

LIFE-THREATENING ALLERGY PROTOCOL

- **AT SCHOOL OR DURING SCHOOL ACTIVITIES, 911 WILL BE CALLED WHEN A STUDENT EXPERIENCES AN EMERGENCY INVOLVING ANAPHYLAXIS.**
- Anaphylaxis is a sudden, severe, life-threatening allergic reaction that requires immediate emergency medical care. Epinephrine is used to treat anaphylaxis.
- In accordance with the collaborative practice agreement, epinephrine auto-injectors may be used by trained school personnel for emergencies involving anaphylaxis.
- Emergency use epinephrine auto-injectors are stored in an easily accessible area of each health office. The EpiPen is a commonly prescribed brand of auto-injector and the brand that is typically stocked in the school clinics.
- Designated school personnel are trained annually in epinephrine auto-injector use and anaphylaxis.
- Parents/guardians shall inform the health staff of their child's history of known allergies and provide the school with the physician's allergy/anaphylaxis treatment plan and medication orders annually and whenever changes are made.
- Appropriate staff will be notified of current allergy treatment plans that have been provided to the school for students with known allergies.
- Students with life threatening allergies may require an Individualized Health Plan and/or a 504 Plan.
- Physician Treatment Plans & Individual Health Plans will be followed as applicable.
- The superintendent/designee will be notified whenever an epinephrine auto-injector is used and every attempt will be made to notify the parent/guardian as soon as possible.

EPINEPHRINE AUTO-INJECTORS:

- There are several brands of epinephrine auto-injectors and each has a specific set of instructions for use (*EpiPen is a commonly prescribed auto-injector*)
- Epinephrine auto-injectors generally come in two different doses for intramuscular injection
 - 0.3mg for person over 66 pounds
 - 0.15mg for person under 66 pounds
- Epinephrine auto-injectors may be used through clothing
- Epinephrine auto-injectors are given intramuscularly and should be injected into the mid-outer thigh
- The thigh should be held firmly in place when epinephrine auto-injectors are used

THE EPINEPHRINE AUTO-INJECTOR SHOULD BE USED AS FOLLOWS:

- **Remove auto-injector from carrier tube or box**
- **Hold auto-injector in fist with colored tip (needle side) pointing down** (*EpiPen has orange tip*)
- **Remove the safety cap/top with other hand** (*EpiPen has a blue safety cap*)
- **Place colored tip against the middle of the outer thigh (upper leg) at a right angle (perpendicular) to thigh** (*EpiPen has orange tip*)
- **Push the auto-injector firmly into the thigh until it clicks**
- **Hold firmly in place for 3 seconds (count slowly)**
- **Remove auto-injector from thigh**
- **Massage injection site for 10 seconds**
- **Call 911**
- **Do not leave person alone, monitor and keep them warm, provide first aid and CPR as appropriate**
- **Send used auto-injector with person to hospital**
- **Provide Emergency Medical Services with person's pertinent health information if available (e.g., medications, known allergies, medical conditions)**
- **Notify nurse, administrator, or designee**
- **Parent/guardian/emergency contact should be notified**