

# SHAC – Student Health Advisory Committee

## Meeting Minutes

*April 28, 2022*

*Thursday, April 28 · 4:15 – 5:15 pm*

1. Sign In: Community members, Staff, or Parent
2. Welcome - Imagine you are a professional baseball player. What is your walk up song?
3. Senate Bill 9 Update - Talk previously that *SHAC shall provide a recommendation. SHAC is not the creator or approver of this curriculum. SHAC is making a recommendation as a committee to let the board consider what is being recommended. Stacy has invited Abigail Kinard and Jennifer Kirkpatrick, FISD Student Support Counselors; High School and Junior High to talk about some curriculum development done in conjunction with themselves, other school personnel and the Friendswood Police Department. This will be an overview today. The links were sent out earlier in the week to look at.*

***Abigail Kinard/ High School Student Support Counselor:***

- Curriculum would be for 6th through 12th grade.
  - Proposing UNBOUND for the Sex Trafficking piece
    - On Demand Trainings for UNBOUND for Students, Parents, and School Personnel
      - Student presentations will be done live, not a recording. Developmental appropriate for 6th - 12th. Not meant to be fear mongering. Went through a lot of curriculums. Experience from how many of the different curriculums out there.
      - It gives students a plan of what to do and what to do next, problem solving. What do I do next.
    - Sentinels Training
      - Asking for all of the curriculum. It's free and Houston based. Really good feedback. In person presentations, our focus. Good feedback. Sentinels Program is a 5 part program with video and lessons going over vocabulary, ie. what is a grooming, bystander. More through than 1 hour videos. Available on unboundhouston.org. Describing Sentinels in general. You can request access and If you tell her you are a part of Friendswood ISD, you can be sent your on login code.
  - Health TEKS - Health teachers at HS asked if we would get website; Office of Victims of Crime, Department of Justice (Government Office) currently using in Health classes. With Senate Bill 9 have to have approval for this which has been in their TEKS for awhile but with SB 9 consent component for upcoming year.

- District Developed Curriculum for Dating Violence, Child Abuse and Family Violence. Went through SB 9 in detail. Wanted to discuss healthy relationships portion and what that means. Access through link. SB 9 wants to go over the different types of abuse and cover what Child Abuse is, Family violence, and Dating violence. What that looks like. Briefly covered different types of abuse. It is a 1.5 minute video from the CDC We show the first 1.5 minutes in this presentation; what is child abuse and neglect. Some things included seen at the middle school and high school. What is not and what is. Required to give the reporting line 3 times. What the Texas law is. Texas Penal Code; how to identify signs of abuse and how to report it. Penal Code on what Dating Violence is. Our statement condemning dating violence in FISD, specifically outlined in SB9. Statement frequently used. Healthy relationships vs what is. Consent etc. Age of consent. Nuances of ages but wanted to present cut and dry version.
- Sexual Harrassment: Important to explain to students over and over. Health Teks, sharing nude photos and what it is considered. Presentation will be covered by Abigail, Jennifer and other counselors including SROs. District has a zero tolerance policy. Civil crime.
- Sexual Intercourse: Texas Penal Code we would spend time on what this is. SRO would talk to. How to report sexual assault and who to report to. Generally very confused about and don't report.
- Friendswood Police Department does not re-traumatize, investigate. Take information and report to parent. Report to child advocacy center.
- Consent as a broad term and what that is. Consent can be anything.
- Protective Measures: Safety planning. The 3 people you would call if something bad happened. 911, doctor, hospital you go to, See something say something. Ways to avoid the person accused.

***Jennifer Kirkpatrick/Junior High Student Support Counselor***

8th Grade

- *Healthy Relationships Counselor/SROs*
  - Roll Out - FJH Impact classes - Counselor and SRO together will present - November/December time frame
- *Suicide Prevention*
  - *Nami of Gulf Coast* in person in FJH PE classes
    - Regarding stress Oct /Nov.
    - Ending the Silence...Mental Health Oct/Nov

7th Grade

- *Human Trafficking*
  - UNBOUND presentation in 7th grade PE where health is taught.
  - Impact Lessons - all counselors 5 lessons addressing Human Trafficking through Sentional lessons
  - Anti Vaping Presentation - Bay Area Alliance

### 6th Grade

- Social Media and cell phone usage from Bay Area Alliance - Impact Classes
  - Impact classes will also cover throughout the year:
    - Social Emotional Health, Anxiety, healthy coping skills, communicating, interactions, healthy concepts, safety plan
- Parents questions...in SHAC committee? All information is listed on the district website

### High School

- 9th grade - Suicide will use Nami curriculum. Ending the silence. Through history classes
  - 10th grade - trafficking. UNBOund in Nov
  - 11th grade Healthy Relationships Feb
  - 12th grade - Resiliency - Suicide Prevention - stressful senior year
- Letters to notify parents June 6 2022 email to all incoming 6-12 pointing to the curriculum*
- Opt in - August 2022 - Campus Registrars through online campus verification
  - SB 9 - requires parents to be able to view curriculum 14 days in advance. Letter in June gives all summer to view.
- a. Curriculum in place for the 2022-23 school year for 6-12 grade students. Required to receive instruction at least once while in grades 6-8 and once while in grades 9-12
  - b. Proposing [Unbound Houston](#) for Sex Trafficking Curriculum and [Office of Victims of Crime](#)
  - c. Proposing district developed curriculum for dating violence, child abuse and family violence ([Healthy Relationships](#)) which uses understanding consent: [Video 1](#) [Video 2](#)
  - d. [Email to Parents of 6-12 graders](#)
  - e. Proposed roll out of the curriculum beginning in the 22-23 school year
    - i. [FJH](#)
    - ii. [FHS](#)
4. [Wellness Plan](#) - annual review and discussion
    - a. The district receives federal funds through Nation School Lunch Program, you adopt a Wellness Plan. Plan will be posted on the food service website and turned into the Texas Department of Agriculture. More information on webpage. Aramark works with American Heart Association. Will be reviewed next school year. Kristin Westerfeld is the chair person.
  5. Information Reports

Food Service - Director, David Moynihan will discuss menus, parent involvement, open discussion. Foil packaging is going to become an issue because of supply chain issues.

