

Freshmen & Sophomore

Guidance Presentation



COUGAR PRIDE!!

Christopher High School
Student Services

Welcome to Christopher High!!



People who can help you in Student Services



Mrs. Kuwada

Students with last names beginning with: A - D

Office Line: 669-205-5322

Marah.Kuwada@gilroyunified.org

[Virtual Clipboard](#)



Ms. Garibay

Students with last names beginning with: E - Ki

Office Line: (669) 205-5320

Petra.Garibay@gilroyunified.org

[Virtual Clipboard](#)



Mrs. Cid-Castro

Students with last names beginning with: Kj - Q

Office Line: 669-205-5323

Rosie.Cid-Castro@gilroyunified.org

[Virtual Clipboard](#)



Mrs. Maiorino

Students with last names beginning with: R - Z

Office Line: (669) 205-5321

Donya.Maiorino@gilroyunified.org

[Virtual Clipboard](#)

People who can help you in Student Services



Ms. Pineda

CHS Registrar

Talk to her/ fill out request
form when you need a
transcript!



Mrs. Rojas

Student Services Secretary

Coordinates posting of scholarships
and College Rep presentations.



Yasmin Lara

Mental Health Therapist

People who can help you in the Main Office



Mrs. Lemus
Office
Coordinator



Ms. Duarte
Main Office
Receptionist



Sheila Stewart
School Nurse

People who can help you in the Main Office



**Ms.Vernon
Attendance
Secretary**



**Ms.Smith
Attendance
Secretary**



**Ms.Gomez
Attendance
Liaison**

Your Administrators!



Jeremy Dirks
Principal



Julie Berggren
Assistant Principal



Kay Guenther
Assistant Principal

Activities Director/Community Service Coordinator

★ **Gretchen Yoder-Schrock**

gretchen.yoder-schrock@gilroyunified.org

<https://chs.gilroyunified.org/student-life/asb>



Athletic Director

★ **Ryan Dequin**

ryan.dequin@gilroyunified.org
(669) 205-5300

CHS Athletics Website:

<https://chs.gilroyunified.org/athletics>



ASB Office and CHS Student Store

- ★ Cora Carbonel
ASB Accounting Tech
- ★ Sylvia Valdez
ASB Clerk



Campus Supervisors!



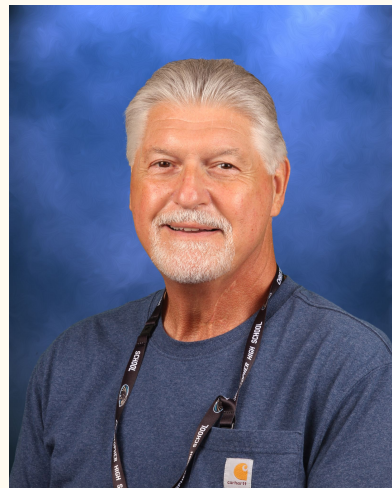
**Carmen
Cordova**



**Jeff
Myers**



**Evelyn
Cavagnaro**



**Dave
Coleman**

I need academic help, where do I go?

❑ REACH OUT ...

- ❑ Teachers Office Hours, tutoring; talk to your teacher and make an appointment!
- ❑ Use the Google classrooms
- ❑ Form study groups with your fellow classmates!

Reach Out
For Help.
You're Not
Alone.



How can students contact their Academic Coordinator?



- ❑ Each AC has a **“Virtual Clipboard”** that will alert your AC right away that you would like to meet. Just scan the QR code posted in student services, or click the link near your AC’s name on the CHS website to request a meeting.
- ❑ Students are welcome to **email their counselor, or call/leave messages. All contact info is on the CHS website and in your Google Classroom**

How to get involved:

- ❑ School Clubs
- ❑ California Scholarship Federation (CSF)
- ❑ The performing Arts
- ❑ ASB /Leadership
- ❑ Athletics**

GET
INVOLVED!



****Reminder: NO F's, 2.0 GPA required and no more than 1 "N" in citizenship & community service hrs to be eligible for Sports and activities..**



Be in the KNOW!

Join your class Google Classroom

@Christopher_High

@Christopher_High_stuservices

Resources



- ❑ Your AC!
 - ❑ Academic Guidance
 - ❑ Personal/Social Support
- ❑ Your Teachers!
- ❑ For Frosh: Your Link Crew Leaders!!
- ❑ School Nurse
- ❑ Support Groups/ Counseling Services

- ❑ Therapist for Drug and Alcohol issues; Access to Community Organizations for counseling services!
- ❑ AC's can make referrals for Groups and Individual Counseling



What are the Christopher High School Graduation Requirements???



Christopher High School Graduation Requirements

To graduate from Christopher High School students must:

1. Complete 220 semester credits in the specific subject requirements. (Each semester class is worth 5 credits and students are enrolled in 30 credits of coursework each semester).
2. Pass 3 years of math (up through Math III)
3. Complete 80 Community Service Hours



Graduation Requirements

<input type="checkbox"/>	English	40 credits
<input type="checkbox"/>	World History (10th)	10 credits
<input type="checkbox"/>	U. S. History (11th)	10 credits
<input type="checkbox"/>	Government (12th)	05 credits
<input type="checkbox"/>	Economics (12th)	05 credits
<input type="checkbox"/>	Life Science	10 credits
<input type="checkbox"/>	Physical Science	10 credits
<input type="checkbox"/>	Science Elective	10 credits
<input type="checkbox"/>	Mathematics (I, II, III)	30 credits
<input type="checkbox"/>	Physical Education	20 credits
<input type="checkbox"/>	Fine Art	10 credits
<input type="checkbox"/>	World Language	20 credits
<input type="checkbox"/>	Career Tech Education	05 credits
<input type="checkbox"/>	Electives	35 credits
Total		220 credits

Things you need to know....

- ❑ It is important to pass ALL your classes! You will have to repeat the courses that you do not pass!
- ❑ P.E.- The requirement is 4 years- unless you pass the fitness test!
- ❑ If you get C's or higher in all your courses- you will be eligible for a 4-year university as a senior! Strive for A's and B's!



COUGARS GO TO COLLEGE!



“Oh The Places You Will Go...”

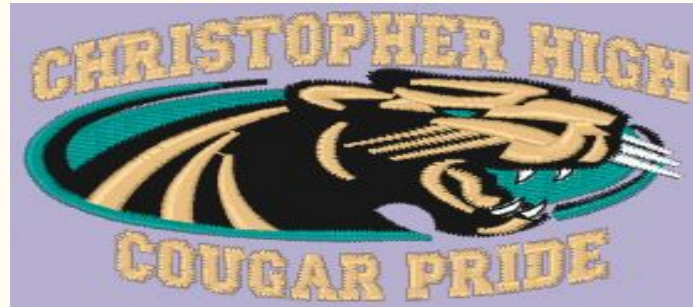


- ❑ (CSU) California State Universities
- ❑ (UC) University of California
- ❑ Private Universities/Colleges
- ❑ Out of State Universities
- ❑ Community College
- ❑ Vocational Schools
- ❑ Military



What is “Community Service”?

- ❑ It is something you volunteer your time for, through a non-profit organization.
- ❑ It's a way to become a positive force in the community.
- ❑ It's a Graduation Requirement!



At least 10 hours in two of the following categories:

- ☐ Senior Citizens
- ☐ Young Children
- ☐ Literacy
- ☐ Disabled Citizens
- ☐ Promoting Arts and Culture
- ☐ School Related
- ☐ The Homeless
- ☐ Animal Care
- ☐ The Environment
- ☐ Promoting Health and Wellness




How do I keep track of, and get credit for, my Community Service Hours?

1. Use the *GUSD Community Service timesheet every time you do service.*
2. Make sure that it is complete, with all required signatures.
3. Always make a copy for your records.
4. Turn in the original to Ms. Sylvia in the ASB office.
5. Turn in the form within 30 days of doing the service!!

GUSD Community Service timesheet.

This form is available in ASB Office or on the CHS website



GUSD Community Service Time Sheet

Community Service is defined as volunteer service for an approved nonprofit agency.

- ☐ Fill in the date, hours and category for **EACH DAY** you volunteered.
- ☐ Obtain the signature of the supervisor for each activity.
- ☐ **Sign your time sheet**
- ☐ **Have your parents sign your time sheet**
- ☐ Return to the Community Service Coordinator at your school
- ☐ **Keep a copy of this form for your records.**

Categories:

Senior Citizens	A
Disabled Citizens	C
The Environment	E
Literacy	G
Promoting Health & Fitness	I
Promoting the Arts & Culture	J
Young Children	B
School Related	D
The Homeless	F
Animal Care	H

Please note: ONLY original forms will be accepted-copies will be rejected.

Date <small>00/00/0000</small>	Hours <small>(8 hrs max per day)</small>	Category	Nonprofit Agency Name	Agency phone Number	Supervisor's Printed Name	Supervisor's Signature
Description of Activity:						
Description of Activity:						
Description of Activity:						
Description of Activity:						
Description of Activity:						

Student Signature _____ **Date:** _____

Parent Signature _____ **Date:** _____

October 2015

For office use only:

Received: _____

Approved: Yes ☐ No ☐

Reason: _____

Signature: _____

[Timesheet link](#)

How do I get started?

- ❑ Pick an area of service that interests you.
- ❑ Find organizations that fit your area of interest.
- ❑ Listen to the announcements, or read them again on the CHS home page.
- ❑ Visit the ASB Office and CHS Website for ideas and fliers announcing opportunities.
- ❑ Join a service club like CSF!



Make Us Proud!

Take advantage of this amazing school,
the staff and the fun activities!

Questions??

We are
here to
help you!!!

just reach
out!!!

