SHS Weekly News

October 7, 2022

A Message from Mr. Kruse, Principal

Students and Families,

Thank you to all who participated in a fantastic Homecoming last week. Great job!

Course progress reports were uploaded this week in IC.

Parent/Teacher Conferences have the option to be in-person or virtual again this year on Oct. 19 & 20, more information below.

Please look for sign-up information next week. Thank you for all your support!



Have a wonderful and safe weekend, MJK

SHS Parent/Teacher Conferences: Virtual and In-Person

Parent/Teacher Conferences will take place on Oct. 19 - 20 from 4:00 - 8:00pm. We will use SignUpGenius to schedule 10 minute conference appointments. Parents/Guardians have the option to meet with teachers in-person or via Zoom.

Details and links to sign up will follow next week.

October is Safety Awareness Month at SASD

We've designated October as Safety Awareness Month. In October, your students can expect:

- 1. Active Threat/ALICE Controlled Drills and Discussions
- 2. Review of our Speak Up, Speak Out incident reporting tip line

The controlled active threat drill will take place during the week of October 17. Building principals will follow up with a communication to families shortly after the controlled drill is

completed.

For more information, please click below.

District Letter: Safety Awareness Month at SASD

A Message from Ms. Alexander, Athletic Director

Dear Viking Families,

The winter sports meeting will take place on Tuesday, November 1st and 6:00pm with the following room assignments:

- Large Cafeteria Boys Basketball
- Library Boys Swimming
- Main Gym Girls Basketball
- Multi Purpose Room Wrestling
- Small Cafeteria Boys Hockey
- TBD Girls Hockey
- TBD (advisor will coordinate) Winter Dance/Winter Cheer

Please register by clicking the button below.

Thank you, Andie Alexander

Winter Athletics Registration

Athletic Schedules

Pre-Order Athletic Tickets

The Stoughton Sports Booster is hosting a Boo-ster 5K Trek on Sunday, October 30. It's \$15 to register and costumes are encouraged! If you're interested, sign up by clicking the button below.

Stoughton Sports Booster Boo-ster 5K

Indigenous Peoples Day: Monday, October 10

In 2019, Governor Evers signed the first executive order setting aside the second Monday in October to recognize Indigenous Peoples Day. To learn more about this day, PBS Wisconsin has put together a series of documentaries that feature tribal storytellers sharing traditions and culture that have shaped their communities through many generations.

PBS: Celebrate Indigenous Peoples Day

COVID-19 Testing Updates

We're currently finalizing a COVID-19 Testing Clinic for staff and students, which will be located at 900 W Wilson Street. Please look for more information next week.

Outstanding Fees

Please check your <u>Infinite Campus Parent Portal</u> for any outstanding fees. To view prior year fees change the year in your portal account and then add the fee to your account.

If you need financial support please email Jenny McKenna.

Homework Club

Academic Coaching will be after school until 4:45pm in the SHS library on the following dates in October:

- Thursday, October 13
- Tuesday, October 18
- Tuesday, October 25
- Thursday, October 27

SHS Literary Magazine Submissions Open

SHS Students, Parents, and Staff,

Do you have an interest in art and literature? Become part of the SHS Literary Magazine today! The literary magazine recognizes and showcases creative work made by SHS students.

The SHS Literary Magazine is excited to announce the opening of submissions for its first issue of the year. The SHS Literary Magazine is accepting the following creative work: writing, artwork, photography, and other creative pieces. The theme for this year's first issue is "spooky/macabre."

All work must be submitted by October 17. Any submissions can be directed and sent to <u>Ms. Jen Monthie</u>. Please note that all artwork or photos must be in .JPEG format.

If you have any questions or concerns, stop by room 320 to see Ms. Monthie. We are all looking forward to your submissions!

We appreciate your recognition and participation, SHS Literary Magazine

SHS Literary Magazine Info

Band News

Good luck to the Viking Marching Band as they perform at the Milton High School and Sauk Prairie High School Marching Invitationals this weekend. The Milton Invite (Oct 8) performance time is 7:15pm and the Sauk Prairie Invite (Oct 9) performance time is 2:05pm.

Congratulations to Andy Quam, Alex Thiessen, Andrew Scott, Andy Schloesser, Madison Luick, and Brandon Vaage for earning seats in the 2022 Badger Conference Honors Band. This year's Honors Band will perform at Verona Area High School on November 15 at 7:00pm.



Norse Star Award

Congratulations to SHS student newspaper The Norse Star! Ms. Laura Streyle and their 2021-22 student staff led The Norse Star to be one of only a few student newspapers to receive an International First Place award from Quill and Scroll. Find out more information from The Stoughton Courier Hub article and visit The Norse Star's webpage to experience what makes this newspaper award-winning!



Pictured: Front row: Emma Phillips, Gabe Rousseau, Delaney Gauthier, former Associate Editor in Chief Ava Parr, former Editor in Chief Anja Royko. Back row: Lauren Amstadt, Autumn Evenson, Madeline Monthie, Madison Luick, Clare Borchardt. Not pictured: Emma Farley, Bhoomi Patel, Mylah Hall.

The Norse Star





Transforming Behavior "Management" to Building Individual Agency!

- □ Are you looking for a way to improve your relationship with your child?
- Is your child (infant-teenager) struggling with their behavior and you don't know what to do next?
- Do you want your child to be more regulated, independent, persistent, safe, determined, or (insert character trait)?

If so, join the FREE community workshop sponsored by the $\textbf{Stoughton Area School District } \emptyset \text{ the Stoughton Rotary Club to learn about}$

The Nurtured Heart Approach!

NHA is a set of research-based strategies that assist children in further developing theil self-regulation and has been found effective for children of all ages. It focuses on transforming the way children perceive themselves, their caregivers, and the world around them.



Join us for a FREE workshop and get a FREE copy of "Transforming the Intense Child Workbook":

1.5 Hour Virtual Option: Tuesday, October 25th 6:00-7:30 pm 3 Hour In-Person Option: Thursday, October 27th 5:00-8:00 pm

"I've been practicing noticing and recognition along with staying "low". My child is responding so well to it and rising to behavioral expectations. It really is kind of magical! Thanks so much. I greatly enjoyed the evening and connecting with some folks in the community I hadn't seen in a while. I look forward to learning more." (2021 workshop participant)

Reserve your spot @ https://bit.ly/3CboCxJ



To YOUR Greatness, Humanity, & Significance...

Amy Ruck (Advanced NHA Trainer) <u>amychangeagency@amail.com</u> Sara Jane Lee (Certified NHA Trainer) <u>sarajanelee@stoughton.k21.wi.us</u>

Nurtured Heart Training



WANT CASH FOR COLLEGE? ATTEND A

COLLEGE GOAL WISCONSIN 2022



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October 24

October 4

Oct 4, 6, 13, Nov 3

November 1 October 10, 11, 17

Oct 10, 11, 12, 27 Nov 3, 14

Nov 3, 14 October 3 October 24 October 4 October 13 October 24 November 7

October 17 October 17 October 25 October 11 October 25

October 25 October 6

Oct 17, Nov 15 October 6

FAFSA COMPLETION EVENT

Do you have questions on how to complete the FAFSA (Free Application for Federal Student Aid)? The FAFSA is the form a student needs to complete to apply for financial aid, such as grants and loans. Plan to attend a College Goal Wisconsin event in-person or virtually to receive free information and assistance completing the FAFSA.



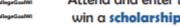
You will need the following items in order to complete your 2023-24 FAFSA. If you are considered a dependent student for financial aid purposes, you will also need these it your parent(s).

- ☐ 2021 Federal Tax Return and W2s
- 2021 Untaxed Income Records, such as child support or veteran's non-
- ☐ Information on savings, investments, b ss assets and farm assets (if applicable)
- Driver's License (if you have one)
- Cell phone (if you have one)
- Social Security Number
- ☐ Alien Registration Card or Permanent Resident Card (if you are not a U.S. citizen)
- ☐ Date of birth for pare
- Month and year of parents' marriage, divorce, or sepa
- FSA ID (if you have one). To create an FSA ID, please visit studentaid gov. Every student and at least one parent if the student is considered a dependent student needs one





Attend and enter to

















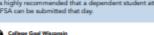


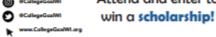






















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Financial Aid Presentations

Budgeting and Financial Aid - Thursday, Oct 13th at 4:00pm: UW HELP, along with panelists from UW-Eau Claire, UW-Stevens Point, and UW-Whitewater, will discuss budgeting, the financial aid process, how to compare financial aid offers, and more.

Register Here: <u>Budgeting and Financial Aid</u>

Registration is required.

WRTP BIG STEP



PLUMBERS UNION LOCAL 75 2102 E SPRING DR | MADISON, WI 53704

REGISTRATION IS RECOMMENDED; CALL (608) 419-0325.

LEARN ABOUT

- BIG STEP Apprenticeship Readiness Program
 Manufacturing employment opportunities
 Apprenticeship application process

EXPERIENCE NOW

- Hands-on projects and activities
 Union Building Trades career pathways
 Dialogue with employers about employment opportunities

Yearbook Entry Info for Seniors

Yearbook Purchasing 22-23

SHS Daily Schedule 22-23



Stoughton High School

Athletic Office: 877.5622 Attendance Office: 877.5608 Counseling Office: 877.5618 Mr. Kruse, Principal: 877.5601

Ms. Hrodey, Associate Principal: 877.5605 Ms. Schoemer, Associate Principal: 877.5603



608.877.5600



