

Transitioning to Early College Tools & Takeaways

<https://tinyurl.com/SOARTips2022>

09/29/2022

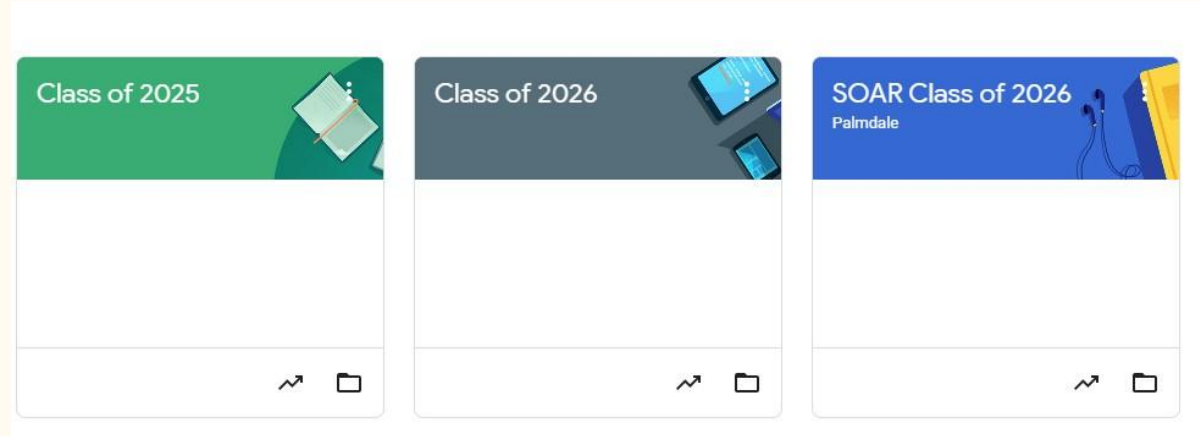
Today's Topics

- **Class of 2025 & 2026 Google Classrooms**
- **School Website**
- **SOAR & AVC Supports**
 - **Academic Supports**
 - **Social/Emotional Supports**
 - **College Career Supports**

- **Educational Planning/Goals Overview**
- **What to expect 9th, 10th and beyond**
 - **Four year plans**
 - **College Ed Plans**

Google Classrooms (Class of 2025 & 2026)

- Counseling Department posts important information that are Grade Level specific
- Each classroom has a google calendar associated with it.
- Post all counseling lessons, important events and deadlines
- Last week's presentations about Resources- SOAR Lancaster & Resources - SOAR Palmdale



**Mental Health &
Wellness Link!**

**Counseling Page:
Great Resources!!**



POWER
SCHOOL



AV
COLLEGE



MENTAL HEALTH
& WELLNESS



SCHOOL
COUNSELING



SCHOOL
CALENDAR



TIP
LINE

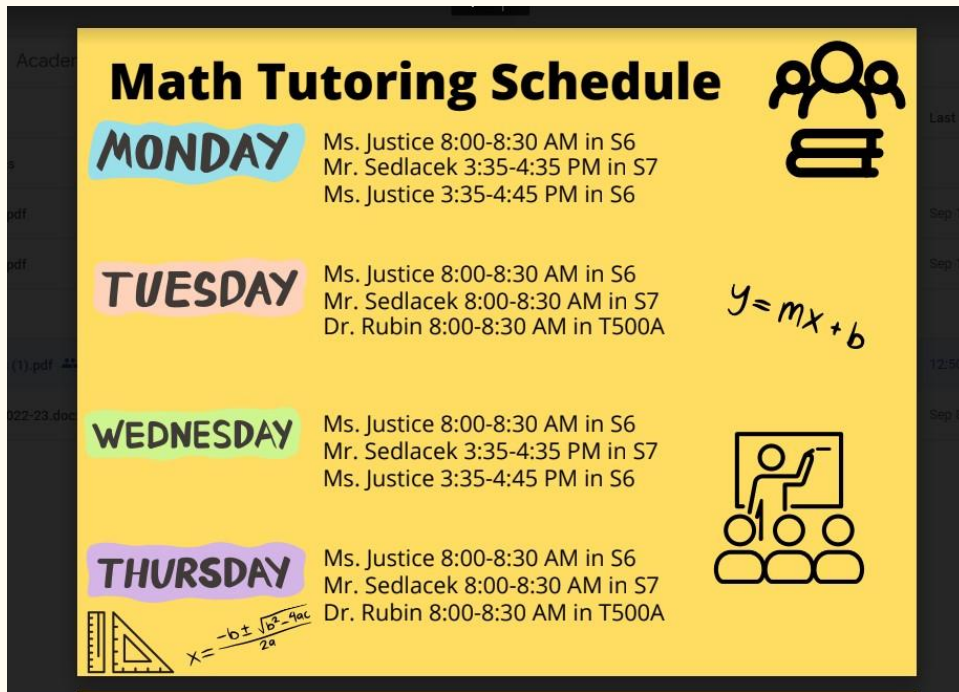
<https://www.soarhs.org/>

<https://www.soarhs.org/academics/counseling>

Academic Supports

SOAR

- Teacher led tutoring schedule (Lancaster)
- Palmdale Teacher Led Tutoring
- Form study groups (use S3 to meet or Library)
- Tutor.com (Live Tutor)
- Mandatory Academic Support
 - Weekly meetings with the counselor
 - Tutoring Mandatory
- Peer Tutoring (starting soon)
 - <https://tinyurl.com/SOARTutorSP22>



Math Tutoring Schedule

MONDAY Ms. Justice 8:00-8:30 AM in S6
Mr. Sedlacek 3:35-4:35 PM in S7
Ms. Justice 3:35-4:45 PM in S6

TUESDAY Ms. Justice 8:00-8:30 AM in S6
Mr. Sedlacek 8:00-8:30 AM in S7
Dr. Rubin 8:00-8:30 AM in T500A

WEDNESDAY Ms. Justice 8:00-8:30 AM in S6
Mr. Sedlacek 3:35-4:35 PM in S7
Ms. Justice 3:35-4:45 PM in S6

THURSDAY Ms. Justice 8:00-8:30 AM in S6
Mr. Sedlacek 8:00-8:30 AM in S7
Dr. Rubin 8:00-8:30 AM in T500A

$y = mx + b$

$x = \frac{-b \pm \sqrt{b^2 - 4ac}}{2a}$

Icons: A group of three people, a stack of books, a person at a computer, and a group of four people.

Academic Supports-Tutor.com (Live Tutoring)

You have 10 hours remaining this semester

What do you need help with today?

English

Please take a moment to review our [honor code](#).

Topic

Math

Subject

Algebra I

Grade

9th

How would you like to work with your tutor?

☒ Chat Only ☐ Chat + Voice

Enter your question

Type your question here.

[Attach a File](#)

CONNECT NOW

Students can receive individualized tutoring with a live tutor.

Upload essays and you will get a response within 24 hours

Choose your subject and grade level. A tutor will connect with your student and live chat with them. It's like having a 1-on-1 tutor.

Students are given 10 hours initially. When a student needs more hours they email the counselor!

Academic Supports

Email Teachers by
clicking on their name

PowerSchool Menu for Parents

-no Live Tutor function (Only on the student side)



Applications

Close

Applications	Description
Enrollment	Enrollment
Log in to Family Connection	Log in to Family Connection

**- Family Connection/Naviance
(check what Career/College exploring
your child has been doing.)**

											Attendance By C
Exp	Last Week					This Week					Course
	M	T	W	H	F	M	T	W	H	F	
1M(A)		.		.					.		AVID 2 Email Pineda, Elizabeth - Rm: T600G
2M(A)			World History Honors Email Agnew, Jenny B - Rm: S8
3M(A)			English 10 Honors Email Pineda, Elizabeth - Rm: T600G
2T(A)			Geometry Email Lubin Rubin, Lisa - Rm: T500A
3T(A)			Chemistry Email Blanski, Ramona - Rm: S2

Academic Supports

AVC

- The Learning Center
 - <https://www.avc.edu/lc>
 - One-on-One Drop In Tutoring online and in person
 - Workshops
 - Tutoring Appointments
 - Lancaster = SAGE Hall
 - Palmdale = P137
 - Students can get help for their high school classes



Welcome to the AVC Learning Center!

Monday - Thursday 8:00am - 7:00pm | Friday 8:00am - 11:30am

Lancaster Campus: Sage Hall, 1st Floor | Palmdale Center: P137, West Entrance

Need some extra help or want to reinforce what you learned in class? Our academic support services are available across all disciplines. Let us help you make the semester a success!

We offer:

- Live Online Front-Counter Access on Zoom
- Small Group & Individual Drop-in Tutoring
- Supplemental Instruction
- Tutoring Appointments
- Faculty- Led Math, Reading, Writing & Study Skills Workshops
- Open Computer Lab
- Study Space
- For Check-out: Laptop/Media/Textbook & Study Supplies

To access our online services:

- Enroll now through Canvas: <https://bit.ly/EnrollAVCOnlineLearningCenter>

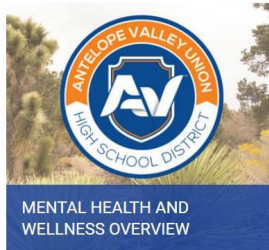
Social/Emotional Supports

SOAR

- **AV District Mental Health & Wellness Page**
<https://www.avdistrict.org/mhw>
- **School Based Mental Health**
- **Brittani Skinner - SOAR's Educational Social Worker**

MENTAL HEALTH & WELLNESS

All students within the Antelope Valley Union High School District are supported by staff members, teachers, school counselors, school psychologists, educational social workers, student support coordinators, and other mental health staff that specifically support the students' mental and social-emotional well-being. The Antelope Valley Union High School District's Comprehensive plan includes a Multi-Tiered System of Support framework to best support all our students' needs.



RESOURCES

AVUHS D MENTAL HEALTH & WELLNESS HOMEPAGE

211- LA COUNTY RESOURCES

988-SUICIDE HOTLINE

BEHAVIORAL MENTAL HEALTH URGENT CARE

PALMDALE SHERIFF'S STATION

LANCASTER SHERIFF'S STATION

TIPLINE- IF YOU SEE SOMETHING SAY SOMETHING

LGBTQ RESOURCES

CONTACT US

Social/Emotional Supports

AVC

- TimelyCare
 - Free Health care services including doctor visits, counseling, dental and vision
 - <https://www.avc.edu/student services/health>
- Links to flyer and parent authorization form
 - [Parent Authorization Form](#)
 - [TimelyCare flyer](#)

Virtual care from anywhere.

Get on-demand support from doctors and counselors right at your fingertips.



Create your **FREE** account:

1. Visit timelycare.com/AVC or download the TimelyCare app
2. Register your account
3. Email customer support with a signed consent form* (help@timely.md)
*consent form needs to be signed by a legal parent or guardian
4. Complete your registration

**IT'S FOR AVC SOAR
STUDENTS. FOR FREE.**



Get 24/7, on-demand
mental health support.



Get 24/7, on-demand
and scheduled
medical visits.



Get connected to
low or reduced-cost
community resources.



Access licensed
counselors in
your state.

College/Career Supports

SOAR

- College visits (virtually and in person)
- AVID classes
- Naviance
 - Career/College Exploration
- Creation & Update Four Year Plan in AVID (every year)
 - High school and AVC courses are planned

AVC

- The Career Center at AVC
- 3 AVC Counselors that are assigned to SOAR
- AVC Counselors
 - Updated Student Ed Plan (SEP) is sent to AVC email
 - Yearly presentations in AVID class

While “ghosting” into your child’s Naviance account you can navigate to different pages about Careers, Colleges, etc by using the menu at the top right.

Tabs at the top for students to explore

Home page of your child’s Naviance account. You can “ghost” into their account.

NAVIANCE
BY POWERSCHOOL

Welcome, Demo Moya!

Search for Colleges

Type a college name

SEARCH

Home Self-Discovery Courses Careers Colleges Planner

DM About Me

Naviance Special Welcome

Welcome to Students On Academic Rise High School's Naviance!

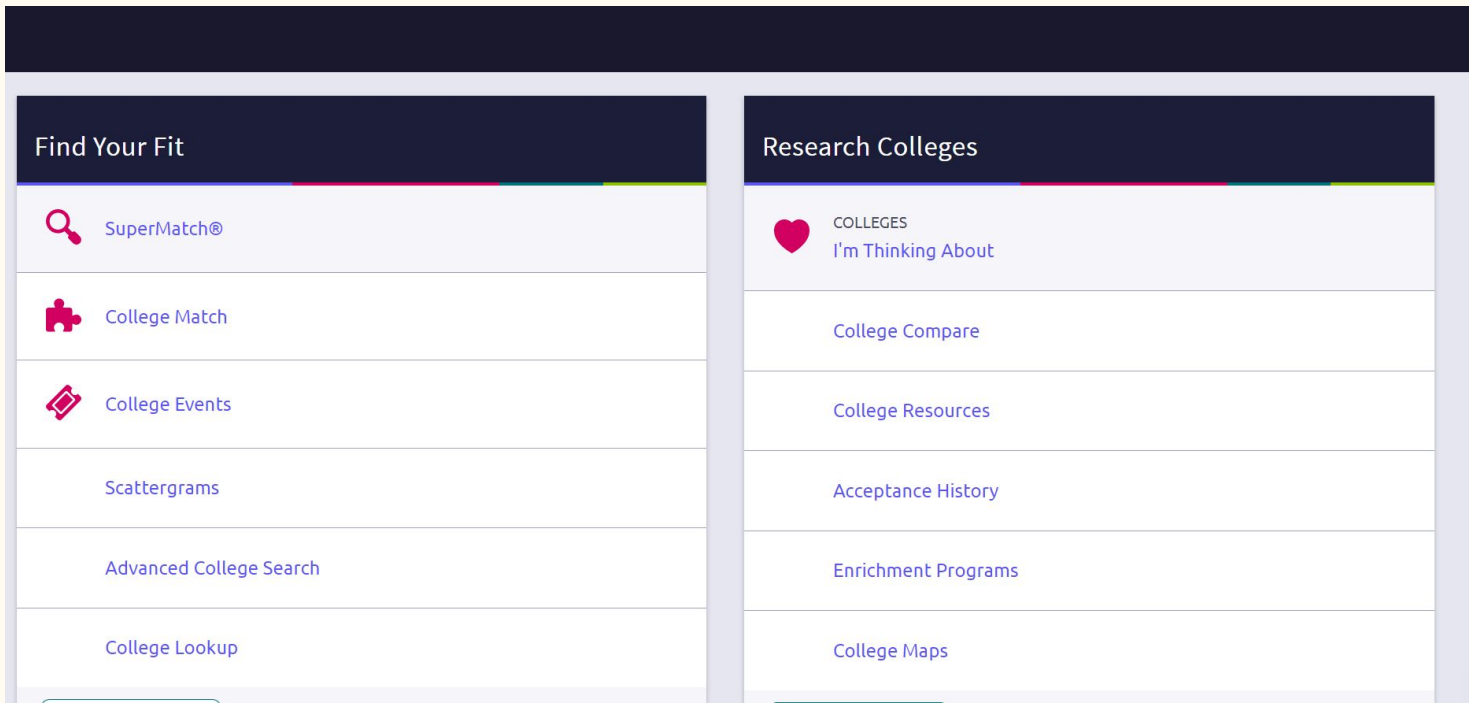
Home of the Stars - Est. 2006

Make sure you complete your Senior Survey! Once completed, hit the "save and finish" to mark it complete.

Read more

My Favorites

- COLLEGES I'm thinking about
- COLLEGES I'm applying to
- COURSES I'm thinking about
- CAREERS AND CLUSTERS I'm thinking about



Under the COLLEGES Tab are many resources for searching for colleges, signing up for college visits and saving colleges you are thinking about or are applying to.

Parents can add colleges to the list as well.

Self-Discovery



AchieveWorks Intelligences®

Formerly MI Advantage

COMPLETED Nov 15th 2018



Your Super Powers



Intrapersonal



Existential



Interpersonal

RETAKE

VIEW RESULTS

AchieveWorks Learning and Productivity®

Formerly Learning Styles Inventory



Discover your sensory, environmental and mindset preferences to help develop and adjust your study practices.

START ASSESSMENT



AchieveWorks Personality®

Formerly Do What You Are

COMPLETED May 9th 2019



You've taken an older version of this assessment. Please click or tap "View Results" to see the updated report.

RETAKE

VIEW RESULTS

AchieveWorks Skills®



AchieveWorks Skills® helps you identify and develop your skills and connects your skills to careers that might interest you.

START ASSESSMENT

Career Cluster Finder



The **Career Cluster Finder** helps you identify your interests and discover career clusters that contain careers that might interest you.



Career Interest Profiler

Holland Traits



Investigative



Social



Conventional



Career Key

COMPLETED May 8th 2019

Holland Traits



Social



Investigative

Strengths Explorer®



Strengths Explorer® helps you identify your key strengths that you can use as you proceed on your college, career and life readiness journey.



Self-Discovery Page:

In AVID, we will be taking many of these self-discovery surveys and going over our results.

SOAR Early College Requirements

- **Maintain a minimum 2.5 GPA for high school**
- **Maintain a minimum 2.0 GPA for AVC**
- **Be enrolled in a minimum of 1 AVC course for Fall & Spring terms**

August Things You Need to Know Lesson in AVID 1

Education Planning (Ed Plan)

Priority #1: Graduation Requirements

Priority #2: A-G Requirements (straight to a 4 year university) - SOAR/AVC A-G List

Priority #3 and/or Priority #4: IGETC requirements and/or AA requirements

Ninth Grade - Topics we Cover

- Graduation Requirements
- A-G Requirements (straight to UC/CSU)
- IGETC & AA degree requirements
- Ed Plans from AVC Counselors (August & March)
- AVC Registration for Spring 2023 (1st week of November)
- Create SOAR Four Year Plan (March)
- Continuing Naviance exploration
- AVC Counselor visits w/ updated Ed Plans (April)
- Register for AVC Fall 2023 (April)

Tenth Grade

- **Update SOAR Four Year Plans (October & March)**
- **PSAT/NMSQT (October 12th)**
- **AVC Registration 1st week of November for Spring 2023**
- **Interpretation of PSAT/NMSQT scores (Dec)**
- **Naviance Exploration into Careers and Career Pathways**
- **Updated Ed Plans and AVC Counselor visit (March)**
- **Register for AVC Summer 2023 & Fall 2023 (April)**

Upcoming Years

11th Grade

- PSAT/NMSQT (Oct)
- SAT School Day (Mar)
- Register for an additional SAT by June
- Exploring different colleges (College match) (1st semester)
- Financial Aid 101 (2nd semester)
- Updated Ed Plans and AVC Counselor Visit (1st semester)

12th grade

- Take an additional SAT & ACT (Before December)
- Applying to UC/CSU's (Oct-Nov)
- Other College Applications (Nov - Jan)
- Submit FAFSA (October)
- Updated Ed Plan & visit from AVC Counselor (1st semester)
- Receive college acceptance letters (Dec - Apr)
- Receive Financial Aid Award Letters (Apr)
- College Decision Day (May 1st)
- Graduation (End of May)

Thank you

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