



Effective School Solutions

Reinventing K-12 Mental Health Care

Pequannock Parent Presentations 2022/23

Dates: November 17- Self care “Caring for the Caregiver”
January 11- Suicide Prevention “Having Hope”
March 8 Threat Assessment, Warning Signs, Red Flags
May 10- Transition to Summer

Time: 7pm-8pm

Location: Virtual:

<https://effectiveschoolsolutions.zoom.us/j/94312850606?pwd=U3l0WVp3NnhCcZLdE8rS3pMjI6UT09>

Presented by,



Ksanti Maria, Licensed Professional Counselor, is a Mental Health Professional Development Trainer and Coach with ESS. Ksanti has worked in the Mental Health field for many years, both in Community Mental Health and in Private Practice. Additionally, she has taught psychology courses at the college level as an Adjunct Instructor. For the past two decades Ksanti has specialized in treating trauma through EMDR and Brain spotting. Ksanti is also a dedicated meditation practitioner and teacher.

