

DEPAUL COLLEGE PREP

PARENT EDUCATION WELLNESS SERIES

1st Quarter

College Kickoff

9/13
Corboy Hall (On-Campus)
Senior families
6:30pm



DePaul Prep College Counselors will preview the college-related programming that will be rolled out in Advisory class. Additionally, college Admissions Reps will offer guidance on timing, insight on application season, and the “to-do” list items prior to the November 1st deadline.

Substance Use Awareness

9/20
Corboy Hall (On-Campus)
All families
6:30pm



Tom Farley (yes, Chris’ brother) from Rosecrance will discuss how we can develop strong communication skills that not only build trust and enhance connections in our lives, but challenge our limiting beliefs and destructive habits. Participants will better understand the value of interdependence and acceptance – balancing your own needs and wants with those of others.

Financing College

10/4
Zoom Webinar
Senior families
6:30pm



DePaul Prep College Counselors tackle the difficult college cost conversation. Learn the intricacies of the “sticker price” in relation to the actual cost of college, as well as ways to help subsidize the expense.

NOTE: Illinois Student Assistance Commission (ISAC) has graciously partnered with the DePaul Prep to host an on-campus FAFSA workshop 10/20. Registration required.

Sexual Misconduct Interventions

10/17
Corboy Hall
All families
6:30pm



YWCA presents a comprehensive understanding of sexual violence and will enhance awareness of how to appropriately respond to survivors of sexual violence. Additionally the DePaul Prep Deans and Counseling Staff will provide context on the structure of services and protocols in place to support students and families.

DEPAUL COLLEGE PREP

PARENT EDUCATION WELLNESS SERIES

2nd Quarter

Course Registration Preview

11/14
Pre-Recorded Post
9th-11th grade families



College Applications Post Nov. 1st

11/15
Zoom Webinar
Senior families
6:30pm



The DePaul Prep Counseling team will provide a brief overview of offerings for the 2022-23 school year. In addition, Heidi Bojorges, International Baccalaureate Program Coordinator, will explain the many amazing experiences and benefits from participation in the program.

Reconnect with the DePaul Prep College Counselors right after the early college application deadlines to look to the next steps in the process. Topic will include scholarship opportunities, mid-year transcripts, and communication with admissions reps.

Family Conferences w/Counseling

11/21 ans 11/22
Zoom Meetings
All families



Mindful Parenting

12/6
Corboy Hall
6:30pm



Discuss academic achievement and progress with your student's School Counselor, as well as where they are in their social emotional growth, and any curiosities regarding post secondary preparedness.

Compass Health Center, will provide an informative session on how to demystify and destigmatize conversations around mental health in adolescents. Participants will gain perspective from licensed clinicians that work with and understand the adolescents specifically in our DCP community.

DEPAUL COLLEGE PREP

PARENT EDUCATION WELLNESS SERIES

3rd Quarter

Academic Achievement Plans



1/17
Zoom Webinar
All families
6:30pm

The DePaul Prep Learning Specialists Team will help families get off to a great start for the new year as they share strategies that students can use to prepare for a variety of assessments. Topics include written essays, long-term projects, and tests. Parents will walk away with an understanding of how to help their student(s) create and use active study strategies that provide feedback.

College Process Preview



1/24
Corboy Hall (On Campus)
Junior families
6:30pm

Families of junior students are HIGHLY encouraged to join the DePaul Prep College Counselors as they provide an introduction to the college process. insight into who they are, and the support role they will play this spring and fall. Content covered will be a review of the application timeline, curriculum covered in our Advisory course, and resources available for post-secondary discernment.

7-Days of Conversation Challenge



2/7
Pre-Recorded Post
All families

Andy Duran from LEAD and School Social Worker, Lisa Duran, dare to unpack how to talk with your teen about difficult topics. Viewers will delve into the intimidating world of uncomfortable conversations to learn how to use your power as a parent to shape how your kids see the world. Families will walk away with a plan to implement over the next week with their students.

Athletic Recruitment



3/14
Zoom Webinar
All families
6:30pm

Covering the pathway to collegiate athletics, including perspectives from College Admissions Reps, the DePaul Prep College Counselors will share a typical day in the life of a college student athlete and detail the next steps in the recruitment process.
*College Counselors available for follow ups to discuss individual questions.

DEPAUL COLLEGE PREP

PARENT EDUCATION WELLNESS SERIES

4th Quarter

Transition to College

4/4

Corboy Hall (On Campus)

Senior families

6:30pm



Join the DePaul Prep College Counselors as they provide perspective on what to expect in the months ahead as your child transitions to college. Current college students will be present to share typical first year student scenarios and examples of healthy student experiences that support a positive and successful start to college.

The 'Things We Don't Say' About Mental Health

4/18

Corboy Hall (On Campus)

All families

6:30pm



Allison Herman, from Hope For the Day, will break down the importance of self-care and being supportive of proactive mental health care for others. The discussion will cover stigma and its impact, as well as practical skills for early recognition of mental health challenges that often go unaddressed and can build to a crisis.

College Summer Planning

5/9

Pre-Recorded Post

Junior families



Programming Contact Info:

Michael Sneed

School Counselor

msneed@depaulprep.org

773-423-5096

Recordings of all digital content @
www.depaulprep.com/counseling