21

22

23

24

25

Happy Thanksgiving Week!

Pumpkin Breakfast Bread **28**
Lucky Charms
Assorted Fruit Juices
Fresh Fruit Bowl
Chocolate Milk
Low Fat Milk

Strawberry WG **29**
Toaster Pastries
Hot Grits
Sausage Patty
Southern Biscuit
Assorted Fruit Juices
Fresh Fruit Bowl
Assorted Milk

French Toast Sticks **30**
Strawberry Toaster Pastry
Assorted Fruit Juices
Fresh Fruit Bowl
Chocolate Milk
Low Fat Milk



Served Daily: Assorted Milks-Low fat, Chocolate, Strawberry, Vanilla Fat Free
Assorted Fruit Juices-Apple, Orange, Pineapple Orange
Condiments: Pancake Syrup, Assorted Jellies