

BES, FES, FMS, FLOW, HBE, BMS, MES, NSHORE, NWE, NWM, OAK, PEL, PIS, PUC, RUES, ROUSE, STEEN'S, SBE

Monday

Tuesday

Wednesday

Thursday

Friday

1
Spaghetti/Meat Sauce
Whole Wheat Garlic Toast
Chef Salad
Saltine Crackers, Croutons
Southern Turnip Greens
Summer Squash
Fresh Grapes
Fresh Fruit Bowl
Assorted Milk

2
Chicken Potato Bowl
Southern Biscuit
Yogurt/Brkfst Bread Plate
Tossed Salad w/Dressing
Banana Berry Blend
Fresh Fruit Bowl
Assorted Milk

3
Vegetable Beef Soup
Grilled Cheese w/string cheese
Ranch Club Wrap, Saltine Crackers
Steamed Broccoli Florets
Baby Carrots w/ Dressing
Fresh Fruit Bowl
Pineapple Tidbits
Assorted Milk

4
Cheeseburger
Pimento Cheese Sandwich
Crinkle Cut Fries
Green Peas
Mandarin Oranges
Fresh Fruit Bowl
Assorted Milk

7
Sloppy Joe on Bun
Tuna Salad Croissant
Baked Beans
Glazed Carrots
Chilled Peach Slices
Fresh Apples
Assorted Milk

8
Fish Sticks
Hushpuppies
Chef Salad, Croutons, Saltine Crackers
Macaroni and Cheese
Creamy Coleslaw
Fruit Cocktail
Fresh Fruit Bowl
Assorted Milk

9
Stuffed Crust Pizza
Yogurt and Uncrustable
Green Beans
Whole Kernel Corn
Applesauce
Fresh Fruit Bowl
Assorted Milk

10
Cheesy Chicken Over/Rice
Yeast Roll
Ham Lunch Bite
Lima Beans
Baked Sweet Potato w/Margarine
Fresh Fruit Bowl
Blueberries with Whipped Topping
Assorted Milk

11
Cheeseburger
Corn Dog
Seasoned Potato Wedges
Glazed Carrots
Pineapple Tidbits
Fresh Fruit Bowl
Chocolate Milk
Low Fat Milk

14
BBQ Pork Sandwich
Yogurt/Brkfst Bread Plate
Baked Beans
Pasta Salad (Ranch)
Assorted Vegetable Juice
Fresh Fruit Bowl
Pineapple Tidbits
Assorted Milk

15
Southern Chicken Sandwich
Chef Salad
Croutons, Crackers
Peas and Carrots
Crisp Cut Sweet Potatoes
Fresh Fruit Bowl
Chilled Peach Slices
Assorted Milk

16
Ham & Turkey Subsandwich
Meatballs in Marinara
Sauce on Hoagie Bun
Assorted Vegetable Juice
Lima Beans
Sliced Strawberries
Fresh Fruit Bowl
Assorted Milk

17
Turkey and Dressing
Cranberry Sauce, Yeast Roll
Mashed Potatoes, Brown Gravy
Green Beans
Stuffed Crust Pizza
Mandarin Oranges, Fresh Fruit Bowl
Assorted Milk
Thanksgiving Dessert

18
Cheeseburger
Cheesy Breadsticks
Mixed Vegetables
Crinkle Cut Fries
Chilled Pear Halves
Fresh Fruit Bowl
Chocolate Milk
Low Fat Milk

21

22

23

24

25

Happy Thanksgiving Week!

28
Mexican Pizza
Grilled Cheese & Yogurt
Green Beans
Whole Kernel Corn
Applesauce
Fresh Fruit Bowl
Chocolate Milk
Low Fat Milk

29
Sausage and Biscuit
Country Style Gravy
Scrambled Eggs, Hashbrown Potatoes
Yogurt and Uncrustable
Baby Carrots w/ Dressing
Fresh Fruit Bowl
Mandarin Oranges
Assorted Milk

30
Chicken Chunk Fritters
Yeast Roll
Chef Salad, Croutons
Mashed Potatoes, Brown Gravy
Field Peas
Fruit Cocktail
Fresh Fruit Bowl
Assorted Milk

Served Daily: Assorted Milks – Low Fat, Chocolate, Strawberry, Vanilla Fat Free

Condiments: Mayo, Mustard, Ketchup, Honey Mustard Sauce, Marinara, Syrup
Salad Dressings, Saltine Crackers, Croutons

"This institution is an equal opportunity provider."

