



Emerson High School

2022-2023

Session 1 Newsletter

Special points of interest:

- PSAT or SAT Testing, Wed., 10/12
- World Language Competency Testing, 10/12, 11/9 & 1/18
- NO SCHOOL, Teacher LEAP Day, Fri., 10/21
- Summatives for Session 2, DUE Fri., 11/4
- Summative Workshops Mon. 11/7 & Tues. 11/8

SESSION 2

Starts: October 10

Ends: November 8

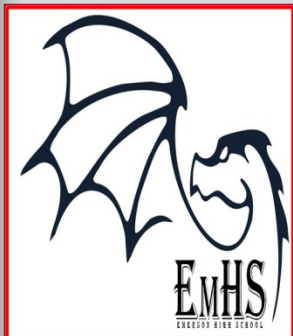
Emerson High School
10903 NE 53rd Street
Kirkland, WA 98033

Phone:
425-936-2300

Fax:
425-576-0567

Attendance Line:
425-936-2306

Website:
www.lwsd.org/EmHs



From the Principal

It is hard to believe we're already a month into the school year and Session 1 ended last Friday.

Overwhelmingly, students seem engaged and excited about classes and what they're learning which is a wonderful way to start the year.

As the new session begins and weather cools down, however, it is apparent that some students are having a harder time getting to school. It adds up – averaging just 2 absences per month (excused or unexcused) is defined as **chronic absenteeism** and makes it less likely that a student will graduate from high school. Sporadic – not just consecutive – absences matter. Before you know it, one or two missed days a month adds up to 10% of the school year.

Students who are chronically absent also can negatively impact the instruction for other students who must wait while teachers "catch-up" students returning from absences.

How you can help:

- Avoid unnecessary absences.
- Try to schedule appointments outside of the school day.
- If your student is too sick to come to school, keep them home (from everything, including jobs & extra-curricular sports/activities) and resting so they can return to school quickly.

As always, if you have questions or concerns regarding your student (s), don't hesitate to contact his/her advisor, counselor, or me – we're here to help.

Have a great year!

-Nell

DAILY SCHEDULE 2022-23

| | |
|-------------|------------|
| 8:00-8:55 | 1st Period |
| 9:00-9:50 | 2nd Period |
| 9:55-10:40 | 3rd Period |
| 10:45-11:35 | 4th Period |
| 11:35-12:05 | LUNCH |
| 12:10-1:00 | 5th Period |
| 1:05-1:55 | 6th Period |
| 2:00-2:50 | 7th Period |

Wednesday Schedule

| | |
|-------------|------------|
| 8:00-8:45 | 1st Period |
| 8:50-9:35 | 2nd Period |
| 9:40-10:25 | 4th Period |
| 10:30-11:15 | 5th Period |
| 11:15-11:40 | LUNCH |
| 11:45-12:30 | 6th Period |
| 12:35-1:20 | 7th Period |

LEARNING CENTER

Day Learning Center

8:00-9:55 AM Mon-Fri

Evening Learning Center

4:00-7:00 PM Tues & Thurs

DROP, COVER, AND HOLD ON DRILL

International ShakeOut Day is always the third Thursday of October (this year: **October 20**). While COVID-19 has brought many uncertainties and challenges, one thing's for sure: ShakeOut is still happening this year!



While earthquake hazards varies from region to region, most of Washington is prone to earthquakes. You could be anywhere when an earthquake strikes: at home, at work, at school or even on vacation.

Practice and be prepared!

SCHOOL PICTURE RETAKE DAY

Picture retake day for Emerson High School portraits is **Tuesday, October 18th!!!!**



**ALL
sophomores
will take the
test with the
district
covering the
cost!**

OCTOBER PSAT & SAT TESTING

Date: Wed., October 12, 2022

2022 PSAT/NMSQT (Preliminary SAT/National Merit Scholarship Qualifying Test) for Sophomores and Juniors

The cost for the PSAT/NMSQT test for Sophomores is covered by the District. All 10th graders take the PSAT.

Juniors can choose to take the PSAT/NMSQT, cost is \$18.

2022 SAT for Seniors

Seniors can choose to take the SAT. Participating students from EMHS will test at Lake Washington High School. Cost \$60 or if on Free/Reduced Lunch status \$8.

Checks, written to EMHS, are due by October 11 to Mary in the main office.

WORLD COMPETENCY TESTING

LWSD World Language Biliteracy Testing for the Seal of Biliteracy is available to all 9th-12th grade students living within the district boundaries. This test recognizes the talents of our multilingual learners. Students can earn up to 4 high school credits in addition to receiving the WA State Seal of Biliteracy at graduation. The district will pay for one test per registered student. Questions can be directed to assessmenthelp@lwsd.org.

Test dates and locations -

October 12, 8:00 a.m. at EHS, JHS, LWHS, RHS, November 9, 1:30 p.m. at EHS, JHS, and January 18, 1:30 p.m. at LWHS, RHS.

School News

**YEARBOOK
YEARBOOK
YEARBOOK
YEAR
YEAR**

2022-23 YEARBOOKS Go on sale starting 10/17

Emerson High School yearbooks **can only be purchased in the EMHS main office** (cash or check written to EMHS) or by mailing in a check.

No purchasing directly on the TreeRing Website.

Soft Cover \$25 Hard Cover \$30

STUDENT CLASS FEES

Don't forget that If your child is taking an Art or Foods course, there are fees which are due each semester!

Please make checks payable to Emerson High School. You are also able to pay fees with a credit card online through Family Access for a small fee.

Art 1 or Studio Art \$25.00 Art Independent Study \$25.00

Culinary Arts 1 & 2 \$10.00

Scholarships for paying class fees are available. Contact your child's teacher, Wendy the counselor, or Mary in the main office at mosness@lwsd.org



RESOURCES FOR FINANCIAL HARDSHIPS

We know that the economy continues to create financial hardships for many of our families and we want you to be aware of some resources available to your student (s).

Weekend Food Program

Pantry Packs: Students receive a bag of food every week to support them over the weekend. Pantry Packs powered by the Lake Washington Schools Foundation provides weekend food packs for food insecure LWSD students each week.

Other Needs

InvestEd: Help for secondary students to improve their attendance, engagement, and graduation rate. The basic purpose of the InvestEd Fund is to provide timely assistance to individual students who have needs to help them realize their full potential in school. Some of the needs that InvestEd can help with are classroom needs including workbooks, field trips, class fees, school supplies; health needs including school accident insurance, dental, hearing, and eye services; personal needs including clothing, breakfast/lunch programs, and transportation; special program fees including tutoring, college testing fees, summer school, driver's ed; and other school activities like graduation expenses, yearbooks for graduating seniors, and school special events.

If you have any questions about these resources or have a student demonstrating a need that is not covered on this list, please do not hesitate to reach out to our counselor, Wendy Simmons at 425-936-2300 or wsimmons@lwsd.org.



REGISTRATION PACKETS

Registration packets will be handed out to your students the first week of school. We need to have current information each year including current residency address, parent emails, emergency contact information, etc.

If you have not seen and/or signed the required forms in the packet, please ask your student or call us to obtain another packet. Please return the required forms from the packet as soon as possible so your student's record will be up to date.

Your student is NOT considered registered at EMHS until this registration packet is returned complete.

ATTENDANCE LINE

Remember, students and parents/guardians are responsible for school attendance. The parent or legal guardian of any student living with them, even if over 18 years old, who is absent from class is requested to leave a phone message on the **Emerson Attendance Line at 425-936-2306 within 48 hours of** the absence to explain the circumstances of an absence.

Please call or email (Sally at sjenkins@lwsd.org) to notify the school in advance of pre-planned absences. **For vacation or extended absences, the student must pick up a form in the office for teachers and parent to sign prior to the absence.**

If your student was absent from any classes during a particular day, you will receive an automated attendance call after 6:45 PM on that day. If that absence needs to be excused, please call and leave a message on the EMHS attendance line, via email to the Attendance Secretary at sjenkins@lwsd.org, or supply a parent or physician note.

**Emerson
Attendance Line
425-936-2306**



EMERSON CAMPUS SAFETY COMMITTEE

The Emerson Campus Safety Committee is made up of staff from all three schools on campus – EMHS, Emerson K-12, and Northstar Middle School. We meet regularly to discuss school safety and security issues on campus.

We follow district protocols to set up emergency instructions for lockdowns, fires, earthquakes, and emergency situations which require Parent/Student Reunification. We are required to have the following drills each school year: 4 fire, 1 modified lockdown, 1 shelter-in-place, 1 Emergency Supply, and 1 regional hazard/earthquake. We had our first fire drill the beginning of September and the next drill is the Great Washington ShakeOut Earthquake Drill for 2022. Millions of people worldwide will practice how to drop, cover, and hold at 10:20 am on 10/20.

The campus safety committee also helps the campus prepare for a potential disaster by gathering and maintaining the campus emergency supplies. Most staff members hold a position in the campus Incident Command System to assist your child if an emergency occurs during school hours.

In the event of a campus emergency or area-wide disaster, the school district's automated phone system will deliver a recorded message letting parents know what to do, including instructions on early closing.

See our school website for more information at:

<https://emhs.lwsd.org/studentsfamilies/school-safety>

Thank you from the Emerson Campus Safety Committee

Community News

Join the King Country Library in October for this free program:

[College Options for Students with IEPs/504s](#), Tuesday, October 11, 6pm. Presented by Amy Guatelli, of Special Minds Education Consulting

If you struggled in school or have a disability, you can be successful in college. Colleges offer a range of unique support programs – both supplementary and comprehensive. Learn why students choose specialized programs, the types of programs and resources available.

This free programs is hosted on Zoom. Teens can register for these and other career and college events at 1.kcls.org/LAHS Please share this information with any students you think might be interested. Follow @kclsteens on Instagram to learn more about library programs and services.

KCLS is looking for presenters for college and career programs, especially folks who can present in Spanish, Mandarin, Vietnamese, or Somali. If you know someone who'd be a good fit, please encourage them to fill out our program proposal form: kcls.org/presenters/.

Visit <https://kcls.org/> for more information on all the events and information from the King County Library System.

Rachel McDonald (she/her/hers)
Teen Services Coordinator
King County Library System
Youth & Family Services
425.369.3444
rmmcdonald@kcls.org





City of Kirkland

The City of Kirkland is excited to announce the return of our winter community event **Light Up Kirkland!** at Juanita Beach Park - and to extend this invitation to Emerson High School for students to participate as event performers!

It's our goal to make this year's Light Up Kirkland just as memorable as last year. If any students are interested to perform at Light Up Kirkland 2022, the details are below:

- Light Up Kirkland 2022
- Saturday, December 10th
- 4:00 pm to 7:00 pm
- Juanita Beach Park
- Festivities include live music, winter-themed holiday lights throughout the park, refreshments, a large community bonfire, and a visit by Argosy Cruises' Christmas Ship Festival.

Pease contact Nicci by November 4th. We have just a handful of performance openings (see below). Students can perform the entire 30 minutes or sets can be shorter, if needed.

- 4:15pm to 4:45pm
 - 4:45pm to 5:15pm*
 - *6pm to 6:30pm
 - 6:30pm to 7pm
- *Argosy will visit 5:35 to 5:55pm, hence the gap, and we invite students and their families to stay and enjoy the show.

Nicci Osborn, Program Coordinator

On behalf of The Light Up Kirkland Planning Committee

425-587-3342

nosborn@kirklandwa.gov



Snowflake Lane

The Bellevue Collection presents **Snowflake Lane** this holiday season. If your student is interested in auditioning for dancers, drummers, characters, and/or Float Patrol, send an email to snowflake-lane@yahoo.com to schedule an audition time!



Pagliacci

Pagliacci Pizza is now hiring!

DELIVERY DRIVERS — \$25-\$35/hour including tips

IN-HOUSE CREW — \$22-\$25/hour including tips

Pagliacci offers:

Competitive Wages | Flexible Schedule | Medical Benefits and Paid Time Off | Complimentary Meal Program (aka Free Pizza!)



Apply today at [Pagliacci.com/jobs](https://www.pagliacci.com/jobs)



Dear Families,

As you may already be aware, growing our students' social-emotional ("SEL") skills is an important goal for our school. As part of these activities, we survey students (grades 3-12) and ask them to reflect on their own mindsets and approaches to learning. The data we get back helps us continue to identify opportunities for growth and development with our students.

We partner with a leader in the SEL space, Panorama Education. Panorama develops tools to empower schools and districts to learn about students' self-perceptions, better understand student experiences in their learning environment, and identify opportunities to enhance support of teachers and counselors as they implement SEL programs. Panorama's SEL survey is grouped into three categories:

- Student competencies
- Student supports and environment
- Teacher skills and perspectives

These surveys will help shape the districts' approach to supporting teachers' work in service of the whole student.

The survey will take place between October 17-28, 2022. If you have any questions about the survey administration, please don't hesitate to contact us.

We appreciate your partnership!

*Thank you,
Emerson High School
Lake Washington School District*

ORCA CARDS - New process for 2022-23!

The LWSD is no longer involved with issuing Orca Cards. Metro will be implementing Free Youth Transit cards in a phased approach, beginning the 2022-23 school year.

Youth, ages 18 and younger can ride transit for free starting September 1st throughout King, Snohomish, Pierce, and Kitsap counties. Participating transit agencies are Community Transit, Everett Transit, King Country Metro, Kitsap Transit, Pierce Transit, Sound Transit, City of Seattle, Seattle Streetcar, and Washington State Ferries (starting October 1st).

Students with existing LWSD Orca cards will keep them and will need to get a sticker from the office as part of the registration process. This sticker can be affixed to the back of the card. The sticker will instruct students to register their card with Free-YouthTransitPass.com. Students will have until June 30, 2023 to complete registrations.

Students who need/want a new Orca card will be able to pick up a new black Orca card in the main office and will need to register their card as well with Free-YouthTransitPass.com. Students will have until June 30, 2023 to complete registrations.


 Parent Access

Log In

To Register, visit:

[http://
www.lwsd.org/
Parents/Parent-
Access/Pages/
default.aspx.](http://www.lwsd.org/Parents/Parent-Access/Pages/default.aspx)

If you have any problems registering for Parent Access, send an e-mail to: parentquestions@lwsd.org rather than calling the school.

The only medications that can be self-carried by students are epipens and emergency inhalers.

We must have proper documentation for students to self-carry these meds.

PARENT ACCESS

The LWSd provides access to student information including student records, lunch accounts, and more via the Internet. This information is secure so that only you can see information about your student (s). The system through which you can view this information is called **Parent Access**.

When you are registered at school, you have secure access to the following types of student information:

- E-mail links to your student's teachers
- Volunteer Application
- Ability to make online credit card payments for fees/fines
- Family Access: the system that provides official student information on your student (s), including emergency contacts, attendance, end of term report card grades, immunization records, parent/guardian information, fees, etc.

MEDICATION AT SCHOOL

Students are NOT allowed to have medication at school, this includes non-prescription medication like Advil, Tylenol, etc. All medication must be cleared through the Emerson Office, contact Sally Jenkins, our Health Room Office Professional.

Parents/guardians are responsible for:

- ◆ Supplying all medications/transporting medication to and from school.
- ◆ Completing required medication authorization forms. **An authorization to administer medication form must be turned in for each medication - whether prescription or non-prescription. The form must be signed by the health care provider and parent and/or guardian. Medication cannot be given without the completed form.**
- ◆ All prescribed medication must be in the original, labeled prescription bottle, container or package.
- ◆ All non-prescription medication must be in original container and labeled by the parent, including: Student Name, Medication Name, Dosage, Date Issued, Name of Health Care Provider, and Time medication is to be given.

Scheduled medications are given between 11:00 AM - 1:00 PM only.



**You can reach
Wendy:**

wsimmons@lwsd.org

**Mondays through
Fridays
7:45-4:15 pm**

**Please feel free to
contact me to
schedule a meeting
to talk with you
and/or your
student at
(425) 936-2300 or
wsimmons@lwsd.org**

**You can reach
Crysta:**

c-ccady@lwsd.org

Mondays 9:30-2:30

Tuesdays 9:30-3:00

**Thursdays 10:00-
2:30**

Fridays 9:30-3:00

**I can be reached
at (425) 517-1375
where a message
can be left or
c-ccady@lwsd.org or
crystac@youtheastside.org
eservices.org**

Counselor Corner

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Words from Wendy

From Wendy: Hi, I'm Wendy Simmons, the School Counselor at Emerson High School and Emerson K-12. I started at BEST High School (previous name of Emerson High School) back in 2000 (time sure does fly).

I grew up in Seattle and attended high school in the Shoreline School District. I am proud to say that I am a Seattle native and love living in the Northwest. I received my AA Degree from North Seattle Community College and my BA in Psychology from Seattle University. I have been working with kids, teens, and families in the fields of social work and counseling since 1992. In 1995, I returned to school at Seattle University to begin working on my Master of Arts Degree in Education and on my School Counseling Credential (ESA). I was fortunate enough to do my internship with my own high school counselor and began working at BEST through Youth Eastside Services in 2000.

In addition to being a School Counselor for the past 20 years, I have also been involved as the President/CEO and currently as a Board Member of local non-profit music programs for youth in the community.

Working at Emerson and Emerson K-12, and in the non-profit music world has made me more fulfilled than I have ever been in my life. I am truly living my dreams and following what is in my heart for me to do.

I provide individual counseling, crisis intervention, referrals, group counseling (such as Relationships, Stressed out, GSA, and Choices), and academic and career planning. I also love meeting with families and providing referrals and support to families and students. My main goal when working with students is to help them get in touch with what is in their hearts and to help them find their own paths in this world.

YES Behavioral Health Support Specialist

From Crysta: Hi, I'm Crysta Cady, the Youth Eastside Services Behavioral Support Specialist that works with all three schools on the Emerson campus. I started working with the Emerson Campus back in September of 2019, and I am so grateful to be returning again this school year.

I was born and raised in Washington State, living in several areas of the state over my lifetime. I received my Bachelor of Science in Psychology from Washington State University in 2016 and my Master of Education in Clinical Mental Health Counseling from Seattle University in 2019. Prior to my time at Youth Eastside Services, I worked with youth in crisis residential facilities, shelters for unhoused youth, and as a case manager for youth who experienced trauma related to assault. Working with young people has been my passion, and I was so happy to find my place at Youth Eastside Services, and with the Emerson Campus to continue grow this passion. I am a fully licensed Clinical Mental Health Therapist according to the standards set by the Washington State Department of Health, and a Substance Use Disorder Professional Trainee, though I hope to complete this license and drop the "trainee" by this winter.

Last year in many ways it felt like a school year of surviving returning from remote learning. This school year, with the support of the amazing staff on this campus, I hope to help each school rebuild its community and connection.

I provided confidential individual counseling, crisis interventions, referrals to community or agency based services, group counseling, and general education and prevention.

You can reach me at crystac@youtheastside.org or call me at 425-517-1375.

I look forward to connecting with you this year.



Senior News

SCHOLARSHIPS



SCARY STORIES SCHOLARSHIP

SCARY STORIES SCHOLARSHIP

1 Award of \$1,000

Since 1995, our mission has been to help connect students with the right schools for them. Carnegie Dartlet, the organization that houses CollegeXpress, is an educational publisher and higher education marketing agency. Every year, thousands of students across the United States and around the world discover their colleges using our websites, magazines, and services.

To be eligible for the scholarship a student must:

- ⇒ Be currently attending high school, college, vocational, or any other accredited post-secondary institution
- ⇒ Be a resident of the United States, District of Columbia or U.S. Territories.

More information can be found by going to: <https://studentscholarships.org/scholarship/19120/scary-stories-scholarship>

DEADLINE: October 31, 2022



"BE BOLD" SCHOLARSHIP

1 Award of \$25,180

The "Be Bold" Scholarship is a no-essay scholarship that will be awarded to the applicant with the boldest profile. It takes less than 2 minutes to apply. To us, boldest does not mean "best", or "most accomplished". Being bold means being: A) Earnest, B) Determined, C) Moving. The scholarship will be awarded to the student whose profile is most bold, according to these characteristics.

To be eligible for the scholarship a student must:

- ⇒ Be in Grade 12 and plan on enrolling in college by the fall of 2022.
- ⇒ Have a GPA of at least 2.5

More information can be found by going to: <https://studentscholarships.org/scholarship/17251/be-bold-scholarship> or bold.org

DEADLINE: November 1, 2022

SIKORA DRAKE STEM SCHOLARSHIP

Unfortunately, systemic barriers prevent many demographics from being accurately represented in different sectors, especially those that require advanced degrees. Women, racial minorities, LGBTQ+ individuals, and first-generation students all face unique obstacles in higher education and the workforce, making support for diverse voices critical.

This scholarship aims to support minority students so they can pursue higher education in STEM. Any first-generation, BIPOC, female identifying, and/or LGBTQ+ student who is pursuing a degree in STEM may apply for this scholarship.

Three winners, \$1,000 each! For more information, visit: <https://bold.org/scholarships/sikora-drake-stem-scholarship/>

DEADLINE: November 1, 2022



**Sikora Drake STEM
Scholarship**

| | | |
|---|--|--|
| Nell Ballard-Jones Principal nballard-jones@lwsd.org | Dan Kaufman CTE/ASB Leadership dakaufman@lwsd.org | Mary Osness Office Manager/Bookkeeper mosness@lwsd.org |
| Tracy Bumgarner CTE/Child Lab tbumgarner@lwsd.org | Timothy Lee Security tilee@lwsd.org | Courtney Rayburn Infant Daycare Specialist IA crayburn@lwsd.org |
| Crysta Cady EMHS Behavioral Health Support Specialist c-ccady@lwsd.org | Kelly Marth Psychologist kmarth@lwsd.org | Chelstin Ross Art cross@lwsd.org |
| Annette Fechenbach School Nurse afechenbach@lwsd.org | Emily Mitchell Social Studies/English/Night School emitchell@lwsd.org | Wendy Simmons School Counselor wsimmons@lwsd.org |
| Andrea Frankenfeld English/Social Studies/Morning LC afrankenfeld@lwsd.org | Stephanie Monaghan English /Social Studies/Psychology stmonaghan@lwsd.org | Lorrie Thomas Infant Daycare Supervisor IA lthomas@lwsd.org |
| Michelle Fraley Math/Morning LC & Night School | Andrew Nisargand Library IA/Webmaster | Daniel Weiss Science/CTE |
| Will Gardner IEP & 504 Case Manager wgardner@lwsd.org | Justin Ochsner Math/CTE jochsner@lwsd.org | Daniel Whitaker Student Teacher dwhitaker@lwsd.org |
| Sally Jenkins Registrar/Secretary sjenkins@lwsd.org | | Sarah Wiegand Associate Principal sawiegand@lwsd.org |

**Emerson High School's
main office number is:**

425-936-2300

**with office hours of
7:30 AM – 4:00 PM
daily.**

**If you are calling
before or after office
hours, you may leave a
message for the main
office by pressing 2.**

**Please communicate
late arrivals and
absences on the
EMHS**

Attendance Line at:

425-936-2306



The Lake Washington School District does not discriminate on the basis of race, color, national origin, sex, disability, age, gender, marital status, creed, religion, honorably discharged veteran, military status, sexual orientation including gender expression or identity, the presence of any sensory, mental or physical disability, or the use of a trained guide dog or service animal by a person with a disability, in its programs and activities and provides equal access to the Boy Scouts and other designated youth groups. The following person has been designated to handle inquiries regarding the nondiscrimination policies: