

2022-2023 Winter Sports Information

Registration for Winter Sports will open on October 10, 2022

<https://lakewashington-wa.finalforms.com/>

Payments for Swim and Wrestling will be accepted beginning October 10, 2022
Payments for Basketball and Gymnastics will be accepted once try-outs are completed.
Steps to register for athletics are at the end of this document.

**First Day of practices/try-outs:
Monday, November 14**

To be cleared for the first day of try-outs/practices you must submit your physical to the athletic office (coaches cannot accept physicals) and complete the online registration in FinalForms by the following dates:

Sport	Start Date	Registration Deadline
Basketball (Men's) Try-outs 11/14-11/15	Monday, 11/14	Sunday, 11/13/22
Basketball (Women's) Try-outs 11/14-11/15	Monday, 11/14	Sunday, 11/13/22
Gymnastics Try-outs 11/14-11/15	Monday, 11/14	Sunday, 11/13/22
Swim & Dive (Men's) Registration will close early if we reach our pool capacity.	Monday, 11/14	Sunday, 11/13/22
Wrestling	Monday, 11/14	Sunday, 11/20/22

Cut Sports

- **Basketball and Gymnastics** are cut sports at Juanita High School, there is no guarantee your student will make the team.
- To be cleared for tryouts you must pay your ASB fee (if you haven't already purchased for the 2022-2023 school year) and be clear of fines.
- Payment for the participation fee will not be accepted until your student is placed on a roster.
- A fine for the \$200 participation fee will be placed on your student's school account once they make a roster.
- Full payment will be due by 12:30 PM, Monday, 11/21/22 to continue practicing with the team.
- If making the payment in full is not possible, other arrangements will need to be made with the bookkeeper prior to the payment deadline. Please reach out to the athletic office or bookkeeper if assistance is needed.
- You may pay by credit card thru the LWSO Online Payment System (<https://payments.lwsd.org/>), click on fees/fines to see the participation fee. If you prefer to pay in person, the bookkeeper will accept payments during normal office hours
- **You will find information on Financial Assistance on page 2**

Eligibility Process

- Sports fee (\$200) and ASB fee (\$60) paid to the bookkeeper or payments can be made online thru the LWSD Online Payment System <https://payments.lwsd.org/> Student account must be clear of all fines to participate
- The initial grade check will be completed using current 1st semester grades. **(Running Start, Online School, Private School and Home School students will need to submit a copy of their current grades to the JHS Athletics Office between Nov 7-Nov 10).**
- Online registration is completed through FinalForms <https://lakewashington-wa.finalforms.com/>
Have your insurance and any other health information near you before you begin the registration process. A reminder that students must also sign electronically through their LWSD student email.

You may only register for ONE sport per season. If you are trying out for a cut sport, then select that sport. After try-outs you have the option to move to a non-cut sport if you do not make the team.

- A current physical is required to be on file in the JHS Athletics office. Physicals are good for 2 years from the examination date. If you do not have a physical, you may print a physical form from the JHS Athletics Eligibility Page to take to your physician or pick one up in the athletics office. The physical must be returned to the Athletics office, coaches cannot accept paperwork.
- Payment - If you are signing up for a **cut** sport (Basketball or Gymnastics) you do not pay the sports participation fee until after try-outs are over. (Payment will be due by 12:30 PM 11/21/22). If you are signing up for a **non-cut** sport (Swim or Wrestling) your participation fee is due prior to the first practice. You can pay online with a credit or debit card <https://payments.lwsd.org/>. If you prefer not to pay online, you may pay the JHS bookkeeper with cash or check prior to your student being cleared to participate. Please note you **MUST** pay the JHS ASB fee when registering for sports even if you go to a Choice School, Private School, Online School, Running Start or Homeschool.

**Students who try out for a cut sport and do not make the team may switch to a non-cut sport.
Contact the Athletic Office for details.**

Financial Assistance

If your student qualifies for free and reduced meals, you can have the fees associated with extracurricular activities waived. Please follow this link for more information: <https://www.lwsd.org/students-families/how-to-waive-extra-curricular-fees>

Winter Sports Parent Meeting
Thursday, November 17
7:00PM in the Commons