

November 2022



DAILY CHOICES:

A = VEGGIE BURGER
W/ MIXED FRUIT

B = GRILLED CHEESE W/MIXED FRUIT

C = HARBOR HARVEST SALAD
GRILLED CHICKEN, APPLES,
CUCUMBER, TOMATO & FETA
OVER MIXED GREENS

EACH LUNCH IS \$7.75 A DRINK IS NOT INCLUDED

CHECK OFF 1, 2, A, B or C FOR EACH DAY

Catered by:



Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
30	31 A B C 1 MEAT LASAGNA W/ CAESAR SALAD 2 RAVIOLI W/ CAESAR SALAD	1 A B C 1 CHICKEN QUESADILLAS W/ CORN 2 CHILI W/ CHEESE TORTILLA CHIPS	2 A B C 1 FRENCH TOAST STICKS W/ ORANGE 2 EGG, POTATO & CHEESE WRAP W/ ORANGE	3 A B C 1 CHEESEBURGER W/ MACARONI SALAD 2 SAUSAGE & PEPPERS ON A ROLL W/ MACARONI SALAD	Parent-Teacher Conferences	5
6	7 A B C 1 CHICKEN FINGERS W/ TATER TOTS 2 HOT DOGS W/ TATER TOTS	STAFF DEVELOPMENT DAY NO SCHOOL	9 A B C 1 APPLE CINNAMON PANCAKES W/ BANANA 2 FRENCH TOAST BAGEL W/ BANANA	10 A B C 1 ITALIAN HERO W/ WATERMELON 2 AMERICAN HERO W/ WATERMELON	VETERAN'S DAY	12
13	14 A B C 1 MAC & CHEESE W/ BROCCOLI 2 TURKEY BURGER W/ POTATO SALAD	15 A B C 1 BEEF TACO W/ CARROT STICKS 2 CHEESE QUESADILLA W/ CARROT STICKS	16 A B C 1 PANCAKES W/ MIXED BERRIES 2 BACON, EGG AND CHEESE ON A ROLL W/ MIXED BERRIES	17 A B C 1 CHICKEN NOODLE SOUP W/ CRACKERS 2 PHILLY CHEESESTEAK W/ MIXED FRUIT	18 GF PIZZA 1 REGULAR 2 SICILIAN	19
20	21 A B C 1 CHICKEN PARM HERO W/ APPLE SMILES 2 MEATBALL PARM HERO W/ APPLE SMILES	22 A B C 1 CHICKEN TACO WRAP W/ CORN 2 SPINACH & BLACK BEAN QUESADILLA W/ CORN GRAND FRIENDS DAY	23 * Happy	Thanksqu	iving *	26

To ensure your child receives lunch for the first week of November, menus are due no later than October 26th.

NAME GRADE NUMBER OF LUNCHES CHECK # AMOUNT