

A close-up photograph of a metal ice cream scoop resting on a large pile of pink, chunky ice cream. The scoop is on the left side of the frame, and the ice cream fills the rest of the image. The text "Inside Scoop" is written in a black, cursive font across the upper right portion of the image.

Inside Scoop

October 2022 Parent Workshop

General Session:

6:00-6:30pm

9th and 10th Grade Parents:

HS Information & Supports

6:30-7:00pm THS Cafeteria

11th and 12th Grade Parents:

College & Career Options

6:30-7:00 THS Theater

Tracy High School Counseling Team



AUDRA MUNOZ

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Counseling Department

Ms. Fonseca
Counseling Secretary

Mrs. McMahon
Registrar

Mrs. Smith
Psychologist

Ms. Bogetti
Psychologist

Tracy High School Counseling Interns

Danielle Haro

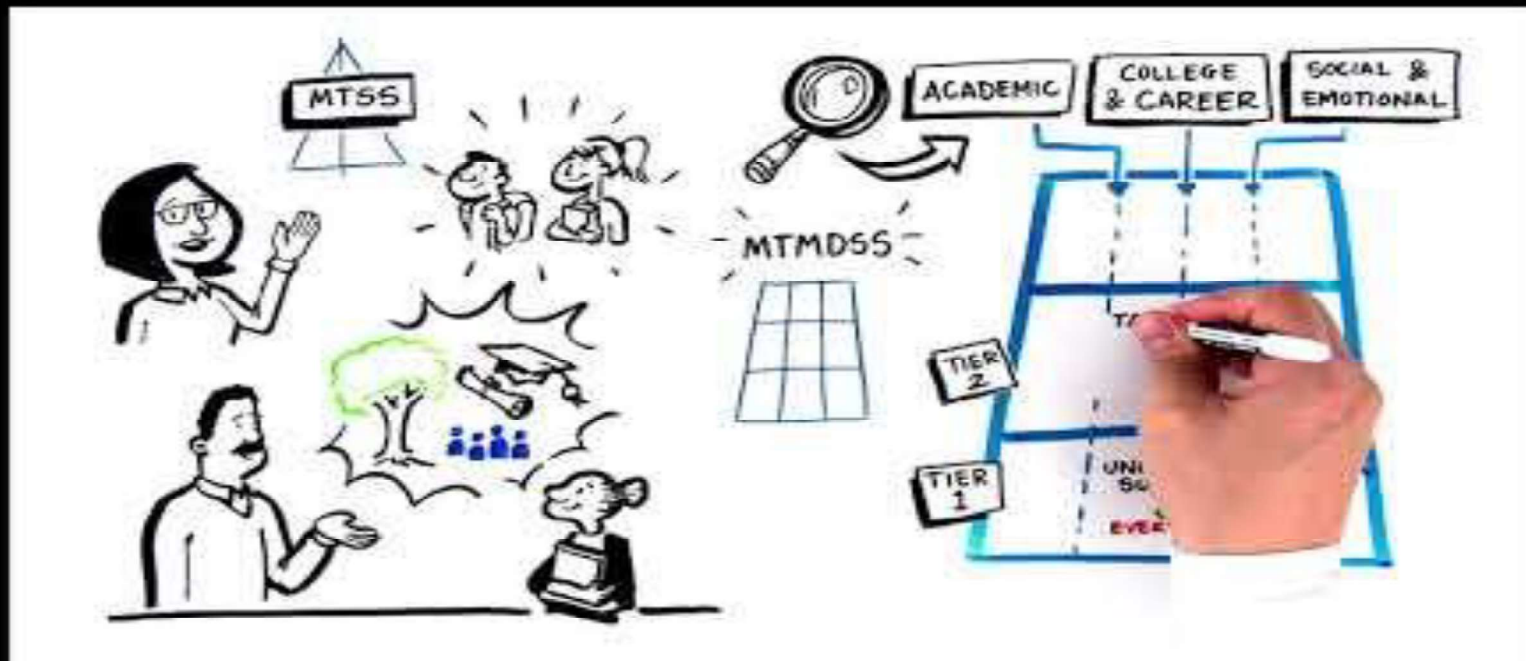
Cal State East Bay
Monday & Wednesday



Jasmine Arroyo

Stanislaus State
Monday & Wednesday

MTMDSS – Systems of Supports



to tier two services or targeted interventions,

Counselors Support Students

Academic Support

Course Placement

Monitor Academic Progress Towards Graduation and College Readiness

Post High School Planning

Personal/Social Support

Help Students get connected/find balance

Crisis management/community resources & referrals

College/Career Planning

Post high school support/exploration

College application process

**Class Visits/ Individual Meetings/ Parent Nights/ Coffee with the Counselors/ Workshops/
Announcements and much more!**

How to Contact Counselors



Counseling Office Hours: 7:30 am to 4:00pm



Counseling Drop-In Hours:
Before AND After School
During BOTH Lunches



Counselors are also available by email.



Interested in setting up an appointment?



Please check our website to book an appointment.

Mental Health Resources

Wellness Center Staff (A104)

Sydney Nangyala – Mondays

Pam Thao – Wednesday, Thursday, and Friday

Zen Den Staff (A105)

Moriah Hickey – Tuesdays & Thursdays

Counseling Resources

Wednesday Wellness Lunch (LAST Wednesday of the Month)

Counseling Website (Virtual Wellness Center)

Graduation

Each year you are enrolled in 6 classes, you earn 5 credits per class per semester for a total of 60 credits a year.

You must take and pass specific subject courses.

It is important that you pass your classes each semester so you do not need to go to summer school or night school in order to make up the credits you are missing to graduate on time.

Requirements

ENGLISH.....	40 CREDITS
WORLD HISTORY.....	10 CREDITS
US HISTORY.....	10 CREDITS
GOV/ECON.....	10 CREDITS
ALGEBRA.....	10 CREDITS
MATH.....	10 CREDITS
BIOLOGY.....	10 CREDITS
CHEMISTRY.....	10 CREDITS
PHYSICS.....	10 CREDITS
ART OR LANGUAGE.....	10 CREDITS
P.E.	20 CREDITS
ELECTIVES	70 CREDITS
TOTAL	220 CREDITS

A-G Requirements

A – History 2 years

B – English 4 years

C – Math 3 years (4 years recommended) Algebra 1, Geometry, Algebra 2

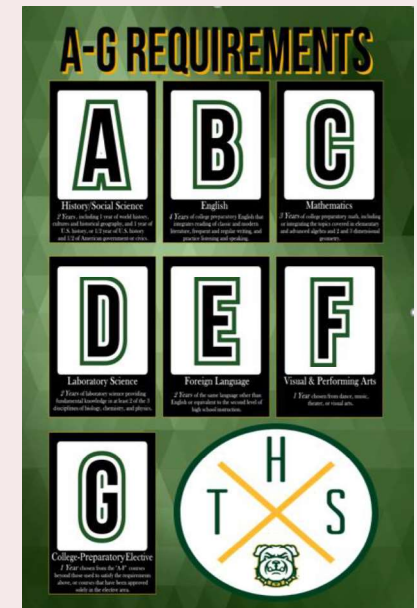
D – Lab Science (2 required, 3 recommended)

E – Foreign Language 2 years (3 years recommended)

F – Visual & Performing Arts 1 year

G – College Prep Elective 1 year

Grade of C or better!



AB 469

Assemblymember Eloise Gomez Reyes – 47th District

AB 469 requires Local Educational Agencies (LEA's) to ensure that high school seniors complete and submit the Free Application for Federal Student Aid (FAFSA) or the California Dream Act Application (CADAA). The intent of this bill is to improve students' access to financial aid resources that require completion of these forms, such as the Community College Promise program. By connecting students to critical financial aid, AB 469 supports the Governor's and legislature's vision to increase access to higher education.

Financial Aid

COLLEGE IS EXPENSIVE

COST should not be the reason why you do not go to College

Colleges use the FAFSA/CADAA to determine eligibility for Grants/scholarships

Students may qualify for aid even when they think they don't

Aid can be used at a 4 year, Private, Community College, and Vocational Training

Financial Aid

Counselors Presented to all seniors in Gov/Econ

Hosting FAFSA & CADAA Workshops:

- October 10 - Cash for College Delta College Workshop in Library Computer Lab
- October 20 - FAFSA/CADAA Application Workshop in A112 during both lunches
- October 27 - FAFSA/CADAA Application Workshop in A112 during both lunches

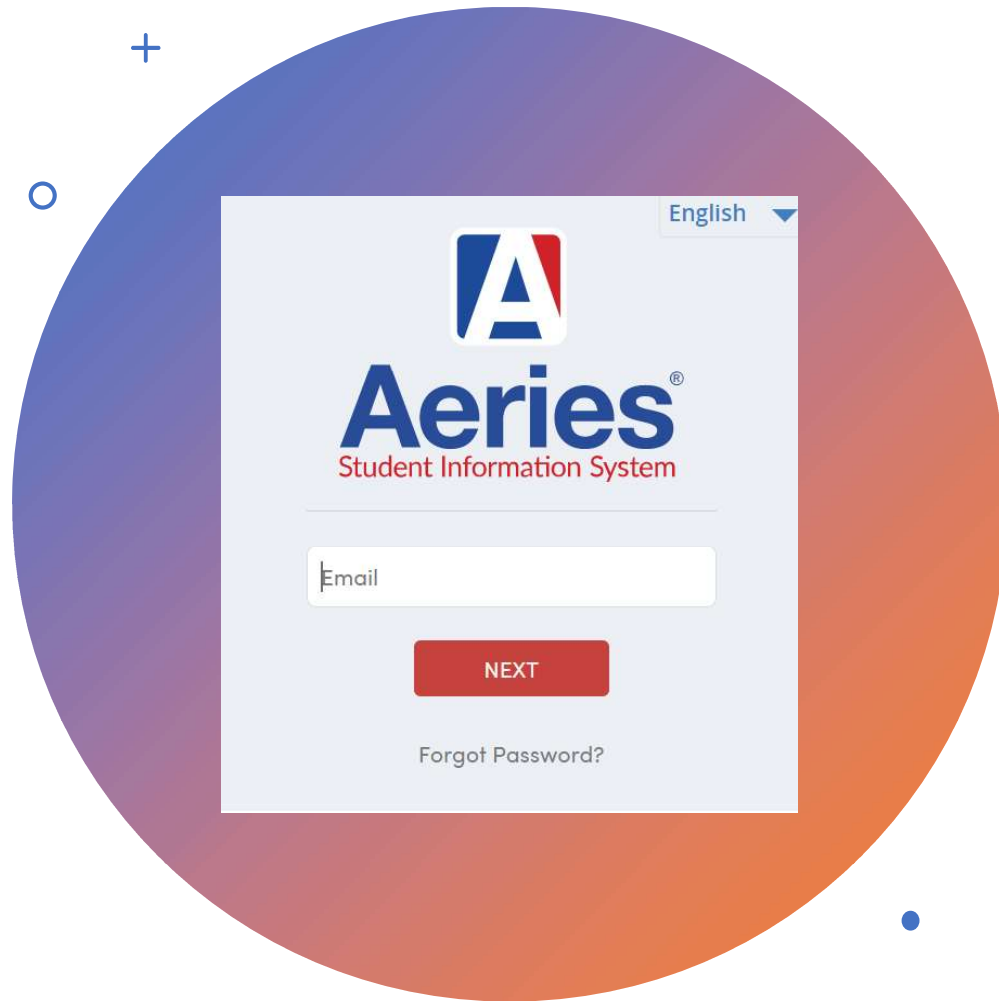
Session Breakout:
Cafeteria
9th & 10th Grade Parents

Theater
11th & 12th Grade Parents



*Session 2:
9th & 10th Grade Parents*

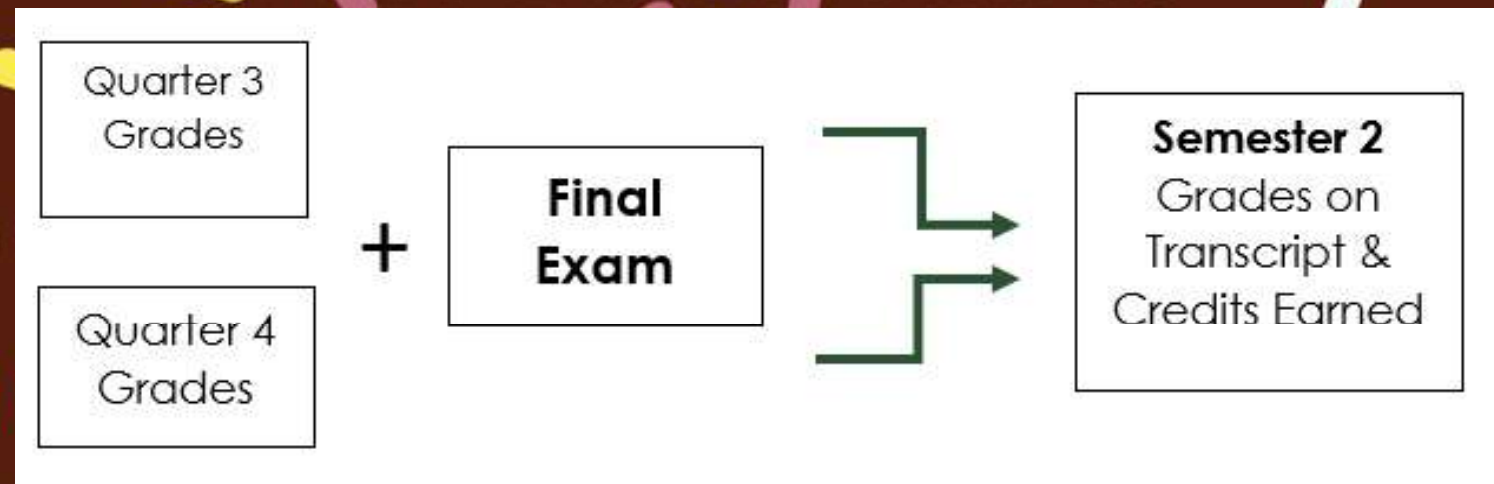
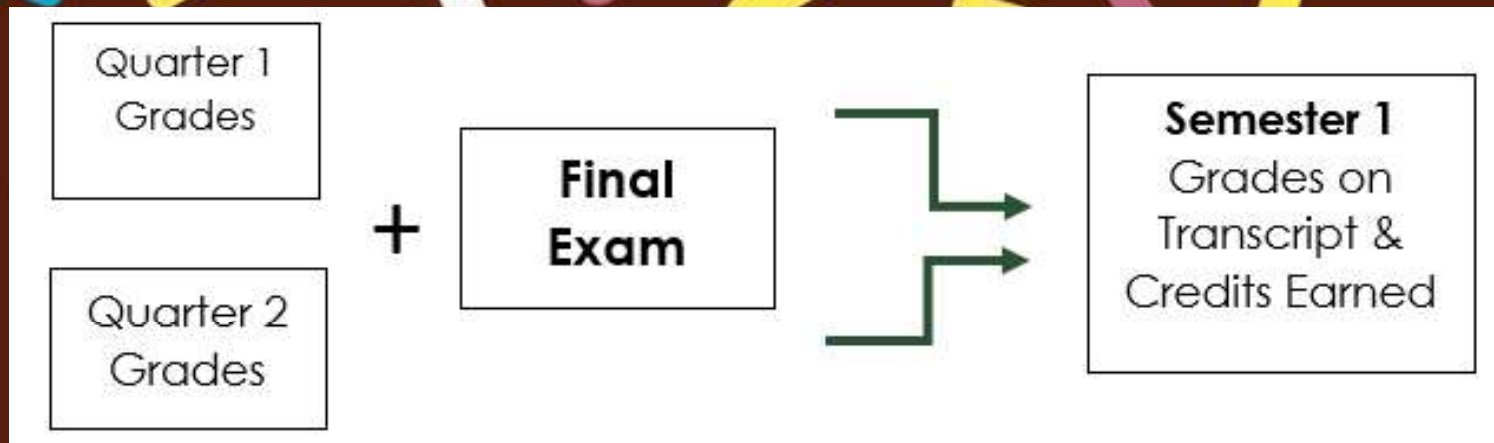




AERIES Parent Portal

- Grades
- Attendance
- Update Contact Information

Report Cards/Progress Reports



Transcripts

Student Name					Stu#	Grade Sex	Birthdate	Student ID	Counselor	Transcript of Student Progress			
Parent/guardian name, address, telephone										September 25, 2018 Tracy High School 315 E. 11th Street Tracy, CA 95376 (209) 830-3360 Fax (209) 830-3361			
Crs-ID	Course Title	Mark	Att/Cmp		Crs-ID	Course Title	Mark	Att/Cmp		Crs-ID	Course Title	Mark	Att/Cmp
Grd 9 Fall 17-18 Tracy High School													
p	1003	English 1P	C	5.00	5.00	<div>Student did not pass 1st semester and earned 0 credits</div>							
p	2052	Algebra 1P	F	5.00	0.00								
p	3133	Biology P	C	5.00	5.00								
p	4033	Spanish 1P	C	5.00	5.00								
p	6002	Introduction Art	C	5.00	5.00								
*	9001	Core 9 PE	B	5.00	5.00								
Credit Att: 30.00 Cmp: 25.00 TGPA: 1.83													
Grd 9 Spring 17-18 Tracy High School													
p	1003	English 1P	B	5.00	5.00	<div>Student passed 2nd semester with a D and earned 5 credits</div>							
p	2052	Algebra 1P	D	5.00	5.00								
p	3133	Biology P	C	5.00	5.00								
p	4033	Spanish 1P	C	5.00	5.00								
p	6002	Introduction Art	C	5.00	5.00								
*	9001	Core 9 PE	B-	5.00	5.00								
Credit Att: 30.00 Cmp: 30.00 TGPA: 2.17													
Work in Progress- Tracy High School													
p	1133	English 2P		10.00	0.00	<div>Student will need to retake the course to make up credits</div>							
p	2052	Algebra 1P		10.00	0.00								
p	3021	Earth Sci		10.00	0.00								
p	4153	Spanish 2 P		10.00	0.00								
p	7103	World History P		10.00	0.00								
*	9420	Weight Training		10.00	0.00								
Total Credit: 60.00													

Student did not pass 1st semester and earned 0 credits

Student passed 2nd semester with a D and earned 5 credits

Student will need to retake the course to make up credits

This is an example of what your high school transcript will look like after 9th grade.

If you pass all of your classes you should earn 60 credits.

Graduation Status Letter

As you know, _____ is in the fall semester of his/her sophomore year. In order to be on track for graduation, your son/daughter should have a **MINIMUM of 40 credits**.

Please review the classes that _____ needs to complete for graduation.

Subject Area	Credit Required	Credit Completed	Enrolled Credit	Credit Still Required
English	40.00	10.00	10.00	20.00 *
Soc Sci/World	10.00	0.00	10.00	0.00
Soc Sci/U.S.	10.00	0.00	0.00	10.00 *
Soc Sci/Am Govt/Eco	10.00	0.00	0.00	10.00 *
Science/Biology	10.00	10.00	0.00	0.00
Science/Physics	10.00	0.00	0.00	10.00 *
Math	10.00	10.00	0.00	0.00
Finearts/Mod Lang	10.00	10.00	0.00	0.00
Phys Ed	20.00	10.00	10.00	0.00
Algebra1	10.00	10.00	0.00	0.00
Science	0.00	0.00	0.00	0.00
Science/Chemistry	10.00	0.00	10.00	0.00
Electives	70.00	10.00	20.00	40.00 *
Totals	220.00	70.00	60.00	90.00 **

If your student is deficient in credits or required courses, please contact your student's counselor immediately.

Activities with 9th and 10th Graders

CaliforniaColleges.edu

Log in or register their account

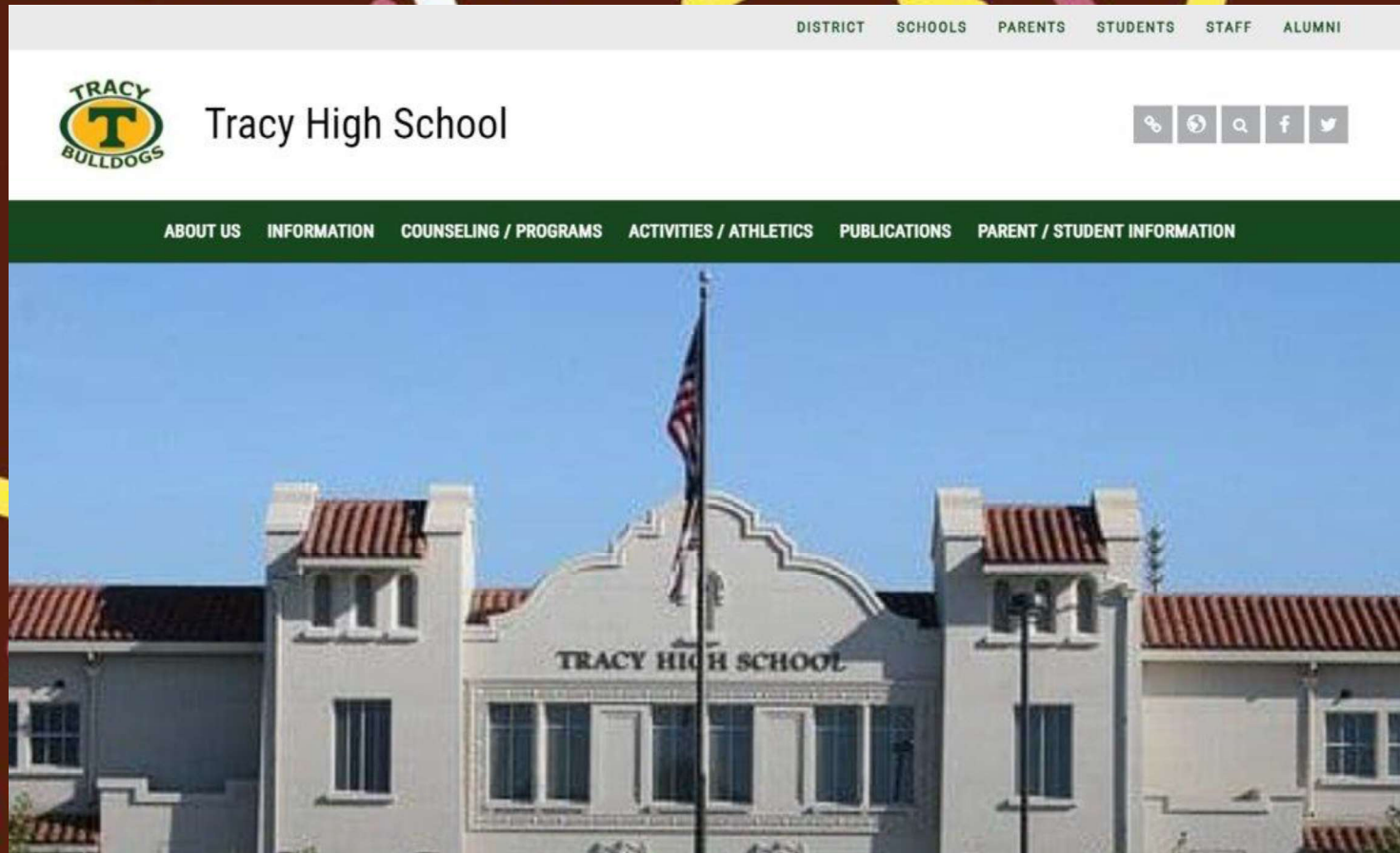
9th

- Review Academic Planner
- Update Academic Planner to include courses for 10th, 11th and 12th
- Review UC/CSU gpa and requirements

10th

- Review Academic Planner
- Update Academic Planner to include courses for 11th and 12th
- Review UC/CSU gpa and requirements
- Complete Interest Profiler
- Explore Careers
- Save/favorite at least 3 careers

Tracy High Website – Important Resources



Learning Labs

IS THIS YOU?



THEN VISIT A LEARNING LAB!

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AM 7:30-8:30	Math Mr. Lunetta (A110) Mr. Piuser (A111) Mod Lang Ms. Cortez (D102) SpEd Ms. Heinrich (D204)	English Mr. Musich (A207) Math Mr. Lunetta (A110) Mr. Piuser (A111)	Math Mr. Lunetta (A110) Mr. Piuser (A111) SpEd Ms. Heinrich (D204)	Math Mr. Lunetta (A110) Mr. Piuser (A111) Science Mr. Wasurick (E102)	Math Mr. Lunetta (A110) Mr. Piuser (A111) Soc Science TBA
PM 3:47-4:45				Science Mr. Wasurick (E102)	

GET HELP WITH HOMEWORK • ASK A QUESTION • STUDY ALONE OR WITH FRIENDS
 DROP IN FOR 2 MINUTES • STAY THE HOUR • WE ARE HERE TO HELP!

Getting Involved

Why Get Involved

- Meet friends w/similar interests & helps develop interests
- Keeps students engaged
- Improved academic outcomes when students are connected
- Good for mental and/or physical health
- Looks good for college admissions

5 STAR STUDENTS

Earn points and prizes for participation!

How to Get Involved

- Play Sports
- Join Leadership
- Join Clubs
- Volunteer
- Attend Activities
- [Use this link to learn about opportunities at THS](#)
- [Use this link for community volunteer opportunities](#)

Session 2
11th & 12th Grade Parents



PRESENTATION OUTLINE

- 
- 1 Plans after high school
 - 2 How to pay for college
 - 3 Grad Status Letters
 - 4 Junior & Senior Timeline

PLANS AFTER HIGH SCHOOL

CHOOSE YOUR PATH

Community College

University

Military

Technical College

Trade School

Employment

COMMUNITY COLLEGE ENTRANCE REQUIREMENTS

1. Are placement tests required? **NO**

(Community colleges may use your high school coursework, grades and grade point average to help determine course placement)

➔ Learn more about this by clicking this **LINK** ←

2. Are SAT/ACT required for admission? **NO**

3. Are A-G courses required for admission? **NO**

4. Is there a GPA minimum for admission? **NO**

5. Is there an application for admission? **YES**

➔ Click this **LINK** to launch the Community College Application ←

Transfer Admission Guarantee “TAG”



Six UC campuses offer the Transfer Admission Guarantee (TAG) program for California community college students who meet specific requirements.

By participating in TAG, you may receive early review of your academic records, early admission notification and specific guidance about major preparation and general education coursework for a specific UC Campus.



Click this [LINK](#) for more information about the TAG program



23 CALIFORNIA STATE UNIVERSITIES (CSU)

Local CSU's:

Stanislaus State (41.3 miles from THS)

Cal State East Bay (40.6 miles from THS)

Sacramento State (71.1 miles from THS)



CSU ENTRANCE REQUIREMENTS

1. Are placement tests required? **Please refer to the CSU website for updates.**

2. Are SAT/ACT required for admission? **Typically YES however...**

The California State University (CSU) has temporarily suspended the use of ACT/SAT examinations in determining admission eligibility for all CSU campuses for the 2022-2023 academic year. This temporary change of admission eligibility applies only for the fall 2022, winter 2023 and spring 2023 admission cycles. Click this **LINK** to read more

3. Are A-G courses required for admission? **YES**

a-g required courses must be completed with grades of C or better

4. Is there a GPA minimum for admission? **YES**

2.5 GPA is a minimum

2.0-2.49 GPA each campus will have its own supplemental requirements for this GPA range.

5. Is there an application for admission? **YES**

Click this **LINK** to launch the CSU Application

Application open
October 1 (Check Each College Website for Deadlines)

9 University of California (UC)

Local UC's:

UC Merced (73.4 miles from THS)

UC Davis (79.8 miles from THS)

UC Berkeley (54.7 miles from THS)



UC ENTRANCE REQUIREMENTS

1. Are placement tests required? **Please refer to the UC website for updates.**
2. Are SAT/ACT required for admission? **No**
3. Are A-G courses required for admission? **YES**
a-g required courses must be completed with grades of C or better
4. Is there a GPA minimum for admission? **YES**
Admission GPA 3.00 or above.
5. Is there an application for admission? **YES**
Click this **LINK** to launch the UC Application (November 1, 2022)

PIQ's (Personal Insight Questions) are part of the UC Application.
Click this **LINK** for more information about PIQ's

**Application open
August 1 – November 30**

83 California Private Colleges & Universities

Local Private Colleges & Universities:

University of the Pacific (UOP) (21.4 miles from THS)

Saint Marys College (49.6 miles from THS)

University of San Francisco (USF) (65 miles from THS)

Stanford University (62.5 miles from THS)

EARLY ACTION/EARLY DECISION

Early Action

- Non Binding – you do not have to attend the school if you are admitted.
- Apply to multiple schools (unless there is a restriction)
- Find out earlier about admission
- More spaces are available if you apply early

Early Decision

- Binding if admitted that is where you have to attend
- Potentially Higher Chance of Admission
- Potentially Earlier notification on admission decision

Many Deadlines as early as November 1
(potential results could be admit/deny/defer)

Trade Schools & Technical Colleges

Universal Technical Institute (71.6 miles from THS)

Modesto Technical College (28.7 miles from THS)

Carrington College (23.2 miles from THS)

Culinary Institute of America Greystone (102 miles from THS)

These Colleges or programs train students for a specific career, i.e. Auto Mechanic, Cosmetologist, Chef, Medical Assistant, Dental Assistant, X-Ray Technician and many more.

Usually programs take 1-2 years to complete
Click this [LINK](#) to find out about Certificates and Licenses

Military

Branches of the Military:

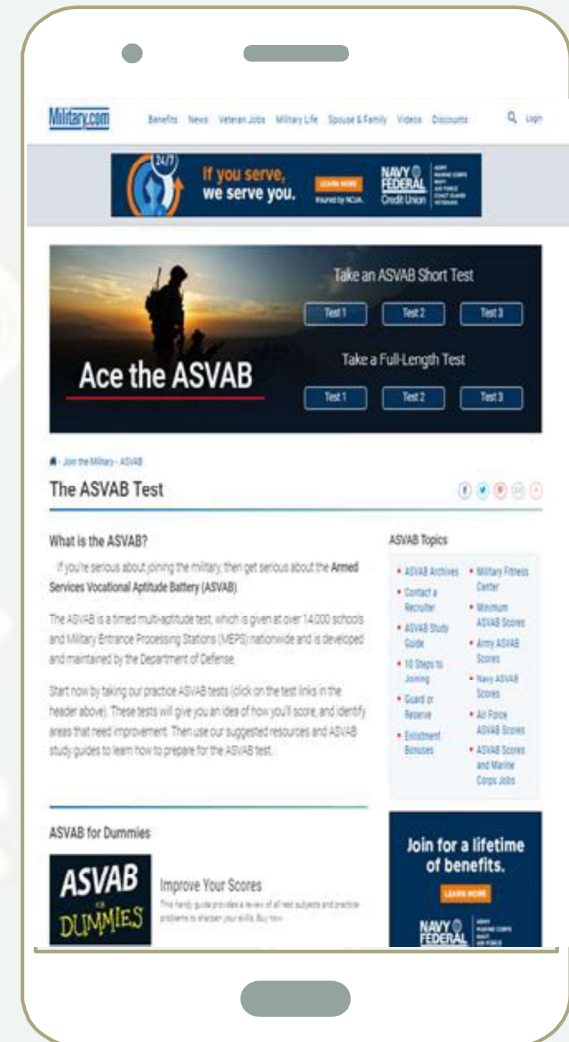
Army

Navy

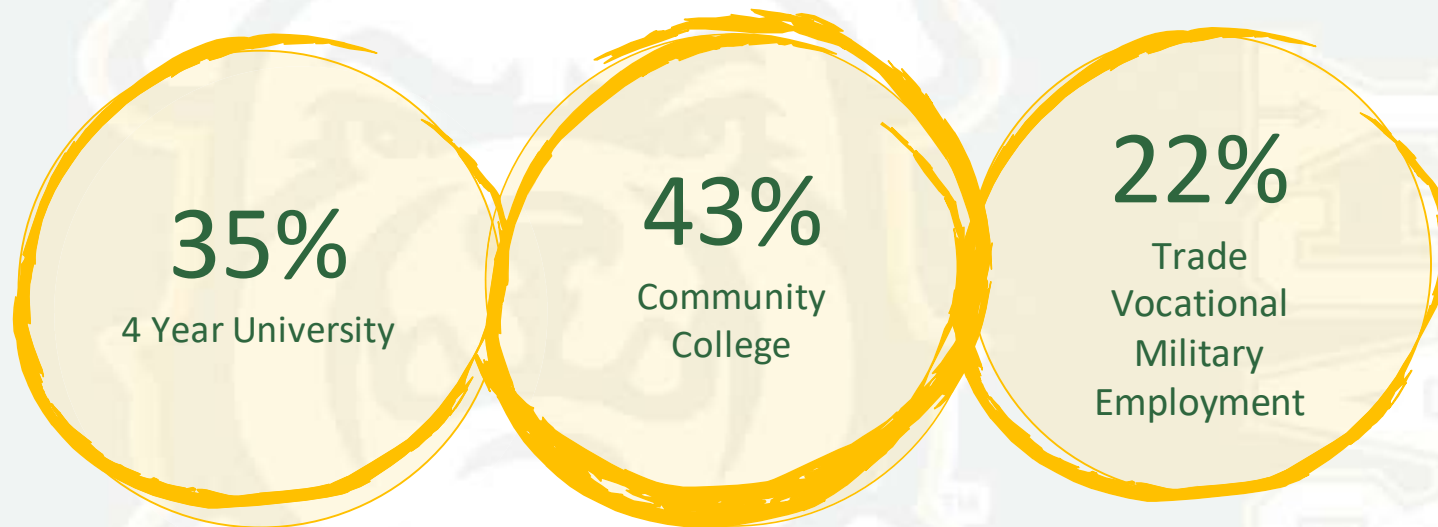
Air Force

Marines

Coast Guard



CLASS OF 2022 RESULTS



HOW TO PAY FOR COLLEGE?

3 Types of Federal Student Aid

1  Free money.	2  Borrowed money.	3  Earned money.
Grants are usually based on financial need and don't have to be repaid.	Loans are an investment in your future. But remember, they must be repaid with interest.	A work-study job lets you earn money while you're in school.

Federal Student Aid
An OFFICE of the U.S. DEPARTMENT of EDUCATION

PROUD SPONSOR of
the AMERICAN MIND®

Learn more at StudentAid.gov/types. Apply at www.fafsa.gov.



PERSONAL FINANCE



Creating
a Budget

Credit
Scores

Paying for
College

Grad Status Letters

Dear _____,

As you know, _____ is in the fall semester of his/her senior year. In order to be on track for graduation, your son/daughter should have a MINIMUM of 160 credits.

Please review the classes that _____ needs to complete for graduation.

Subject Area	Credit Required	Credit Completed	Enrolled Credit	Credit Still Required
English	40.00	30.00	10.00	0.00
Soc Sci/World	10.00	10.00	0.00	0.00
Soc Sci/U.S.	10.00	0.00	10.00	0.00
Soc Sci/Am Gov/Eco	10.00	10.00	0.00	0.00
Science/Bio	10.00	10.00	0.00	0.00
Science/Physical	10.00	10.00	0.00	0.00
Math	10.00	10.00	0.00	0.00
Finearts/Mod Lang	10.00	10.00	0.00	0.00
Phys Ed	20.00	20.00	0.00	0.00
Algebra 1/Imp 1	10.00	10.00	0.00	0.00
Science	10.00	10.00	0.00	0.00
Science/Chemistry	0.00	0.00	0.00	0.00
Electives	70.00	80.00	40.00	0.00
Totals	220.00	210.00	60.00	0.00

If your student is deficient in credits or required courses, please contact your student's counselor immediately.

Sincerely, _____

Senior & Junior Timeline

Senior Year Timeline Checklist:

Tips for applying to a 4 year university, community college or trade school.



- ☐ Log In California Colleges account with your student district email (ex: 12345678@student.tusd.net)
- ☐ Log in to your California Colleges account to **launch** the following:
 - ☐ FAFSA
 - ☐ Dream Act
 - ☐ Community Colleges
 - ☐ California State University
 - ☐ University of California
 - ☐ Common App

August - September

- ☐ **Meet with your school counselor** to make sure you are on track to graduate and fulfill college admission requirements.
- ☐ **Register for the SAT and/or ACT** Please check with individual colleges to see what testing is required, if any. Visit SAT/ACT website for updates regarding testing options.
- ☐ **Look over college applications.** Make note of all the pieces of information you will need to compile.
- ☐ **Take every opportunity to get to know colleges.** Participate in virtual college information sessions. Visit each individual college website for specific dates. Some colleges may allow in person visits.
- ☐ **Narrow down your list of colleges.** Gather information about the application and financial aid process at each school.
- ☐ **Build your list of trade school and/or apprenticeship programs.** Gather information about the application and financial aid process at each school.
- ☐ **Create a checklist and calendar** to keep track of tests dates, application due dates, and financial aid deadlines. Make note of the other materials, such as recommendations or essays you will need to complete your applications.

October

- ☐ **Log in to your [California Colleges](#) account** to launch [FAFSA](#), [Dream Act](#) and [college applications](#) and more.
- ☐ **Launch and file your FAFSA** (Free Application for Federal Student Aid) as soon after October 1st as possible. In addition to determining your eligibility for federal funds, many colleges and states use the form when distributing grants. Once submitted, watch for your Student Aid Report (SAR).
- ☐ **Complete the [CSS Profile](#)** if required. This is an online application used by certain colleges and scholarship programs to determine eligibility for aid money.
- ☐ **Review Early Decision/Early Action or Rolling Admission** options for colleges that you are interested in. Colleges may require test scores and applications to be submitted by Nov. 15th or earlier.
- ☐ **Request personal recommendations** from teachers, school counselor, etc. as most require three weeks to complete. Remember, the more time you give, the better letter they are able to provide.
- ☐ **Research [scholarships](#).** Visit your College and Career Readiness Center, Counseling website, check the TUSD Mobile App, and the daily bulletin. You should never pay for scholarship information.
- ☐ **Get more information about the ASVAB** from the College and Career Readiness Center. This aptitude test is typically held in November.

The finish line is near!!

November - December

- ☐ **Be sure to sign up for the ASVAB: To Be Determined**
- ☐ **The end of the semester is approaching.** Be sure to stay on top of school work and finish the semester strong. Email or visit your counselor if you are in danger of failing a class and talk about options to get back on track for graduation and college entrance requirements.
- ☐ **UC/CSU application deadline is November 30th.** Do not wait until the last minute to complete and submit your application. Attend application workshops offered at school. Do not risk making a mistake on your application!
- ☐ **Take your final SAT and/or ACT if required.**
- ☐ **Visit college campuses** if you can during Thanksgiving break and winter break.
- ☐ **Review NCAA and/or NAIA** accounts to make sure your profile is up to date.
- ☐ **Review Early Decision/Early Action** admission deadlines as many of them are due in November and December.

February - May

- ☐ **Do not slack in the classroom.** Your grades still count and you do not want to put yourself at risk of not graduating and/or having your college acceptance rescinded.
- ☐ **Acceptance notifications and financial aid offers will start to arrive.** Review your acceptances and compare financial aid packages.
- ☐ **March 2nd is the DEADLINE** to submit your FAFSA and Dream Act application!
- ☐ **Visit your final choices for colleges/trade schools before you commit to attend.** You can also explore your school choices through online virtual tours if you can visit in person.
- ☐ **If you plan to attend a community college or trade school** sign up for their information and application workshops by visiting the individual campus for the new student days.
- ☐ **May 1st is the DEADLINE** to submit your intent to register and deposit to the college you will be attending! **Notify your counselor** of your decision.
- ☐ **Complete a Final Transcript Request Form.** This form is located in the counseling office.
- ☐ **Stay focused** on finishing the year strong and enjoy your senior activities!

Check your college student profile & student email address **often**. That is how colleges will reach out to you with important deadlines and updates.

www.californiacolleges.edu

www.act.org

www.collegeboard.org