



GET READY TO BE AN EGYPTIAN

WITH THOSE HISTORY PEOPLE

Very soon **Those History People** will visit your school for a **Egyptian day**. On this day there will be lots of practical making activities, like **tomb painting**, making **clay canopic jars**, learning to **write like an Egyptian** or making practice **Mummy**. You will also learn how to behave like a Egyptian including how to be a **slave**, **royal courtier**, or even one of the **medjay** (the ancient Egyptian police).

So that you really feel like an ancient Egyptian there are two things you need to do: **pick a name** and get an **Egyptian costume**.

Once you have done these two things you are ready to travel back in time to the year 1332 BCE and meet the pharaoh Pharaoh Akhenaten and Queen Nefertiti. **Its very important you don't turn up expecting to be a pharaoh or queen or any other famous Egyptian** (like Tutankhamun or Cleopatra, because they haven't been born yet). We will be the Pharaoh's closest friends and servants helping him prepare for a festival.

Pick a Name

On your Egyptian day you will need a ancient Egyptian name. Pick one from the list below.

Girls names: If you're a girl choose a name from this list

A'at, Ahset, Amunet, Amuniet, Aneksi, Ast, Betresh, Hent, Henutsen, Huy, Kasmut, Kemanut, Khemut, Khenut, Kiya, Maia, Menhet, Merti, Muyet, Nebet, Neferhent, Neferhetep, Nefertari, Neferu, Nefret, Neithotep, Nitemat, Nithotep, Raia, Sadeh, Sadek, Senebsen, Sitre, Ta-Opet, Takhaet, Tarsen, Tetisheri, Tjepu, Tuia, Tuya, Yuy, Yuye.

Boys names: If you're a boy choose a name from this list

Ahmose, Amenemhet, Amenken, Amunemhat, Banefre, Bay, Bek, Dedi, Dedu, Djar, Djau, Hapuneseb, Harkhaf, Hekaib, Henenu, Hepzefa, Herihor, Huy, Huya, Ibi, Ibu, Imhotep, Ineni, Ipuki, Ipy, Iumeri, Kawab, Kenamon, Khamet, Kheruef, Mahu, Menkhaf, Merkha, Nakht, Nebamun, Neferhotep, Neferu, Nehesy, Nekure, Panhesy, Pawah, Pentu, Rahotep, Ramose, Ranofer, Rekhmire, Sabaf, Setaum, Sihathor, Surero, Tchay, Theshen, Tjuroy, Tuta, Userhat, Wenamo, Yuya





Note to Parents

We also know that parents are very busy so you can always buy a costume off the internet. However they can be expensive and some are a fire risk.

With a little bit of ingenuity however it is easy to put a costume together on a budget. These instructions are for both boy and girl costumes, the only difference is that the girls under tunic is longer.

Tunic: A simple over sized (XL adult) white t-shirt for will make an excellent tunic.

A Tunic could also easily be made from an old sheet, folded over and stitched up the side and cutting out a hole for the head at the top.

Kilt: An old sheet cut to size and wrapped around the waist for a sarong like kilt.

If you don't want a kilt, use a simple leather belt or piece of rope to tie the tunic at the waist.

Sandals: Simple leather sandals, but any sensible footwear will do.

Collar: if you want a collar (which isn't essential) make one with a circular piece of cardboard, with a head hole cut into it. Paint and decorate with Egyptian style patterns.

IMPORTANT: Please DO NOT send your child as an Egyptian mummy wrapped in bandages or toilet roll. During the day they become loose and become a hazard and will probably result in your child being unable to participate in some activities. Being dressed as a mummy is dangerous and inevitably leads to accidents.

Egyptian Costume

Now you have an Egyptian name you will need a costume. The costumes for boys and girls is very similar.

Boys Costume

A simple Egyptian boys would have consisted of just a simple white linen kilt with sandals. A simple white tunic should be added to the outfit, under the kilt for warmth.

A collar is also added to show status.



Girls Costume

A simple Egyptian girls would have consisted of just a simple white linen ankle dress with sandals. A simple white kilt would be worn over the top. Like boys, rich or important people wore a collar.

